



# Loaves & Fishes

MARCH 2020

*Litany of Concern*

## The Left-hand Column

✠ Well, that was a train wreck. I'm still recovering—trying to recover—files, muddling through, and hoping for the best. If someone mentions not getting a newsletter, please let me know. A few addresses may have gotten lost in the chaos. There are extra printed copies in the church. And now is a good time to be sure your celebratory dates—anniversaries and birthdays—are added to the list (in fact, if I can't get my newsletter files back, we may have to start all over on all the lists), so let me know if yours hasn't appeared in the newsletter.

✠ Is it me? I thought Daylight Saving Time began in April, but no, it says here 2:00 a.m. March 8. Oh, well. We shall see who gets to church late March 8.

✠ Saturday lunches have been great again this year. It seems that shoppers at the Thrift Shop like to amble over for lunch before leaving, and everyone benefits.

✠ The pancake supper was wonderful—thanks everyone!

✠ The Thursday Morning Book Club is back in business—10:00 in the big Sunday School room. The book is *The Plateau* by Maggie Paxson, a reminder that the world has many quiet heroes who do what they believe is right, with no fanfare, in spite of danger.

Dear Friends,

The many headlines regarding the spread of the Coronavirus have been a concern for the worldwide community. More recently, news from Washington State reported the first fatality in the United States and serious concerns of transmission of the virus. Our own Bishop Budde has been in communication with her diocesan membership to outline some steps that can be taken at the parish level. Her letter online can be found on the Diocesan Web Site: [www.edow.org](http://www.edow.org). And I commend it to you.

This past Sunday, The First Sunday of Lent, I shared news of the hand washing stations and some instructions for receiving communion. A very timely letter was written by The Rev. David Sibley, Rector of St. Paul's Episcopal Church in Walla Walla, Washington, that caught my attention, partly because he writes from Washington State where communities are on high alert but, also because I found his comments and guidelines quite helpful. Below, I have provided some of the contents. But you may read the full article on his Web Site: [www.stpaulsww.org](http://www.stpaulsww.org). He answered a number of the questions that are on everyone's mind:

***What about the common cup at the Eucharist? The simple answer is this - peer reviewed studies and Centers for Disease Control guidance since the 1980s have consistently shown that "no documented transmission of any infectious disease has ever been traced to the use of a common communion cup"***



and "the risk for infectious disease transmission by a common communion cup is very low, and appropriate safeguards--that is, wiping the interior and exterior rim between communicants, use of care to rotate the cloth during use, and use of a clean cloth for each service - would further diminish this risk." *American Journal of Infection Control* (Vol. 26, No. 5, 1998). We do all these things. Our Eucharistic Ministers are trained to wipe the rim of the chalice between each communicant, to rotate the purificator (the cloth), and the Altar Guild ensures a clean cloth is used for each liturgy.

***Is it more sanitary to intinct the host into the cup than drink from it?***

*In short - absolutely not! As any experienced Eucharistic Minister or clergy person will tell you, it is a common occurrence when people intinct the host for their fingers to touch either the consecrated wine or the side of the chalice. This is in fact less sanitary then drinking in the first place - we can make sure our Eucharistic Ministers and clergy wash their hands, but we can't do the same for the whole of the congregation!*

***I understand the studies, but I'm still concerned - what should I do?***

*As your priest, I can recommend three options to you:*

1. *If you wish to receive the consecrated wine at the Eucharist, Christians have been doing so for centuries, and still manage to die at the same rate and pace as the general population!*
2. *If you don't want to drink from the cup, don't intinct for yourself. Instead, leave the host on your hand, and allow the Eucharistic Minister to intinct it for you, and place the host on your tongue. This ensures that only people with washed hands are handling the hosts, and it eliminates the unsanitary conditions that are caused by intinction.*
3. *Finally, if you don't want to receive the cup at all, it's ok not to. The church believes that all of the grace of the sacrament of the Eucharist is conferred wholly in each element - both consecrated bread and wine. To receive only*

1. *receive "half communion." Instead, receiving in one kind is to fully partake in the Eucharistic feast.*

*Finally, let your consideration for others carry the way you would through any other sickness: if you have a fever, stay home; if you have a cold, don't shake hands at the peace; and always, always, always wash your hands with soap and water for 15 seconds or longer.*

(From the Rector: Coronavirus (COVID-19) and the Common Cup)

We are part of the global community in distress and so highly challenged by current events. May our prayers this Lenten season remind us of the wilderness in which we live and invite our hearts and minds to focus on the one true direction in and out of the darkness, the ever-abiding presence of God in the love of Christ Jesus.

Faithfully,  
Beverly+



***For Your Lenten Edification***

***2020 Lenten Resources for Adults***

***Daily Email Devotional: Living Well Through Lent 2020***

This Lent season, *Living Compass* is offering a daily email devotional, *Living Well Through Lent 2020: Practicing Courage With All Your Heart, Soul, Strength, and Mind*. The devotional includes reflections from: The Very Rev. Dominic Barrington, The Rev. Theodora Nmade Brooks, The Rt. Rev. Mariann Edgar Budde, Anna Fitch Courie, The Rev. Jenifer Gamber, The Rev. Heidi Haverkamp, The Rev. Jan Kwiatkowski, The Rt. Rev. Samuel Rodman, and The Rev. Dr. Scott Stoner.

You will receive forty-seven daily emails, one for each day of Lent, plus Easter. The emails will begin on Ash Wednesday, February 26, 2020. If at any point you no longer want to receive the emails, you can unsubscribe at any time.

Enroll (free) to receive each day's reading by visiting: [livingcompass.org/lent](http://livingcompass.org/lent)

### Episcopal Relief and Development Lenten Booklet

This year's Lenten Meditation Booklet focuses on the spiritual lives of children and how children inspire the spiritual lives of adults. The meditations invite prayer and reflection to remember the children in your family, faith community and life – and the lessons they might teach you. As well, the meditations call us to pray for our partners around the world who strive to support children in need. Booklets are available on tables in church and Parish Hall.

### Lent Madness 2020

Want to learn something about the Saints of the Church and at the same time exercise your enthusiasm for filling out the scorecard? There is no reason for a Lenten discipline to be dreary as we “prepare with joy for the Paschal feast.” Taking our faith—but not ourselves seriously is the essence of Lent Madness.

The format is straightforward: thirty-two saints are placed in a tournament-style, single-elimination bracket. Sixteen saints make it to the Saintly Sixteen; eight advance to the Elate Eight; four make it to the Faithful Four; two make it to the Championship; and the winner is awarded the coveted Golden Halo. You can do this online and follow the instructions. Or pick up a *Definitive Guide to Lent Madness* available on tables in church and parish hall.

### Not Forgetting the Younger Members

On the Children's Resource Table by the entrance of the Church, please find:

✿ Weekly **Sunday Papers** for younger and older children to color. On the back of the **Sunday Paper Junior**, you will find a message to parent for at home teaching.

✿ **40 Acts of Lenten Love for Children** by Warm Hearts Publishing.

✿ **Weekly Lenten Activity** Pages for our kids to color and complete in church or at home (from “*What We Do in Lent: A Child's Activity Book.*”)

### Art Hath Charms . . . .

If you've joined us for hot lunch on Saturdays this year, you've probably noticed Julia Belvin hosting an art table. Julia has developed an art outreach program, Creative Healing Art Talk (CHAT), and her presence at our hot lunch events is just a part of her work to get the word out to our

community. She says, “CHAT strives to advocate, educate and provide opportunities to improve the mental health of young people in the community through art.” This is Julia's Girl Scout Gold Award project. Among the groups she has reached are members of our local homeless population (through WARM). She piloted an “Art Break Club” at her high school, collecting art supplies to donate to children in the foster-care system; she has spoken with counselors and therapists about the benefits of art, and appeared as a guest speaker in an art course at St. Mary's College.

Visit her FaceBook page (Creative Healing Art Talk) to find out how you can support her program or to schedule an “Art Talk” to learn more about her initiative. And do stop by the CHAT table one Saturday to take an art break.

Photograph by Kim Belvin







Photographs by Laura Appleby



Photograph by Steve Carroll

*We are to leave the safety of our booth-like churches  
and follow Jesus into the world.*

~~~The Most Reverend Rowan Williams

**March 1**

**8:00 a.m.**

Chalice, 1st reading and, psalm: Mary Larson  
2nd reading and PoP: Jerry Gehrig  
Altar duty: Lynn Duff and Margaret Hallau  
Coffee hour: Ersek

**10:30 a.m.**

Verger: Mary Maker  
1st reading and psalm: Daniel Ulrich  
2nd reading and chalice: Kimbra Benson  
Acolytes: Olivia Johnson, Zach Stickney, Andy Stickney  
Ushers: Walls family  
Coffee hour: Anderson

**March 8**

**8:00 a.m.**

Chalice: Rese Bergen  
1st reading and psalm: Stephanie Cornet  
2nd reading and PoP: Ken Cornet  
Altar duty: Susan Bennett and Hilary Gill  
Coffee hour: Donnelly

**10:30 a.m.**

Verger: Susan Bennett  
1st reading and psalm: Nancy Warren  
2nd reading and chalice: Mary Maker  
Acolytes: Taylor Benson, John Blackwell, Mikell Blackwell  
Ushers: Duff family  
Coffee hour: Austin/Riddell

**March 15**

**8:00 a.m.**

Chalice: Judy Ersek  
1st reading and psalm: Jake Ersek  
2nd reading and PoP: Ron Leonard  
Altar duty: Mary Maker and Kim Stickney  
Coffee hour: Kilcoyne

**10:30 a.m.**

Verger: Dee McRae  
1st reading and psalm: Laura Appleby  
2nd reading and chalice: Chuck Stickney  
Acolytes: Gregory Belvin, Bronte Pepper-Hicks,  
Daniel Ulrich  
Ushers: Mary Maker and Ginni Stein  
Coffee hour: Riddell

**March 22**

**8:00 a.m.**

Chalice, 1st reading and psalm: Judi Donnelly  
2nd reading and PoP: Dan Donnelly  
Altar duty: Bob and Helen Rotzinger  
Coffee hour: Frank

**10:30 a.m.**

Verger: Don Schramm  
1st reading and psalm: Joyce Austin  
2nd reading and chalice: Kim Stickney  
Acolytes: Ben Walls, Sam Walls, Julia Belvin  
Ushers: Benson family  
Coffee Hour: Abell

**March 29**

**8:00 a.m.**

Chalice, 1st reading and psalm: Mary Larson  
2nd reading and PoP: Kerri Frank  
Altar duty: Margaret Hicks and Annette Lawrence  
Coffee hour:

**10:30 a.m.**

Verger: Nancy Edwards  
1st reading and psalm: Bob Benson  
2nd reading and chalice: Amy Ulrich  
Acolytes: Olivia Johnson, Zach Stickney, Andy Stickney  
Ushers: Ulrich family  
Coffee Hour:



**March 1**

Genesis 2:15-17; 3:1-7 Psalm 32  
Romans 5:12-19 Matthew 4:1-11

**March 8**

Genesis 12:1-4a Psalm 121  
Romans 4:1-5, 13-17 John 3:1-17

**March 15**

Exodus 17:1-7 Psalm 95  
Romans 5:1-11 John 4:5-42

**March 22**

1 Samuel 16:1-13 Psalm 23  
Ephesians 5:8-14 John 9:1-41

**March 29**

Ezekiel 37:1-14 Psalm 130  
Romans 8:6-11 John 11:1-45

*"When an alien resides with you in your land,  
you shall not oppress the alien. The alien who  
resides with you shall be to you as the citizen  
among you; you shall love the alien as yourself,  
for you were aliens in the land of Egypt:*

*I am the Lord your God"*

~~Lev 19:33-34a.

## 1 Sunday

- 18 Wednesday**  
9:00 a.m.—noon Thrift Shop  
Noon Holy Eucharist and healing prayer
- 19 Thursday**  
9:00 a.m.—noon Thrift Shop  
7:00 p.m. AA, AL-ANON
- 20 Friday**  
6:00 p.m. AA
- 21 Saturday \$5 Lunch Potluck**  
10:00 a.m--1:00 p.m. Thrift Shop  
5:00 p.m. Everything Irish potluck

- 22 Sunday**  
8:00 a.m. H.E. I  
10:30 a.m. H.E. II  
(Christian Education for children)  
7:00 p.m. AA, AL-ANON
- 23 Monday**  
6:00 p.m. NA
- 24 Tuesday**
- 25 Wednesday**  
9:00 a.m.—noon Thrift Shop
- 26 Thursday**  
9:00 a.m.—noon Thrift Shop  
7:00 p.m. AA, AL-ANON
- 27 Friday**  
6:00 p.m. AA
- 28 Saturday**      **\$5 Lunch**  
10:00 a.m.—1:00 p.m. Thrift Shop
- 29 Sunday**  
8:00 a.m. H.E. I  
10:30 a.m. H.E. II  
(Christian Education for children)  
7:00 p.m. AA, AL-ANON

- 30 Monday**  
6:00 p.m. NA

- ## 31 Tuesday



## Plenty of March Birthdays

- 1 Rachel Appleby  
5 Robert Frick III, Richard Wolcott  
9 Jim Carnes, Alexandra Leake  
13 Erin Mallory  
15 Gerald LaMarque, Abby Simmerman, Antonio Rivers, Jr.  
16 Kathryn Brigham  
17 Margaret Hicks  
18 Caroline Brigham  
19 Jan Barnes, Karen Carnes  
24 Brian Labows  
25 Maggie Slingluff



## *Looking for Someone?*

Rector: The Rev. Beverly Weatherly 301 862-2247  
Parish Administrator: Donna Triplett 301 862-2247

[rector@standrewsleonardtown.org](mailto:rector@standrewsleonardtown.org)  
[parishadmin@standrewsleonardtown.org](mailto:parishadmin@standrewsleonardtown.org)

Vestry, Senior Warden: Mary Maker

Vestry, Junior Warden: John McKendre.

Treasurer: Brent Johnson

Vestry, Fundraising Steve Carroll

Joyce Austin, Fundraising

Amy Foster, Minister of Music

Sarah Freese, Preschool Director

[standrewsprek@yahoo.com](mailto:standrewsprek@yahoo.com)

Jerry Frank, Thrift Shop

Dee McRae, Newsletter

[deemcrae@mac.com](mailto:deemcrae@mac.com)

Director of Sanford Concert Program:

Lyn Schramm

To give flowers for the altar 301 862-2247

[parishadmin@standrewsleonardtown.org](mailto:parishadmin@standrewsleonardtown.org)

St. Andrew's Episcopal Church 301 862-2247

<http://standrewsleonardtown.org/>

The Right Rev. Mariann Edgar Budde 202 537-6550

The Diocese of Washington 202 537-6555

<http://www.edow.org/>

