



Rosemary Gilmore

Press Kit

[Links are blue](#)



ROSEMARY GILMORE

[IMDb](#)

[Actors Access](#)

Height: 5'4"
Weight: 180 lbs
Hair: Brown
Eyes: Brown

Helen Wells Agency
Sara Watkins
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TELEVISION

Snapped	Guest Star	OXYGEN • Dir. Robert Ivkovic
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FILM

Mirror, Mirror	Lead	Dir. Iye Coakley
Bell Witch	Lead	Dir. Brandon Batten
Stupid Baby	Lead	Dir. Ashleigh Hudson
A Good Egg	Lead	Dir. Meghana Singh
PB&J	Lead	Dir. Meghana Singh
Runaway Love	Lead	Dir. Hakim Chenault
1-800-333-4357 HELP!	Supporting Lead	Dir. Ebone Wallington-Gramblin
Stuck on Screen	Supporting Lead	Dir. Grey Gurell
Gon Learn Today	Supporting	Dir. Marisa DeVonish
9 Windows	Supporting	Dir. Lou Simon

THEATRE (SELECTED)

The Gifts of the Magi: A Musical	Della Dillingham	Academy Theatre
All My Sons	Ann Deever	Vivid Theatre Productions

TRAINING

Meisner Technique (Ongoing)	Erin Elizabeth Burns	E.E.B. Studios • Atlanta, GA
Scene Study	Clayton Landey	Alliance Theatre • Atlanta, GA
On-Camera Acting	Sharon Foote	Alliance Theatre • Atlanta, GA
On-Camera Acting	Lee Perkins	3rd Act Studio • Clearwater, FL
Advanced Audition Techniques	Harriet Bass	Alliance Theatre • Atlanta, GA
Vocal Technique	Julia Johnson	The Atlanta Institute for Musical Theatre
Musical Theatre Dance	David Rossetti	The Atlanta Institute for Musical Theatre
B.A. Theatre		University of South Florida • Tampa, FL

SKILLS

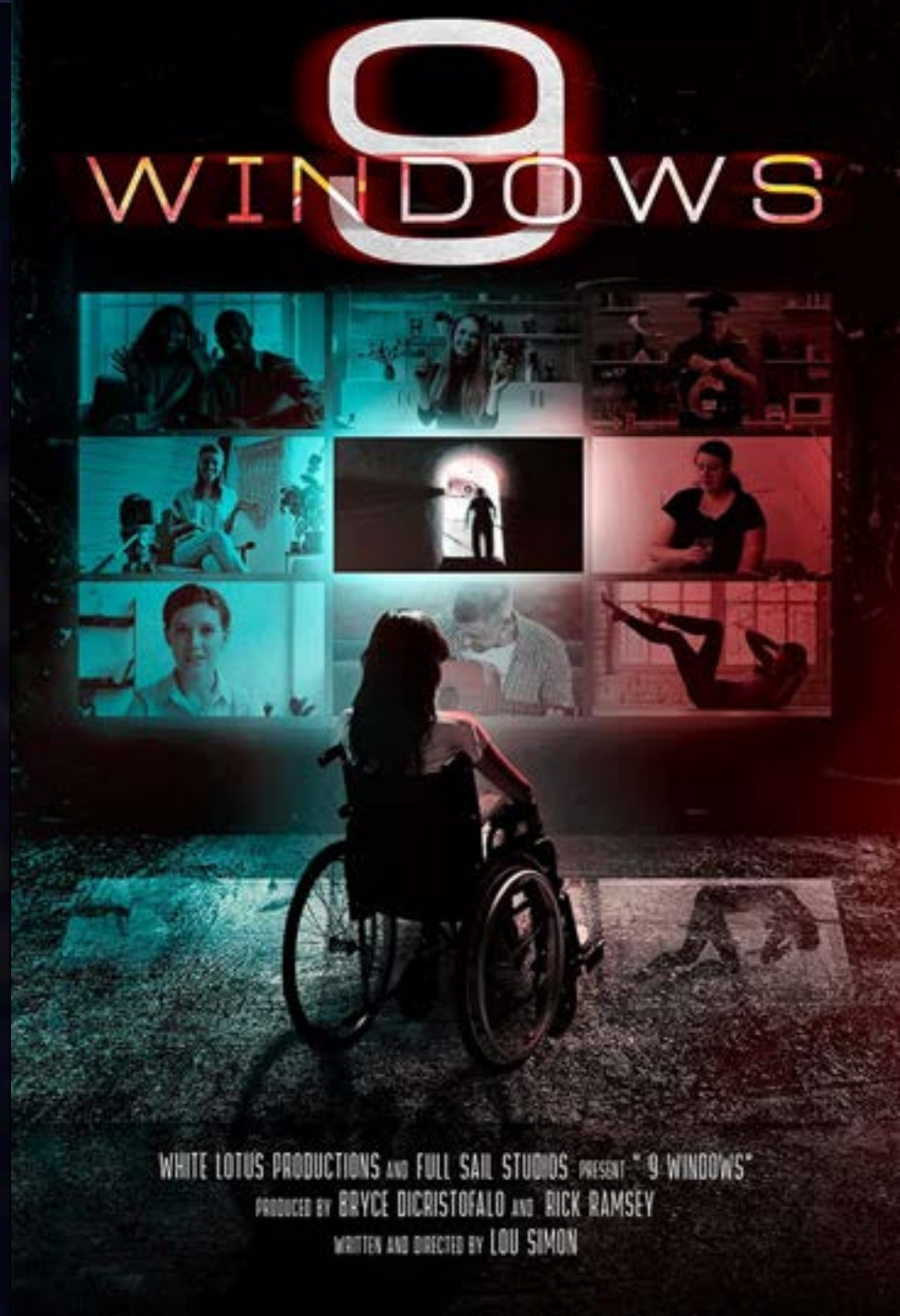
Valid U.S. Driver's License & Passport
Solo & choral singer (Mezzo), a capella, improv, ukulele (proficient), handgun training (pistol - proficient), puppetry (hand & rod), sourdough enthusiast
DIALECTS: American Southern, New York, Valley Girl, British, French



Rosemary Gilmore attended performing arts school through middle and high school and went on to pursue a theatre degree from the University of South Florida. After graduating, Rosemary started working in professional theatre throughout the Tampa Bay Area.

She has played a variety of roles, including an innocent college student kidnapped by a serial killer in the horror film *9 Windows*, a determined entrepreneur whose business is at risk of collapse in the drama film *PB&J*, a washed-up young mother seeking revenge against her mother and stepfather in the TV series *Snapped*, and a rebellious Southern belle who falls in love with her family's slave in the drama film *Runaway Love*.

Rosemary owns a small business with her husband, where they offer pool equipment repair and installation services, and is a producer for Good Ghost Productions. She enjoys writing, traveling, cooking, hiking, and spending time with her husband and their dog, Shelly!



“Rosemary delivered an exceptional performance as the victim in *9 Windows*. Her ability to tap into the emotional vulnerability and terror of the character was remarkable and elevated the entire scene. She was fully prepared and worked seamlessly with the cast and crew to create an intense moment in the film. It was truly a pleasure to have Rosemary on set.”

-Lou Simon

WRITER/DIRECTOR/PRODUCER
9 WINDOWS



“Rosemary Gilmore is an excellent collaborator who exudes professionalism. There were a lot of moving pieces on this set, and Rosemary rolled with the unexpected surprises that came our way with incredible grace. She helped champion her character’s arc, was able to juggle multiple hats, and brought range to a tricky role. Rosemary truly helped bring our vision of the film to life.

-Meghana Singh

DIRECTOR/PRODUCER

PB&J



“Rosemary is a workhorse! Quick. Efficient. Prepared. She was able to come to set on short notice with a fully realized character, make bold choices, pivot when scenes had to be rewritten on the fly, and improvise for long scenes involving very intense emotions. Casting her was a no-brainer, and we are excited to have her on set again.

-Hunter Christian

PRODUCER
BELL WITCH



“A *Good Egg* was born out of a collaboration between Rosemary Gilmore and me. We wanted to make a film that reflected the nuances of imposter syndrome as an artist and how it can bleed into all aspects of life. From script to set to beyond, Rosemary helped shape the character of Daisy. Her role as an actor helped us have complex discussions that influenced all aspects of the film, from story to props to costumes. Rosemary has a bright future, not only as an actor, but as a producer.”

–*Meghana Singh*

WRITER/DIRECTOR/PRODUCER
A GOOD EGG



“Rosemary Gilmore has exceeded my expectations as the Supporting Lead for *1-800-333-4357 HELP!* Her fun and friendly personality brought joy to set while building a great chemistry with the Lead of the film. She was always able to snap in and out of character at any time. From her audition to on set, there was nothing but the best!”

-Ebony Wallington-Gramblin

WRITER/DIRECTOR/PRODUCER

1-800-333-4357 HELP!



broadway
WORLD

Review: Vivid
Theatre Productions
Presents Arthur
Miller's ALL MY SONS
at the JCC

“Rosemary Gilmore has marvelously expressive eyes and she pulls off one of the most difficult things for a performer to do onstage--be an active listener. You see all of the pain, the questions, the confusion, in her facial expressions.”

-Peter Nason

BROADWAY WORLD



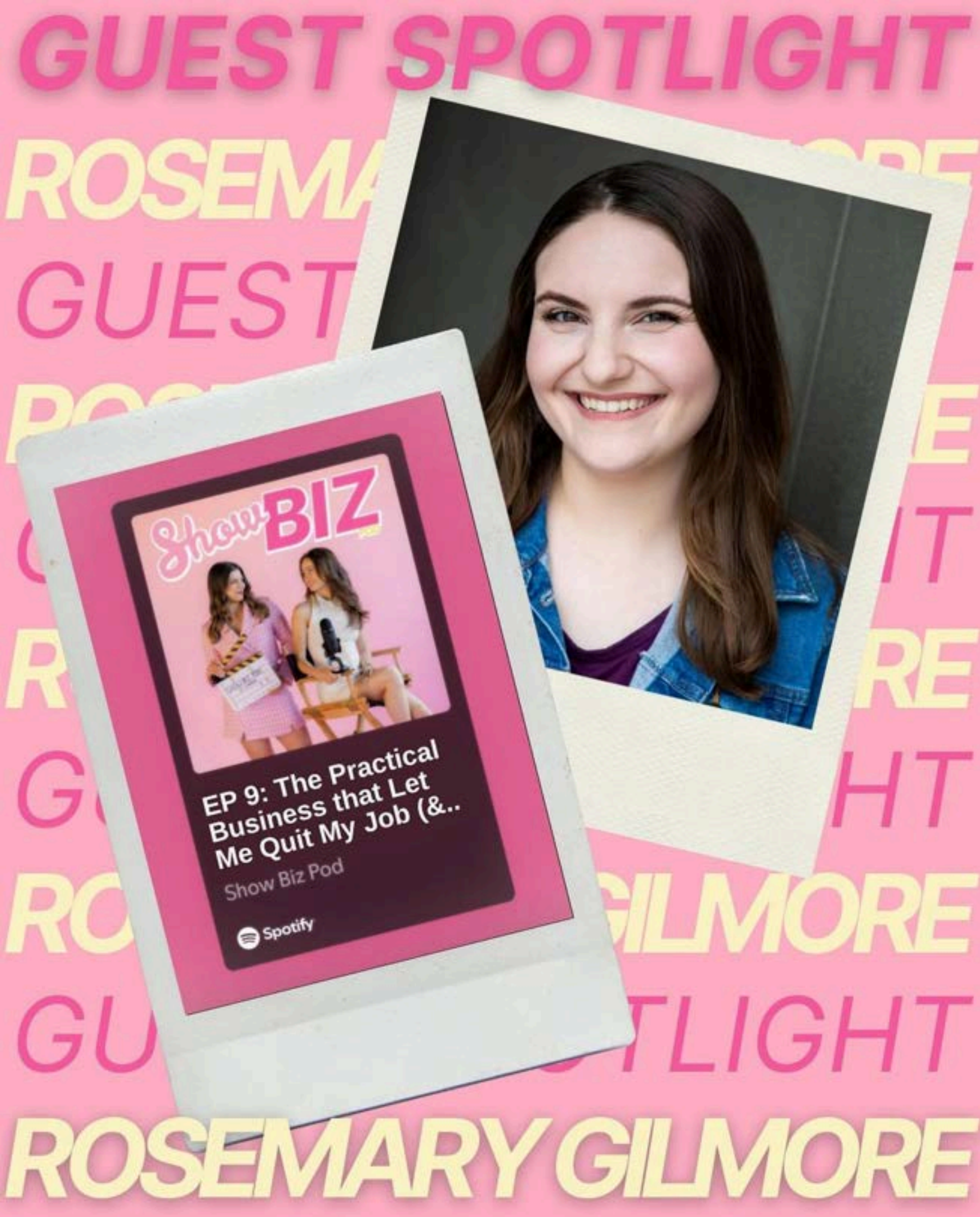
GET SCENE UNSCRIPTED: Why You Should Build a Business That Fuels Your Acting Career

Actor and entrepreneur Rosemary Gilmore joins Jesse Malinowski to share how starting a pool company with her husband completely changed her life — both financially and creatively. This episode is all about the real side of pursuing your dreams while keeping stability and purpose. Rosemary breaks down how she went from waiting tables to running a thriving business that actually gives her more energy and freedom to act. They dive into:

- How actors can create businesses that serve their careers
- The surprising lessons she learned from customer service
- Why your side hustle should give you energy — not drain it
- How working with her husband made their marriage stronger
- The mindset shift from “I can’t” to “I’m going to figure it out”

Rosemary proves that success doesn’t mean giving up your art — it means building a life that supports it.

[**LISTEN ON YOUTUBE**](#)



SHOW BIZ POD EP 9: The Practical Business that Let Me Quit My Job (& Keep Acting) Ft. Rosemary Gilmore

In this episode, Carissa and Emma Claire chat with ATL-based film actor and entrepreneur Rosemary Gilmore about how launching a pool service business in Atlanta alongside her husband gave her the freedom and flexibility to pursue film acting on her own terms. From taking the leap into entrepreneurship with zero experience to navigating creative life with a business owner mindset, this episode is full of grounded advice for any creative looking to jump into the pool of starting their own business.

[**LISTEN ON APPLE PODCASTS**](#)

[**SPOTIFY**](#)

[**AMAZON**](#)

The Laurel Independent

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A Q&A with Rosemary Gilmore Former Laurel resident credits childhood experiences

Posted on: July 17, 2025

By LILLIAN GLAROS

Rosemary Gilmore spent her first 11 years in Laurel. Now 27, she resides in Atlanta, where she is an actress and a producer with Good Ghost Productions, which she helped Meghana Singh, her childhood friend from Laurel, create. Their first film, "A Good Egg," is scheduled for release this fall. Gilmore also owns a pool equipment repair and installation business with her husband.

Q: What made you want to become an actress?

A: My family has such a love for music and the arts and performance, they were always taking me to those opportunities growing up. My grandmother and my parents, they would take me to go see shows, and I just remember thinking about how I wanted to be up there doing what [the actors] were doing.

Q: Would you say that you represent Laurel in the work you do?

A: Whenever people ask me 'where are you from?', I always say first that I was born and raised in Laurel, Maryland, and I think that I definitely represent the community based off of the connections that I made, and because I had such positive experiences with the people in Laurel and with the arts as well. I mean, I think that really made me who I am today, and I try to carry that with me through everything that I do.



[READ THE
FULL ARTICLE](#)



What's New

JANUARY

- Starts filming as the lead role in a comedy film playing a patronizing and passive aggressive regional manager.

DECEMBER

- Made directorial debut premiering her documentary *Shelly* at Kick The Ladder, Atlanta's Weekly Short Film Showcase.

NOVEMBER

- Wrapped filming as a supporting lead in the drama film *Stuck on Screen*, playing a stoic news anchor.



Contact

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