

ROAR Career Coaching Program

Six sessions to build direction, leadership habits, and follow-through

We work with aspiring and experienced professionals to build successful leaders. No prior professional or leadership experience is required.

A six-session individual program that combines a career assessment with focused coaching, practice, and accountability. We help you choose a direction, communicate your value, create opportunities, and carry out a practical plan.

BEST FOR

Clients who want continued support while starting a career, changing direction, preparing for leadership, seeking advancement, or returning to work. The work adapts to your goal and starting point.

WHAT IS INCLUDED

One 90-minute ROAR Career Assessment and five 45-minute coaching sessions. You receive preparation worksheets, a customer session guide, a written recap after each session, and a final roadmap for your next 90 days.

HOW PROGRESS HAPPENS

You choose actions between sessions. At each call we review what happened, practice the next skill or conversation, and adjust the plan. We measure progress with evidence such as completed conversations, clearer examples, projects, and practiced behaviors.

SCHEDULE

Meet weekly or every other week, based on your needs, with dates agreed together. Session 1 is the assessment; it is included in the six sessions and is not an additional prerequisite.

Your six-session path

One assessment | Five coaching calls | A continuing 90-day roadmap

SESSION 1 ASSESS | 90 MINUTES

Build your career snapshot, primary goal, and initial roadmap. Output: Career snapshot, baseline, and three priorities.

SESSION 2 CHOOSE A DIRECTION | 45 MINUTES

Compare target paths and requirements. Identify the evidence you still need. Output: Target direction and a practical test.

SESSION 3 EXPLAIN YOUR VALUE | 45 MINUTES

Turn real examples into a clear professional story and focused resume or LinkedIn improvements. Output: A value statement and two evidence examples.

SESSION 4 CREATE OPPORTUNITIES | 45 MINUTES

Plan networking, a job search, an internal move, or a project that demonstrates readiness. Output: An opportunity plan and outreach actions.

SESSION 5 PREPARE FOR CONVERSATIONS | 45 MINUTES

Practice interviews, promotion discussions, networking, or conversations about a career change. Output: A rehearsed conversation and feedback.

SESSION 6 EXECUTE AND ADJUST | 45 MINUTES

Review progress, address obstacles, and build the next 90 days of independent action. Output: A progress review and continuing roadmap.

The sequence can adapt to a live interview, promotion discussion, or other time-sensitive need. Coaching includes focused feedback and practice; job placement, full resume writing, and unlimited between-session messaging are outside the package. Specific job, promotion, or income outcomes are not guaranteed.