



# Rosemary Gilmore

Press Kit

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# ROSEMARY GILMORE

[IMDb Pro](#)

[Demo Reel](#)

[Actors Access](#)

Height: 5'4"  
Weight: 175 lbs  
Hair: Brown  
Eyes: Brown

**YJB Talent**  
Dorecia Carr  
yjbmovement@gmail.com  
678-704-3964

## TELEVISION

Snapped	Guest Star	OXYGEN • Dir. Robert Ivkovic
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## FILM

9 Windows	Supporting	Dir. Lou Simon
1-800-333-4357 HELP!	Supporting Lead	Dir. Ebone Wallington-Gramblin
Stupid Baby	Lead	Dir. Ashleigh Hudson
A Good Egg	Lead	Dir. Meghana Singh
PB&J	Lead	Dir. Meghana Singh
Runaway Love	Lead	Dir. Hakim Chenault

## THEATRE (SELECTED)

The Gifts of the Magi: A Musical	Della Dillingham	Academy Theatre
Orphie and the Book of Heroes	Orphie	Woodstock Arts Theatre
All My Sons	Ann Deever	Vivid Theatre Productions

## TRAINING

Meisner Technique (Ongoing)	Erin Elizabeth Burns	E.E.B. Studios • Atlanta, GA
Scene Study	Clayton Landey	Alliance Theatre • Atlanta, GA
On-Camera Acting	Sharon Foote	Alliance Theatre • Atlanta, GA
On-Camera Acting	Lee Perkins	3rd Act Studio • Clearwater, FL
Advanced Audition Techniques	Harriet Bass	Alliance Theatre • Atlanta, GA
Vocal Technique (Ongoing)	Julia Johnson	The Atlanta Institute for Musical Theatre
Musical Theatre Dance	David Rossetti	The Atlanta Institute for Musical Theatre
2-Week Musical Theatre Intensive		The American Academy of Dramatic Arts
4-Week Musical Theatre Intensive		Musiktheater Bavaria • Germany
B.A. Theatre		University of South Florida • Tampa, FL

## SKILLS

Valid U.S. Driver's License & Passport  
Solo & choral singer (Mezzo), a capella, improv, ukulele (proficient), puppetry (hand & rod), sourdough enthusiast  
DIALECTS: American Southern, New York, Valley Girl, British, French





Rosemary Gilmore attended performing arts school through middle and high school and went on to pursue a theatre degree from the University of South Florida. After graduating, Rosemary started working in professional theatre throughout the Tampa Bay Area.

She has played a variety of roles, including an innocent college student kidnapped by a serial killer in the horror film *9 Windows*, a determined entrepreneur whose business is at risk of collapse in the drama film *PB&J*, a washed-up young mother seeking revenge against her mother and stepfather in the TV series *Snapped*, and a rebellious Southern belle who falls in love with her family's slave in the drama film *Runaway Love*.

Rosemary owns a small business with her husband, where they offer pool equipment repair and installation services, and is a producer for Good Ghost Productions. She enjoys writing, traveling, cooking, hiking, and spending time with her husband and their dog, Shelly!





**broadway**  
**WORLD**

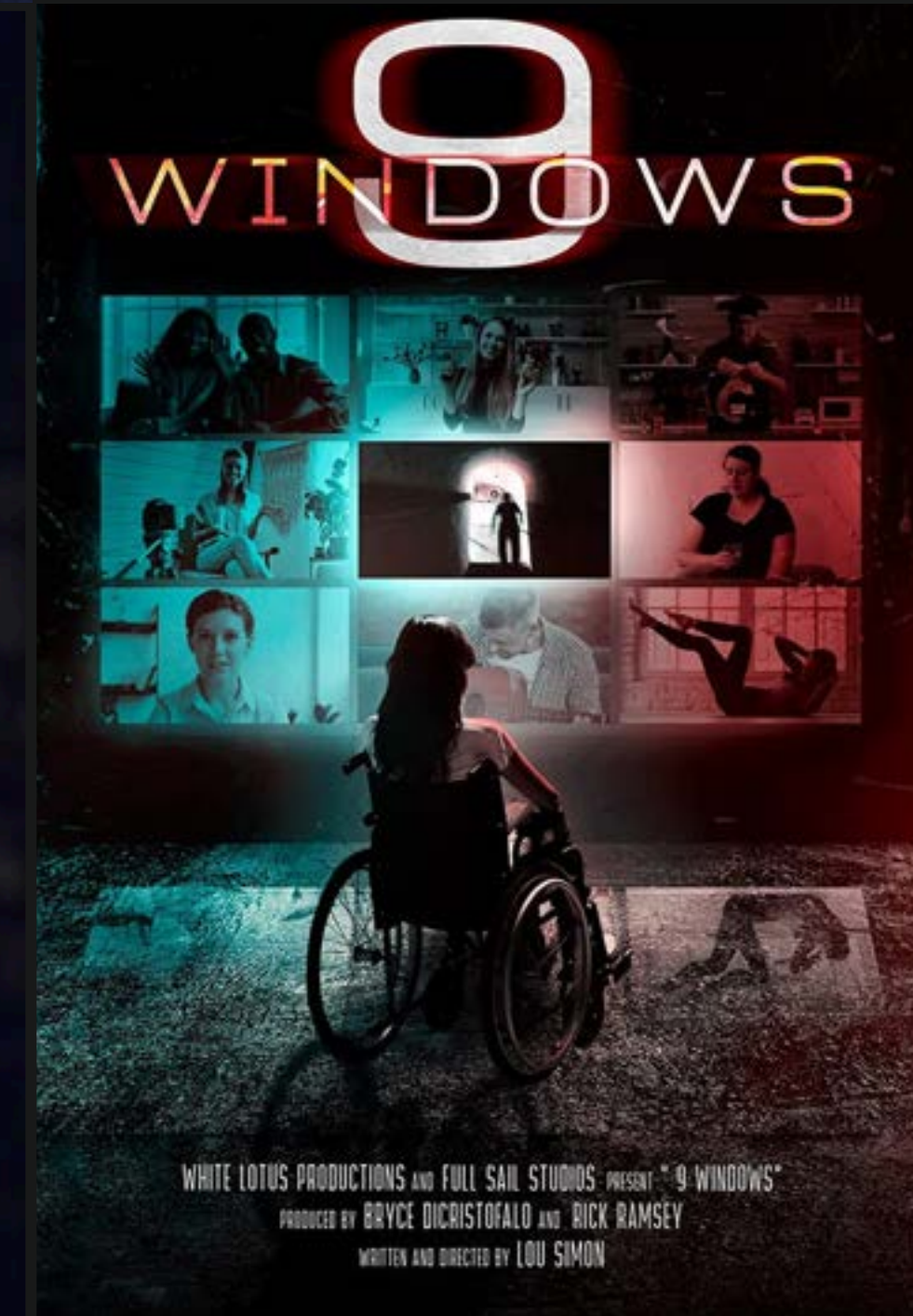
Review: Vivid  
Theatre Productions  
Presents Arthur  
Miller's ALL MY SONS  
at the JCC

“Rosemary Gilmore has marvelously expressive eyes and she pulls off one of the most difficult things for a performer to do onstage--be an active listener. You see all of the pain, the questions, the confusion, in her facial expressions.”

*-Peter Nason*

BROADWAY WORLD





“Rosemary delivered an exceptional performance as the victim in *9 Windows*. Her ability to tap into the emotional vulnerability and terror of the character was remarkable and elevated the entire scene. She was fully prepared and worked seamlessly with the cast and crew to create an intense moment in the film. It was truly a pleasure to have Rosemary on set.”

*-Lou Simon*

WRITER/DIRECTOR/PRODUCER  
9 WINDOWS





“Rosemary Gilmore is an excellent collaborator who exudes professionalism. There were a lot of moving pieces on this set, and Rosemary rolled with the unexpected surprises that came our way with incredible grace. She helped champion her character’s arc, was able to juggle multiple hats, and brought range to a tricky role. Rosemary truly helped bring our vision of the film to life.

*-Meghana Singh*

DIRECTOR/PRODUCER  
PB&J





“A *Good Egg* was born out of a collaboration between Rosemary Gilmore and me. We wanted to make a film that reflected the nuances of imposter syndrome as an artist and how it can bleed into all aspects of life. From script to set to beyond, Rosemary helped shape the character of Daisy. Her role as an actor helped us have complex discussions that influenced all aspects of the film, from story to props to costumes. Rosemary has a bright future, not only as an actor, but as a producer.”

–*Meghana Singh*

WRITER/DIRECTOR/PRODUCER  
A GOOD EGG





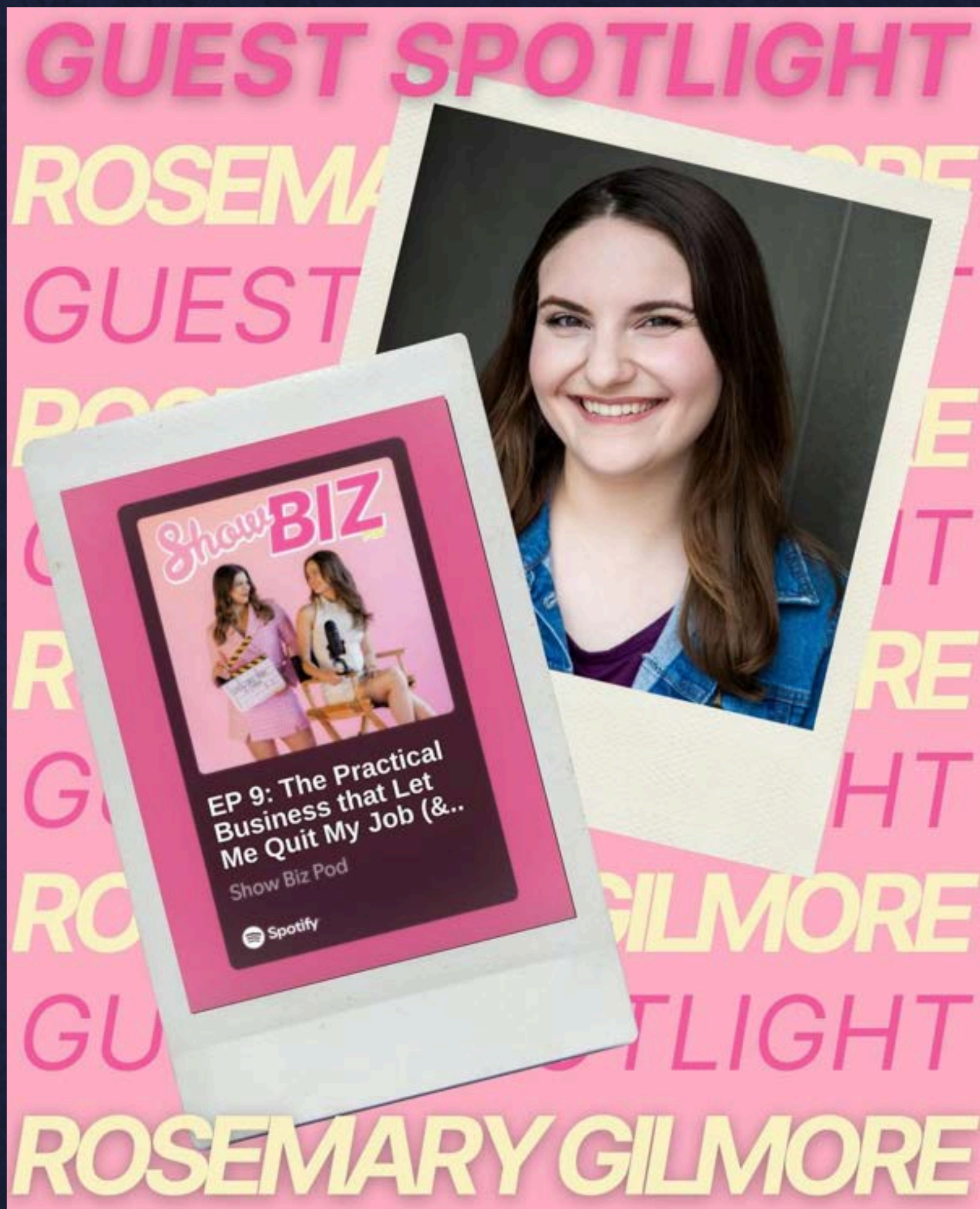
“Rosemary Gilmore has exceeded my expectations as the Supporting Lead for *1-800-333-4357 HELP!* Her fun and friendly personality brought joy to set while building a great chemistry with the Lead of the film. She was always able to snap in and out of character at any time. From her audition to on set, there was nothing but the best!”

*-Ebony Wallington-Gramblin*

WRITER/DIRECTOR/PRODUCER

*1-800-333-4357 HELP!*





## SHOW BIZ POD EP 9: The Practical Business that Let Me Quit My Job (& Keep Acting) Ft. Rosemary Gilmore

In this episode, Carissa and Emma Claire chat with ATL-based film actor and entrepreneur Rosemary Gilmore about how launching a pool service business in Atlanta alongside her husband gave her the freedom and flexibility to pursue film acting on her own terms. From taking the leap into entrepreneurship with zero experience to navigating creative life with a business owner mindset, this episode is full of grounded advice for any creative looking to jump into the pool of starting their own business.

[\*\*LISTEN ON APPLE PODCASTS\*\*](#)

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# The Laurel Independent

VOL. 4 NO. 7 JULY 2025 LAUREL'S COMMUNITY NEWSPAPER

## A Q&A with Rosemary Gilmore Former Laurel resident credits childhood experiences

Posted on: July 17, 2025

By LILLIAN GLAROS

Rosemary Gilmore spent her first 11 years in Laurel. Now 27, she resides in Atlanta, where she is an actress and a producer with Good Ghost Productions, which she helped Meghana Singh, her childhood friend from Laurel, create. Their first film, "A Good Egg," is scheduled for release this fall. Gilmore also owns a pool equipment repair and installation business with her husband.

Q: What made you want to become an actress?

A: My family has such a love for music and the arts and performance, they were always taking me to those opportunities growing up. My grandmother and my parents, they would take me to go see shows, and I just remember thinking about how I wanted to be up there doing what [the actors] were doing.

Q: Would you say that you represent Laurel in the work you do?

A: Whenever people ask me 'where are you from?', I always say first that I was born and raised in Laurel, Maryland, and I think that I definitely represent the community based off of the connections that I made, and because I had such positive experiences with the people in Laurel and with the arts as well. I mean, I think that really made me who I am today, and I try to carry that with me through everything that I do.



[READ THE  
FULL ARTICLE](#)





# What's New

## JUNE

- Booked a supporting role in the drama film *Stuck on Screen*, playing a stoic news anchor.

## MAY

- Booked a recurring role in the pilot for a drama series, playing an organized and authoritative personal assistant.

## APRIL

- Wrapped as the lead in the comedy film, *Stupid Baby*, playing a level-headed but disgruntled young mother struggling to save her marriage.





# Contact

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[LINK TREE](#)