

Class Descriptions 2021-2022

<u>**Tiny Dancers:**</u> (Ages 3-5) Children will learn basic ballet technique while having fun twirling and leaping to age-appropriate music!

Hip Hop Minis: (Ages 5-6) Students will be introduced to basic hip-hop movements while movin' and groovin' to fun, age-appropriate music!

**Beginner Hip Hop:** (Ages 7-9) Students will learn more advanced hip-hop movements while dancing to funky, age-appropriate songs!

**Beginner Ballet:** (Ages 6-8) Students will be taught a foundation of ballet technique along with musicality, balance, and coordination.

**Beginner Lyrical:** (Ages 6-9) Students will be taught movements based on the technique of ballet mixed with jazz. They will dance along to the lyrics of age-appropriate songs in order to learn musicality.

**Beginner Jazz:** (Ages 6-9) Students will learn basic jazz technique while having lots of fun dancing to age-appropriate, jazzy tunes!

**Beginner Tap:** (Ages 6-9) Students will learn basic tap technique while having lots of fun dancing to age-appropriate songs!

Intermediate Hip Hop: (Ages 10-13) Students will learn more advanced hip-hop movements while having fun!

**Intermediate Ballet:** (Ages 9-13) Students will learn more advanced ballet technique while also strengthening their feet and legs in order to be ready for pointe shoes in the future.

Intermediate Lyrical: (Ages 10-13) Students will be taught more advanced lyrical movements and will dance along to the lyrics of age-appropriate songs.

Intermediate Jazz: (Ages 10-13) Students will be taught more advanced jazz technique while dancing to age-appropriate jazzy tunes.

**Teen Tap:** (Ages 10-15) Students will be taught more advanced tap technique while dancing to ageappropriate tunes!

**Pointe:** (Ages 13+; by teacher discretion) Students will be taught classical ballet technique in pointe shoes. Students must take a ballet class along with this class.

<u>Requirements:</u> Students are required to have proper spine alignment, ankle strength, proper footpointing technique, ability to hold turn-out from the hips, a well-elevated releve on demi pointe with straight knees, and correct distribution of body weight both on two legs and on one leg. Students also require the emotional maturity level necessary for hard work and commitment that pointe entails.

<u>Senior Hip Hop:</u> (Ages 13+) By audition only. Students will learn advanced hip-hop movements while dancing to age-appropriate songs and having fun! Students must have taken at least two years of Intermediate Hip Hop in order to audition for this class. Senior Hip Hop will compete at multiple competitions throughout the year, along with taking part in multiple other extra performances.

<u>Senior Ballet:</u> (Ages 14+) By audition only. Students will be taught advanced ballet technique. Students must have taken at least two years of Intermediate Ballet before auditioning for this class. Senior Ballet will compete at multiple competitions throughout the year, along with taking part in multiple other extra performances.

<u>Senior Lyrical:</u> (Ages 14+) By audition only. Students will be taught advanced lyrical technique while dancing along to the lyrics of age-appropriate songs. Students must have taken at least two years of Intermediate Lyrical before auditioning for this class. Senior Lyrical will compete at multiple competitions throughout the year, along with taking part in multiple other extra performances.

<u>Senior Jazz:</u> (Ages 14+) By audition only. Students will be taught advanced jazz technique while dancing to age appropriate songs. Students must have taken at least two years of Intermediate Jazz before auditioning for this class. Senior Jazz will compete at multiple competitions throughout the year, along with taking part in multiple other extra performances.

<u>Adult Tap</u>: This is a fun class for any and all adults looking to learn some basic tap techniques while getting in good exercise. We explore many different tap moves and practice them together as a group. This class is extremely fun and we hope to see you there!