

Class Descriptions

<u>**Tiny Dancers:**</u> (Ages 4-5) Children will learn basic ballet technique while having fun twirling and leaping to age-appropriate music!

Hip Hop Minis: (Ages 5-6) Students will be introduced to basic hip-hop movements while movin' and groovin' to fun, age-appropriate music!

Beginner Hip Hop: (Ages 7-9) Students will learn more advanced hip-hop movements while dancing to funky, age-appropriate songs!

Beginner Ballet: (Ages 6-9) Students will be taught a foundation of ballet technique along with musicality, balance, and coordination.

Beginner Lyrical: (Ages 6-9) Students will be taught movements based on the technique of ballet mixed with jazz. They will dance to age-appropriate songs while learning balance, coordination, and musicality.

Beginner Jazz: (Ages 6-9) Students will learn basic jazz technique while having lots of fun dancing to age-appropriate, jazzy tunes!

Intermediate Hip Hop: (Ages 10-13) Students will learn more advanced hip-hop movements while having fun dancing to age-appropriate music!

Intermediate Ballet: (Ages 10-13) Students will learn more advanced ballet technique while also strengthening their feet and legs in order to be ready for pointe shoes (if desired) in the future.

Intermediate Lyrical: (Ages 10-13) Students will be taught more advanced lyrical movements while dancing to age-appropriate songs!

Intermediate Jazz: (Ages 10-13) Students will be taught more advanced jazz technique while dancing to age-appropriate jazzy tunes.

Pointe: (Ages 13+; **by teacher discretion**) Students will be taught classical ballet technique in pointe shoes. Students must take a ballet class along with this class. Requirements: Students are required to have proper spine alignment, ankle strength, proper foot-pointing technique, ability to hold turn-out from the hips, a well-elevated releve on demi pointe with straight knees, and correct distribution of body weight both on two legs and on one leg. Students also require the emotional maturity level necessary for the hard work and commitment that pointe entails.

<u>Senior Ballet:</u> (Ages 14+) By audition only. Students will be taught advanced ballet technique. Students must have taken at least two years of Intermediate Ballet before auditioning for this class. Senior Ballet will compete at multiple competitions throughout the year, along with taking part in multiple other extra performances.

<u>Senior Lyrical:</u> (Ages 14+) By audition only. Students will be taught advanced lyrical technique while dancing along to age-appropriate songs. Students must have taken at least two years of Intermediate Lyrical before auditioning for this class. Senior Lyrical will compete at multiple competitions throughout the year, along with taking part in multiple other extra performances.