



Loaves & Fishes

OCTOBER 2019

All Things Bright and Beautiful

Photograph by Joyce Austin

the left-hand column

☞ From here it looks like the yard sale was a smashing success—\$4902, including \$760 from the hot-dog stand. (The hot dogs are what I like best about our sales.) As usual, the Thrift Shop was open an extra day so customers could browse the shop as well. And they did; and they bought. All in all, a good weekend. Thank you to all the dedicated St. Andrewsians who made it happen. It's a lot of hard work, and it means a lot to St. Andrew's.

☞ Jeanne Pirtle, Sotterley Plantation's education director, joined us September 22 for another interesting excursion into history, and the connections between St. Andrew's and Sotterley.

☞ If you worry about your pet's being suitably reverent during the service, bring along a photograph, or even a stuffed animal for the blessing of pets after each service October 6.

☞ Come to supper October 19 (lasagna), and enjoy History with Himmelheber

☞ WARM comes to St. Andrew's in January. Can you help?

☞ Kelli Harding writes, in *The Rabbit Effect*, about research showing that our attitudes and the way we treat one another have a ripple effect far beyond the visible and expected. Another

Dear Friends,

Every October, we celebrate the Feast of St. Francis of Assisi, the saint who in the twelfth century so beautifully proclaimed the "care of creation." So, a story about sorrows seems an apt one to offer just before our Sunday Blessing of the Animals.

From a book called *Random Acts of Kindness by Animals*, the story unfolds on a street in Italy where a fallen sparrow lay helpless. Soon many other sparrows surrounded it, trying to carry it to safety, away from the heavy traffic. A man got out of his car and waved other drivers away. Traffic then came to a standstill. The sparrows, with great effort, managed to carry the fallen bird to the side of the road. There, they rested for a minute, and then managed to prop up the injured bird and fly it over a wall into a garden.

Europeans studies reveal that motorists do not usually stop when a person is injured along the road. It is particularly notable that a group of motorists were so taken by the kindness of the birds that they stopped to watch the act of kindness. Within the world of



sparrows, it seems what they did was what was expected; caring for a member of the flock was their normal behavior.

The Holy Gospels tell the story of Jesus admonishing his disciples to do what is expected of them by God in their life's work. In the bonds of Christ, loving your neighbor means that lovingkindness is what is expected as an automatic response to another in great need. St. Francis wore such a mantle of care.

He preached a gospel that included the connection of all creation to God, and so spent his ordained life devoted to the virtues of poverty, humility and compassion. He offered lovingkindness to those who suffered from any condition that made them untouchables. And further to make his point about connection, he was known for his love of animals, especially birds. Don't forget, he is the saint who first tugged in a donkey, and first invited townsfolk to take up the characters in the Birth of Jesus story—to assemble the first Living Creche, “inventing” our Christmas pageant.

He wove for himself a family of all living creatures, great and small. And he used his encounters with every creature to more deeply know God and more responsively serve God. One could say that he put up a big tent under which all the vulnerable and needy received unconditional love and kindness, including the animals. I can't think of a better image for the church than a big tent of lovingkindness. God bless you all who make the effort to keep the church a place of Godly hospitality in the name of Christ and in the power of the Holy Spirit, and who strive to practice in the world lovingkindness to all living things, *All Things Bright and Beautiful*.

In Christ,

Beverly+

Bring Your Best Friends to Church

Once again we'll be celebrating St. Francis with the blessing of animals on a Sunday close to the feast of

St. Francis of Assisi, which falls this year on October 4.

St. Francis, well known for his love of animals, inspired stories of his preaching to flocks of birds, dissuading mosquitoes from biting him, and even convincing a wolf to stop stalking humans and livestock in Gubbio, Italy, where he once lived. At our blessing of pets, we remember and share Francis' love of animals and appreciation of all God's creation.

Join us for our Blessing of the Pets on Sunday, October 6. Pets with good manners are welcome to join the congregation for both services. After the service, Rev. Beverly will bless each of them. Dogs and cats generally account for the biggest turnout, but other creatures, including rabbits, gerbils, hamsters, rats, birds, lizards, snakes and goats are welcome. On leash, or otherwise contained, as appropriate.

~~Charlotte

Do You Lasagna?

Of course you do. Everyone lasagnas.

So, come to our October history evening—History with Himmelheber—on the 19th. We'll gather at five. Supper (lasagna, naturally) provided, but wine, desserts, special treats will be welcome (as are donations in support of our 275th anniversary celebrations).

Our guest historian is Pete Himmelheber, well known to many, and a special treat for all.

Not Long Now

The silent auction is just over the horizon.

Look for signup sheets in the parish hall Sunday (or contact Pam Baake, 301 994-1706, PP.Baake@outlook.com) to see where you'd like to help out. There's plenty of supporting information, so if, for example, you decide to contact a business for a donation, there are sample letters and receipts. Or, maybe you'd prefer to post and pass out flyers to friends, neighbors, strangers, whoever; you'll find those on the table as well. If you like to bake, sign on to make something wonderful.

Wednesday afternoon October 23 (4:00—7:00) is theme-basket time. If you'd like to help, come join the fun, and if you have an idea, bring along basket and ingredients.

Bobbi Brown and Jerry and Kerri Frank will be in the kitchen on the second, offering soup, sandwiches, coffee, tea (wine for a donation). If you'd like to help out there—preparing or cleaning up—let Bobbi know (brbrown62@md.metrocast.net).

Here We Go Again

Reading is surely one of humankind's greatest achievements—and pleasures.

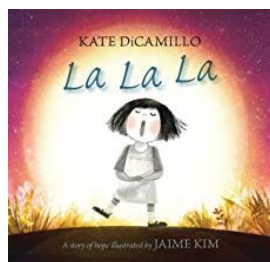
The human brain is wired for language—oral language, that is. Reading is a whole other question. Learning to read requires new wiring, which is something of a do-it-yourself project with guidance, usually, from teachers and parents. In a fascinating book, *Reader, Come Home*,* Maryanne Wolf, formerly director of Tufts University's Center for Reading and Language Research, tells us how the wiring is done, and why it is so important. She explains how being deeply involved in what one is reading, making connections between new information and that already stored in memory, is different from skimming along on a screen.

There are now a number of researchers looking at the effects of digital devices on the developing brain. There is much to be learned, but one thing is clear: nothing replaces the experience of sitting, at an early age, with a parent or grandparent, sharing books, being read to and reading along. So here are some books to consider as you make up your Christmas shopping list. Age suggestions included, but a good book is a good book, no matter how old you are. All are available from Amazon of course, but consider also checking in with our lovely local White Rabbit book store in Leonardtown.

And, remember, there is no better gift to find under the tree on Christmas morning than a new book.

**Reader, Come Home: The Reading Brain in a Digital World*, Maryanne Wolf, Harper Collins, 2018, \$24.99 (paperback \$17.99)

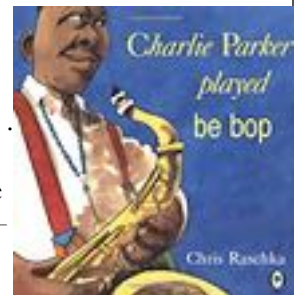
Once upon a time, Ernest Hemingway was challenged to write a story using just six words. He rose to the challenge (it annoys me to have to say) magnificently. Kate DiCamillo has outdone Papa; writing a whole book using just one word. DiCamillo has the advantage, it is true, of collaboration with a truly wonderful artist, Jaime Kim. The story, “a story of hope,” is of a little girl looking for a friend to share her song. As she goes about singing, “La,” then, “La La,” no answer.



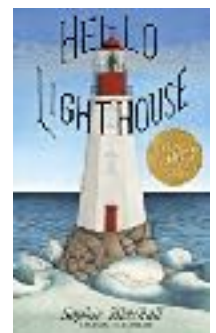
Finally, dejected, she falls asleep. And then it happens. “LA! LA! LA!” She leaps up; “La.” “LA!” the moon replies. Utter happiness. This is a book for all ages. Ask your tiniest one to “be” the little girl in the book. Alternate reading *the* word with your first-grader. Talk about friendship and sharing with older children. Discuss the illustrations with your budding artist. Most of all, enjoy.

La La La, Kate DiCamillo, illustrated by Jaime Kim, Candlewick Press, 2017, \$17.99. Four-eight years.

What does it sound like when Charlie Parker plays his saxophone? Well, “Be bop. Be bop. Fisk, fisk. Lollipop. Boomba, boomba. Bus stop. Zzznnn. . . .” What did it look like? To watch Parker’s music clomp, float, and dance across the page, you’ll have to buy the book. You—and your favorite budding musician—will be glad you did. Chris Raschka has brought Parker and his music to life, and invited us to come along for the fun. This is an old book that will always be new. *Charlie Parker played be bop*, Chris Rashka, Orchard Paperbacks (Scholastic), 1992, \$6.99 Three-seven years

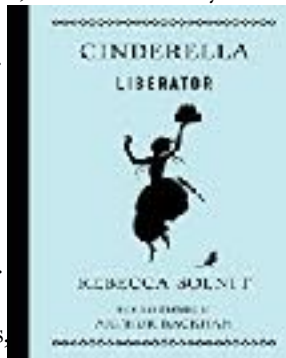


“On the highest rock of a tiny island at the edge of the world stands a lighthouse.” The lighthouse beams information to ships, warning them off the rocky shore. In the fog, its clanging bell takes over. Now the work is done mechanically, but once it required a keeper to polish the lens, keep the lamp filled and lighted, ring the bell. What would it be like to live in a lighthouse, in those little rooms stacked one atop the other, in all kinds of weather? A Caldecott medalist. *Hello Lighthouse*, Sophie Blackall, Little, Brown and Company, 2018, \$18.99. Five-eight years

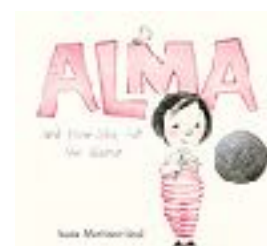


Think you know Cinderella? Think again. Here’s what really happened. When her stepsisters go off to the ball, poor Cinderella, who—it’s true—does the cooking and cleaning and all that stuff you heard she did, sits down, cries three tears, and wishes someone would help her. And there she is (turns out if you want help you have to ask). A little blue woman in a big skirt, “with a big nose, and a pointed hat, and hands like knobby blue twigs.” She introduces herself and says, “You wish to go to the ball at the castle; is that so?” There is a pumpkin that becomes a coach, there are the mice turned into horses, **3**

the rat turned into a coachwoman, lizards suddenly footwomen, and off to the ball they go. It's a wonderful evening. And, yes, Ella and the prince will someday be married (they're too young now), but not to each other. It seems that, really, what Cinderella wanted more than anything was her own cake shop. And the prince? He wanted to be a farmer. As for the stepsisters, one dreamed of her own beauty salon, the other wanted to make beautiful clothes. Cinderella is, you see, a story about being your truest self. *Cinderella Liberator*, Rebecca Solnit, illustrations by Arthur Rackham, Haymarket Books, 2019, \$17.95. No ages here; this is for everyone.

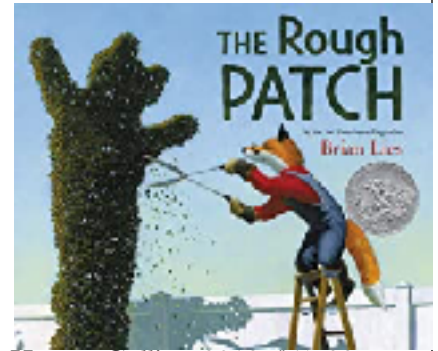


Little Star's mama has made her a mooncake and laid it in the night sky. Little Star has promised not to touch it so it will last a long while. But when she wakes in the middle of the night, that mooncake seems to call her. Maybe a nibble or two won't hurt. It's *so* good, she goes back for another nibble or two the next night. And the night after that. Finally, when Mama goes out to look for it, there's nothing left. It's time to make another one. A tender, whimsical explanation of how the moon got its phases. A Caldecott Honor Book. *A BIG Mooncake for Little Star*, Grace Lin, Little, Brown and Company, 2018, \$17.99. Four-seven years



What's in a name? Quite often, a lot of family history. When Alma Sofia Esperanza José Pura Candela complains to Daddy that her name is so long it never fits on the page, her papa doesn't scold; instead he offers to tell her the story. As she listens, Alma realizes each name gives her a special connection to someone in her family's past. A warm and loving story about family, with irresistibly smile-inducing illustrations. A Caldecott Honor Book. *Alma and How She Got Her Name*, Juana Martinez-Neal, Candlewick Press, 2018. \$15.99. Four-eight years

When your best friend is a dog, you do everything together, from gardening to adventuring. But when the unthinkable happens, and your best friend is no longer there, life can be very bleak. Lightly, gently, Brian Lies leads devastated Evan the fox out of his rough patch into a new friendship. A Caldecott Honor Book. *The Rough Patch*, Brian Lies, Greenwillow Books, Harper Collins, 2018, \$17.99. Four-eight years.



Be careful when you're cooking. If your delicious stew smells too savory, you may find that little boys, the police officer on the beat, even the local hot-dog vendor follow its enticing aroma to your door, and before you know it, there's nothing left for you. But you may also discover that you are loved and your generosity returned. A Caldecott Honor Book, Coretta Scott King Award book. *Thank You, Omu!* Oge Mora, Little, Brown and Company, 2018, \$18.99. Four-seven years.



Very early on a Saturday morning, before sunup, the town is quiet, everything looks different. It's a time for a boy and his father to spend together, to catch a fish and to talk about fishing in another pond in another country before the boy was born. When evening comes the family will gather to share a dinner of rice and crisply fried fish, to share stories, to talk about homework, and finally, to go to bed and dream of fish in ponds far away. Another Caldecott Honor Book. *A Different Pond*, Bao Phi, illustrated by Thi Bui, Capstone Young Readers, 2017, \$15.95. Six-eight years.



Sonia and her friends are off to plant a garden. Like the assortment of plants in a garden, the friends are all different—some shy and quiet, some exuberant and chatty. One has asthma, he uses an inhaler to help him breathe; one has diabetes, she checks her blood and gives herself insulin injections; one speeds around in a wheelchair; one relies on her guide dog to go where she wants to go; one is deaf, he expresses himself with sign language; one is dyslexic, one has autism; one stutters, one has Tourette’s syndrome. All different, just like a garden. And, just as in a garden, all the differences make for an interesting neighborhood. In this neighborhood, if you see something you don’t understand, just ask—it’s a good way to learn.



Just Ask! Be Different, Be Brave, Be You, Sonia Sotomayor, illustrated by Rafael Lopez, Philomel Books, Penguin Random House, 2019, \$17.99. Four-eight years

Mercedes, better known as Merci, is in the sixth grade, a scholarship student at Seaward School. She doesn’t quite fit in—most of the girls in her class are excited about clothes and boys, but Merci is a killer



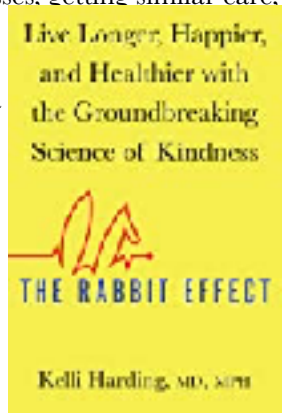
soccer player and can’t wait to try out for the team. Her family isn’t wealthy like some of her classmates’ families, but they are close-knit and loving, even older brother Roli, who’s about to go off to college, and sometimes seems a little disdainful. And there’s a new worry for Merci. Lolo,

her beloved grandfather, suddenly seems to be forgetful, and he’s been doing odd things lately; it’s very upsetting. This is a year of loss and growing, acceptance and understanding. A Newberry medalist.

Merci Suárez Changes Gears, Meg Medina, Candlewick Press, 2018, \$16.99. Nine-twelve years.

As a medical student, Kelli Harding noticed something odd: two patients with similarly grave illnesses, getting similar care, often had very different outcomes.

Intrigued, she began looking for answers. As she pursued her studies, a mentor, Dr. Arthur Barsky, suggested, “You might want to look at the rabbit studies.” And so, she writes, “one day, much like Alice, I followed a white rabbit.” The rabbits in question were part of a 1978 study. All were given a high-fat diet, half were simply fed and ignored, the others were fed, but cuddled, petted, talked



to as well. Rabbits in the first group developed high levels of cholesterol, those in the second group did not. Her quest to understand has led her through years of research, looking at how children grow, how the brain develops, how it responds to security and stress. What she has learned is that “True wellness is more than our physical health, . . . It is also about fairness and policies that promote a healthy and safe environment for everyone.” It’s about how we live and how we value kindness, love, respect. “True health is hidden in the million tiny moments of our everyday lives.” People, it seems, are wonderful, complicated, amazing contraptions.

The Rabbit Effect, Kelli Harding, Atria Books, 2019. \$27.00



Fairy tales don’t tell children that dragons exist. Children already know that. Fairy tales tell children that dragons can be killed.

~G.K. Chesterton



On October 27 we celebrate William Temple (1821—1847), philosopher, theologian, educational reformer, ecumenical leader, Archbishop of Canterbury. He was described by Ronald Knox as

A man so broad, to some he seem'd to be
Not one, but all Mankind in Effigy.
Who, brisk in Term, a Whirlwind in the Long,
Did everything by turns, and nothing wrong.
Bill'd at each Lecture-Hall from Thames to Tyne,
As Thinker, Usher, Statesman, or Divine.



Photograph by Steve Carroll

Photograph by Steve Carroll



Give your best and always be kind.

~~ Epictetus

October 6

8:00 a.m.

Chalice, 1st reading and psalm: Brenda Frazier
 2nd reading: Jerry Gehrig
 PoP: Stephanie Cornet
 Acolyte:
 Altar duty: Lynn Duff and Margaret Hallau
 Coffee hour: Ersek

10:30 a.m.

Verger: Dee McRae
 1st reading and psalm: Laura Appleby
 2nd reading and chalice: Amy Ulrich
 Acolytes: Taylor Benson, John Bradford, Mikell Bradford
 Ushers: Duff family
 Coffee Hour: Lukasavich and McRae

October 13

8:00 a.m.

Chalice: Judy Ersek
 Readings and PoP: Mary Larson
 Acolyte:
 Altar duty: Susan Bennett and Hilary Gill
 Coffee hour: Kilcoyne

10:30 a.m.

Verger: Dee McRae
 1st reading and psalm: Joyce Austin
 2nd reading and chalice: Beth Wagner
 Acolytes: Ben Walls, Sam Walls, Julia Belvin
 Ushers: Mary Maker, Gini Stein
 Coffee Hour:

October 20

8:00 a.m.

Chalice, 1st reading and psalm: Dan Donnelly
 Chalice, 2nd reading and PoP: Judi Donnelly
 Acolyte:
 Altar duty: Mary Maker and Annette Lawrence
 Coffee hour:

10:30 a.m.

Verger: Don Schramm
 1st reading and psalm: Bob Benson
 2nd reading and chalice: Cathy Walls
 Acolytes: Gregory Belvin, Bronte Pepper-Hicks,
 Daniel Ulrich
 Ushers: Ulrich family
 Coffee hour: Appleby and Stewart

October 27

8:00 a.m.

Chalice, 1st reading and psalm: Rese Bergen
 2nd reading and PoP: Ron Leonard
 Acolyte:
 Altar duty: Bob and Helen Rotzinger
 Coffee hour: Frank

10:30 a.m.

Verger: Nancy Edwards
 1st reading and psalm: Laura Essex
 2nd reading and chalice: Kimbra Benson
 Acolytes: Emma Wagner, Zach Stickney, Andy Stickney
 Ushers: Walls family
 Coffee hour: Austin



October 6

Lamentations 1:1-6
 Lamentations 3:19-26 *or* Psalm 137 *or*
 Habakkuk 1:1-4, 2:1-4 Psalm 37:1-10
 2 Timothy 1:1-14 Luke 17:5-10

October 13

Jeremiah 29:1, 4-7 Psalm 66:1-11 *or*
 2 Kings 5:1-3, 7-15c Psalm 111
 2 Timothy 2:8-15 Luke 17:11-19

October 20

Jeremiah 31:27-34 Psalm 119:97-104 *or*
 Genesis 32:22-31 Psalm 121
 2 Timothy 3:14-4:5 Luke 18:1-8

October 27

Joel 2:23-32 Psalm 65 *or*
 Sirach 35:12-17 *or* Jeremiah 14:7-10, 19-22 Psalm 84:1-6
 Psalm 84:1-6 Luke 18:9-14



*Thou art the joy of all joyous things,
 Thou art the light of the beam of the sun,
 Thou art the first door of hospitality,
 Thou art the surpassing star of guidance,
 Thou art the step of the deer on the hill,
 Thou art the grace of the swan swimming,
 Thou art the loveliness of all lovely desire
 ~~ancient Celtic prayer from the Scottish Highlands*

October

- 1 Tuesday
- 2 Wednesday
 - 9:00 a.m.—noon Thrift Shop
- 3 Thursday
 - 9:00 a.m.—noon Thrift Shop
 - 7:00 p.m. AA, AlAnon
- 4 Friday
 - 6:00 p.m. AA
- 5 Saturday
 - 10:00 a.m.—1:00 p.m. Thrift Shop
- 6 Sunday **Blessing of Pets**
 - 8:00 a.m. H.E. I
 - 10:30 a.m. H.E. II
 - 7:00 p.m. NA
- 7 Monday
 - 6:00 p.m. AA
- 8 Tuesday
- 9 Wednesday
 - 9:00 a.m.—noon Thrift Shop
- 10 Thursday
 - 9:00 a.m.—noon Thrift Shop
 - 7:00 p.m. AA, AlAnon
- 11 Friday
 - 6:00 p.m. AA
- 12 Saturday
 - 10:00 a.m.—1:00 p.m. Thrift Shop
- 13 Sunday
 - 8:00 a.m. H.E. I
 - 10:30 a.m. H.E. II
 - 7:00 p.m. NA
- 14 Monday
 - 6:00 p.m. NA
- 15 Tuesday
- 16 Wednesday
 - 9:00 a.m.—noon Thrift Shop
- 17 Thursday
 - 9:00 a.m.—noon Thrift Shop
 - 7:00 p.m. AA, AlAnon
- 18 Friday
 - 6:00 p.m. AA
- 19 Saturday **History with Himmelheber**
 - 10:00 a.m.—1:00 p.m. Thrift Shop
 - 5:00 p.m.—supper and history
- 20 Sunday
 - 8:00 a.m. H.E. I
 - 10:30 a.m. H.E. II
 - 7:00 p.m. NA

- 21 Monday
 - 6:00 p.m. AA
- 22 Tuesday
- 23 Wednesday
 - 9:00 a.m.—noon Thrift Shop
- 24 Thursday
 - 9:00 a.m.—noon Thrift Shop
 - 7:00 p.m. AA, AlAnon
- 25 Friday
 - 6:00 p.m. AA
- 26 Saturday
 - 10:00 a.m.—1:00 p.m. Thrift Shop
- 27 Sunday
 - 8:00 a.m. H.E. I
 - 10:30 a.m. H.E. II
 - 7:00 p.m. NA
- 28 Monday
 - 6:00 a.m. AA
- 29 Tuesday
- 30 Wednesday
 - 9:00 a.m.—noon Thrift Shop
- 31 Thursday
 - 9:00 a.m.—noon Thrift Shop
 - 7:00 p.m. AA, AlAnon

Weddings with the falling leaves
October

- 3 John and Kathryn Brigham
- 12 Jay and Laura Friess

Oops—no Halloween babies

- October
- 1 Laura Friess, Carol Wilmore
 - 3 Elinor Mattingly
 - 5 Bonte Pepper-Hicks
 - 8 Ian Biggerstaff, Nicholas Wagner
 - 10 George Walls
 - 13 Rick Werrell
 - 15 James Meade
 - 16 Savannah Bergen
 - 19 Jesse Everett, Blayre Vallandingham
 - 23, Steve Labows
 - 25 Jill Garrett
 - 27 Anne Vallandingham

It took me a long time to learn that God is not the enemy of my enemies. He is not even the enemy of his enemies.

~~Martin Niemoeller

Looking for Someone?

Rector: The Rev. Beverly Weatherly 301 862-2247

rector@standrewsleonardtwn.org

Senior Warden: Mary Maker ('20)

Junior Warden/Building and Grounds:

Contact Steve Carroll

Parish Administrator: Donna Triplett 301 862-2247

parishadmin@standrewsleonardtwn.org

Treasurer/Finance:

Brent Johnson

Cemetery Management: Chuck Stickney

Stewardship Education:

Kerri Frank ('20)

Parish Resources: Mary Maker ('20)

Communications: Beth Wagner

Fundraising: Steve Carroll

Pastoral Care and Newcomers

Annette Lawrence ('20)

Outreach and Volunteer Engagement and Appreciation:

Kerri Frank ('20)

Parish Life: Cindy Kilcoyne ('21)

and Sean Drury ('21)

Worship/Music::

The Rev. Beverly Weatherly 301 862-2247

rector@standrewsleonardtwn.org

Christian Formation:

The Rev. Beverly Weatherly 301 862-2247

rector@standrewsleonardtwn.org

Charlotte Caudle ('21) (youth)

Dee McRae (adult)

Welcome/Hospitality:

Judy Ersek ('20)

Worship/Schedulers:

8:00: Rese Bergen

10:30 Kimbra and Bob Benson 301 690-2598

Parish Development: Judy Ersek and Cindy Kilcoyne

Newsletter Editor Dee McRae 301 994-2784

deemcrae@mac.com

Music Director: Amy Foster.

Archives: Nancy Edwards ('20)

Preschool: Cindy Kilcoyne ('21)

Thrift Shop: Jerry Frank

Reconciliation/Restoration: Tom Joyner

Altar Guild: Helen Rotzinger

Sanford Concerts: Lyn Schramm

St. Andrew's Episcopal Church 301 862-2247

<http://standrewsleonardtwn.org/>.

St. Andrew's Thrift Shop 240 925-7445

www.standrewsthiftstore.com

St. Andrews Preschool: 301 862-1610

www.standrewsprek.com

The Right Rev. Mariann Edgar Budde 202 537-6550

mebudde@edow.org