

## sanctuary spa packages

**Spa Body Wraps** 2hrs \$230  
**+ Petite Spa Facial** +45m \$315

This holistic body indulgence includes full body salt exfoliation, body wrap, shower & body massage. Choose from; Marine mineral, antioxidant red grape, green tea or heating Coco bean wraps. Extend your Spa Escape with a optional Petite facial upgrade.

**Sanctuary Signature** 2hrs \$230

Your perfect escape with a selection of premium treatments to relieve physical and mental fatigue: Back massage, Signature Spa facial & foot treatment.

**Sanctuary Revive** 1hr 45m \$210

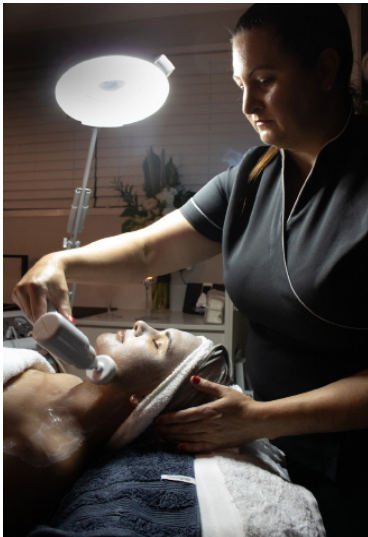
Designed to leave you feeling amazing, top to toe! Mineral foot soak, full body massage & petite spa facial.

**Sanctuary Replenish** 75 min \$130

Your express visit for much needed time out, mineral foot soak, petite spa facial & paraffin foot treatment. Optional paraffin hand treatment +\$20.

## your therapist

**SARAH HALL IS A DIPLOMA QUALIFIED BEAUTY THERAPIST WITH 28 YEARS INDUSTRY EXPERIENCE.**



## spa etiquette and policies

### BOOKING AND CANCELLATION POLICY

Once your appointment has been confirmed you assume responsibility for your booking and accept the following terms and conditions:

Should you need to change or cancel your appointment, a minimum of 1 business days notice is requested and appreciated or your booking fee will be forfeited.

A 50% non refundable booking fee applies, this can be transferred to a new booking should you give adequate notice or else forfeited and charged. Fees also apply for no shows. All terms apply for voucher bookings.

I understand these treatments can be a luxury & may no-longer fit your budget. If you cancel without adequate notice I cannot fill your booking or offer it to waiting clients.

Changes on the day of your booking can't always be accommodated. Your booking is transferable to a friend or family member should you not be able to give notice as per this policy

To allow you to fully relax and enjoy your treatment, and for safety, do not bring children with you to your appointment. Mobile phones are to be silenced and for hygiene not touched while in clinic

### HEALTH AND WELLBEING POLICY

We are fully compliant with the current QLD government directives. A link to the guidelines will be included in your booking confirmation. A health declaration is required.

### THE SKIN SANCTUARY'S HOURS

Tuesday - Friday 9am to 5pm | Saturday 9am to 2pm  
After hours by arrangement P.O.A

### PAYMENT OPTIONS

Cash, EFTPOS, Visa, Mastercard and AMEX

Minimum service fee per booking \$50

### GIFT VOUCHERS

Beautifully presented vouchers available in clinic or sent as an E-voucher. Select a dollar value, treatment or package to gift. \*If prices change prior to redemption of the treatment a gap payment will be required, please see website for the most up-to-date pricing.

**Ph- 0438 669 604**

**Email; [sarah@theskinsanctuary.com.au](mailto:sarah@theskinsanctuary.com.au)  
29 Ridgewood Drive "The Retreat"  
Brookwater**

**[www.TheSkinSanctuary.com.au](http://www.TheSkinSanctuary.com.au)**

**mesoestetic®**



**THE SKIN SANCTUARY**  
*at brookwater*

Home of  
**THE SKIN SANCTUARY**

Signature range of organic herbal teas,  
essential oil blends, bath and body  
products, skincare and spa gift boxes

*current as of March 2022 and subject to change*

## skin sanctuary facials

### SANCTUARY SPA FACIALS

#### Classic 1hr \$115

Especially to relax and recharge while boosting the skins hydration and texture. Perfect for a gift voucher or those with no particular concerns, just wanting some downtime. Includes: cleansing, steam, exfoliation & mask therapy.

#### Signature 1.5hr \$155

Enjoy your longer treatment with alginate setting mask & a heavenly face, neck & décolletage massage.

#### Platinum 1hr 45min \$185

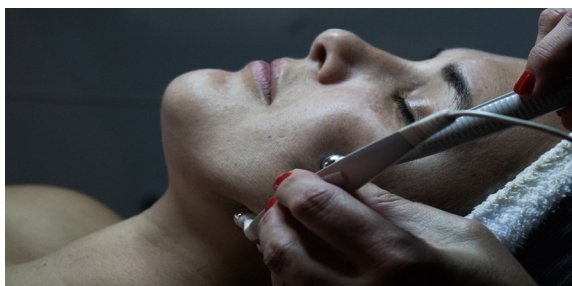
Our premium Spa Facial to relax and pamper. A concentrated serum is infused using sonophoresis after L.E.D light therapy & a light skin peel. Then enjoy your alginate mask setting during a relaxation journey of calming music through headphones while your feet and hands are massaged. Finishing with face, neck & décolletage massage. On conclusion you will feel relaxed, refreshed & revived.

**Add a back massage to any facial for \$50 or enjoy your facial in a Sanctuary Spa Package**

### mesoestetic®

#### Age Delay Facial 1.5hr \$220

Where European luxury meets medi-spa. Combining advanced technologies of: skin peel, L.E.D light therapy, serum infusion & microcurrent lifting techniques performed over the MESOESTETIC Age Element fibre mask (yours to take home afterwards) For the ultimate in Age delay solutions targeting regeneration, firming and radiance.



## targeted skin solutions

#### Skin Fitness 1.5hr \$160

Are you new to The Skin Sanctuary? would you like to get serious about transforming your skin? A must before undertaking any acne & clinical treatments. includes skin consultation, customised facial and a take home trial pack of suitable home care.

#### Lymphatic Facial 1hr 15m \$130

#### +LED light therapy 1.5hr \$155

That "GLOW" facial. This holistic treatment assists with activating the exchange of toxins via the lymphatics giving fresh oxygenated blood to increase nutrient supply, for a total skin reboot at a cellular level.

Suitable with all skin types: male skins, dull skins, smokers, acne skins. Safe for Roaccutane users, pregnant/nursing mums. Grooms & Brides to be.

#### Hydra-calm 1hr 15 min \$135

#### + Alginate mask upgrade \$155

Suitable for all stressed, irritated, dry, reddened and Rosacea skins. Using enzymes to refine, L.E.D light to calm, concentrated ampoule infusion to treat, and mask therapy to nourish, boosting your skins defences and barrier repair.

#### Skin Detox 1.5hrs \$145

A combination of medi-facials, Peels and L.E.D To manage and improve problem skins, utilising combined techniques to decongest, purify & heal clogged, inflamed Acne prone skins.

**Variations include:** Teen express detox 45m \$85  
Acne skin peel 1hr \$120

## lashes + brows

Brow tint or wax	\$15
Lash tint	\$25
Lash and brow tint and brow wax	\$50
Lash lift inc. lash tint	\$85

Minimum service fee \$50

## clinical skin treatments

Full consultation is required prior to commencement of a clinical skin treatment. Please book a skin fitness facial prior.

#### Micro Needling 1hr 15m \$195

#### L.E.D + needling + Mesotherapy + nano fiber mask

Using the original Dermapen device to trigger your own collagen synthesis. Resulting in firmer, tighter skin. Aids rejuvenation of scar tissue & stretch marks. Mesotherapy is a process of infusing a targeted cocktail of sterile serums, designed to give advanced results for; ageing, sun damage, pigmentation & scar tissue. Mesotherapy can extend the effects of Botox and offers cellular repair & dermal thickening.

#### Chemical Skin Peels from \$120

To treat all stages of skin ageing, sun damage, pigmentation, problem & congested skins. Ideal complimentary treatment to alternate with Micro needling to get results without the downtime of laser or cosmetic medicine. Your therapist will guide you on a peel programme with prep. & homecare to reach your skin goals.

### cosmelan® De-pigmentation

Number 1 worldwide pigmentation treatment. Treats hyperpigmentation and melanin disorders, in all skin types & ethnicities. This dual phase treatment consists of an in-clinic mask application to target and remove pigments of melanic origin, such as freckles, sun-ageing, melasma & post inflammatory hyperpigmentation. The second phase regulates and impedes the reoccurrence of pigment with the use of included home-care. Downtime expected is 3-5 day

**Treatment programme: \$1550.00**

**Includes: Home-care to the value of \$900. Consultation appointment. Cosmelan mask application. Additional clinic visits on days 3 and 10 for post peel healing treatments and at one month an advanced Regenerative facial.**