



WAKAME

POKE BAR.SUSHI.NOODLES

Leaping Frog Shopping Centre - Fourways - 067 828 0349

Rynfield - Benoni - 076 708 4924

Montecasino - 069 368 4231

www.wakamefood.co.za

TO START

BOWL OF WAKAME | R39

seaweed salad

3 x SPRING ROLLS - served with sweet chilli soya sauce.

- spinach and feta | **R69**

- chicken | **R69**

3 x DIM SUM - spinach and cream cheese | **R85**

- chicken | **R85**

- prawn and cream cheese | **R99**

4 x TEMPURA ROLLED PRAWNS | R99

deep fried, topped with a spicy mayo sauce.

TUNA OR SALMON TARTARE | R109

chopped avocado topped with raw tuna or salmon in a mixed chilli shogru sauce.

SIGNATURE POKE BOWLS

THE SALMON - Packed with asian wasabi sauce

R149

THE TUNA - Served with a chilli lime sauce

R149

THE HOKEY POKE - Salmon & tuna in a chilli shogru sauce

R159

THE UNDER CURRENT - Steamed prawns with asian wasabi sauce

R139

THE TEMPURA TOFU - Tempura tofu in a teriyaki sauce

R129

THE CRAB - Steamed crab salad in a spicy mayo sauce

R139

THE BIG CATCH - Steamed prawn and crab salad in a sriracha mayo

R159

THE SPICY CHICK - Chicken pieces in an asian wasabi sauce

R139

SUSHI



NIGIRI | R59

2 x pieces of nigiri.

Rice with your favourite topping.

Prawn
Salmon
Tuna
Avo

MAKI | R55

3 x pieces of maki. Nori seaweed and rice wrapped around your favourite filling.

Prawn
Salmon
Tuna
Avo

FASHION SANDWICHES | R79

4 x sandwiches. Nori seaweed and outer layers of rice, plus inner layer of avo and your favourite filling.

Prawn
Salmon
Tuna
Avo

BEAN CURD | R99

4 x pockets made from inari (fried soya beans) filled with rice, avo, kewpie mayo, seven spice and your favourite filling.

Prawn
Salmon
Tuna
Avo

CALIFORNIA ROLLS | R99

4 x california rolls. An outer layer of rice lined with nori seaweed, filled with avo and your favourite filling.

Prawn
Salmon
Tuna
Avo

SIGNATURE SUSHI

TEMPURA PRAWN

CALIFORNIA ROLLS | R119

4 x prawn california rolls, topped with tempura-rolled prawn and spicy mayo sauce.

PRAWN VOLCANO | R119

4 x prawn california rolls, topped with sriracha crab salad, and sriracha prawn. Drizzled with sriracha mayo.

WAKAME BOMB | R119

4 x prawn california rolls topped with delicate slivers of salmon and tuna, kewpie mayo, caviar and drizzled with teriyaki sauce.

RAINBOW ROLLS | R119

4 x california rolls with delicate slivers of tuna or salmon or prawn, and avo. Topped with kewpie mayo and caviar.

TEMPURA BOMBS | R99

3 x sriracha crab and cream cheese bombs crumbed with tempura crumbs and deep-fried. topped with smoked mayo and caviar.

NORWEGIAN SALMON SASHIMI | R85

3 x slices of premium, fresh, raw norwegian salmon.

TUNA SASHIMI | R85

3 x slices of premium, fresh, raw tuna.

TUNA CRUNCH ROLL | R119

4 x crispy tempura-battered and crispy baked tuna california rolls, complemented with a mix of sweet chilli sauce and kewpie mayo.

HAND ROLL | R69

1 x hand-rolled cone of seaweed filled with rice, avo and tuna or salmon or prawn.

TUNA ROSES | R69

3 x delicate slivers of tuna each wrapped around rice and topped with avo, kewpie and caviar.

SALMON ROSES | R69

3 x delicate slivers of salmon, each wrapped around rice and topped with avo, kewpie mayo and caviar.

PHILADELPHIA ROLLS | R109

4 x cream cheese, salmon & avocado roll, topped with teriyaki, kewpie mayo and caviar.

PRAWN TEMPURA ROSES | R119

3 x salmon roses topped with a tempura prawn drizzled with sriracha mayo.

SUSHI PLATTERS

VEG PLATTER | R229

2 x veg california roll
3 x veg maki roll
4 x veg fashion roll
4 x bean curd

SALMON PLATTER | R379

4 x salmon fashion sandwich
3 x salmon roses
4 x salmon california roll
1 x salmon hand roll
2 x salmon nigiri
2 x salmon sashimi

MIXED PLATTER | R479

4 x prawn fashion sandwich
3 x salmon roses
4 x tempura prawn california roll
3 x veg maki roll
2 x tuna nigiri
2 x salmon sashimi
2 x tuna sashimi

FAMILY CATERING PLATTER | R1189

8 x prawn california roll
8 x tuna fashion sandwich
8 x salmon rainbow roll
6 x salmon roses
6 x tuna roses
8 x tempura prawn california roll
4 x prawn nigiri
8 x veg fashion sandwich



SOUPS

TOM YUM | R89

Shitake mushrooms, broccoli, tom yum paste, chilli, lemon grass, basil & coconut in a veg broth.

WON TON | R119

3 steamed / fried veg dumplings, cabbage, spring onion, edamame beans, in a veg broth with egg noodles.

WAKAME TACOS

A crisp tempura seaweed taco shell, filled with seasoned sushi rice, mixed cabbage and any of the following fillings designed to ignite your taste.

SPICY SALMON | R109

1 x salmon sashimi in a rich spicy mayo blend.

SPICY TUNA | R109

1 x tuna sashimi in a rich spicy mayo blend.

CRAB SALAD | R99

1 x shredded surimi crab sticks in a sweet chilli mayo.

FIRECRACKER TUNA | R109

1 x tuna sashimi in a rich korean red pepper sauce.

PRAWN SALAD | R99

1 x steamed lemon prawns, edamame & pineapple in a rich mayo.

CRISPY CHICKEN | R89

1 x crispy chicken fillet in a spicy mayo sauce.

TEMPURA TOFU | R89

1 x tofu & mixed vegetables in a vegan lemon pepper sauce.

ASIAN NOODLES / EGG FRIED RICE

A combination of oyster & soya sauce with mixed veg. Option of spicy or non-spicy.

Vegetarian | R89

- add Tofu | **R29**

Chicken | R99

Prawn | R119

Beef fillet | R159

Mixed chicken & prawn | R159

WAKAME BAO BUNS

A pillow soft steamed bun, filled with crunchy greens, carrot, mixed cabbage and any of the following delicious fillings.

SPICY SALMON | R109

1 x salmon sashimi in a rich spicy mayo blend.

CRAB SALAD | R99

1 x shredded surimi crab sticks in a sweet chilli mayo.

FIRECRACKER TUNA | R109

1 x tuna sashimi in a rich korean red pepper sauce.

PRAWN SALAD | R99

1 x steamed lemon prawns, edamame & pineapple in a rich mayo.

CRISPY CHICKEN | R89

1 x crispy chicken fillet in a spicy mayo sauce.

TEMPURA TOFU | R89

1 x tofu & mixed vegetables in a vegan lemon pepper sauce.

TERIYAKI BEEF FILLET | R139

1 x sliced beef fillet in teriyaki sauce.

LOBSTER | R149

1 x lobster & prawn meat in a sriracha mayo blend.

DUMPLINGS

3 x dumplings.

Option of steamed or fried.

Vegetarian | R74

Chicken | R84

Prawn | R99

FROM THE GRILL

SESAME CRUSTED SEARED TUNA | R219

served with teriyaki noodles & mixed veg.

SEARED TERIYAKI SALMON | R219

served with rice & mixed veg.

250g SLICED TERIYAKI BEEF FILLETS | R219

served with shitake mushrooms, chilli bok choy and veg noodles.

ASIAN CHILLI LAMB CHOPS | R219

served with fries & mixed veg.

GREEN CHICKEN CURRY | R199

broccoli, peppers, green curry paste & coconut milk, served with rice.

CHICKEN SATAY | R179

2 peanut butter & honey chicken satays, served with rice & chilli bok choy.

WAGYU CHEESE BURGER | R179

served with fries.

WAGYU & LOBSTER BURGER | R259

served with fries.

CHILLI BBQ RIBS | R199

500g ribs served with fries.

250G FILLET SURF & TURF | R299

sliced fillet in an oyster & soya sauce, topped with 4 pan fried chilli prawns, served with rice & chilli bok choy.