

ROAR Career Coaching Call

One focused session for your next career or leadership move

We work with aspiring and experienced professionals to build successful leaders. No prior professional or leadership experience is required.

A 45-minute individual coaching session to work through one immediate challenge and leave with a clear next step. Bring a decision, interview, promotion conversation, first-job question, or workplace situation.

Bring examples from work, school, volunteering, personal projects, or other responsibilities. We start with where you are and what you want to build.

BEST FOR

You know the issue you want to work on and want focused help making a decision or preparing to act. An assessment is not required before booking this call.

WHAT IS INCLUDED

Five preparation questions, a 45-minute working session, a customer session guide, and a written recap with your selected direction, up to three owned actions, and a 7-30-day roadmap.

WHAT YOU LEAVE WITH

A clearer decision, a first move within 48 hours, and practical actions with deadlines and success measures. The aim is to strengthen your judgment and leadership habits as you take action.

How your call works

Review | Opportunities | Actions | Roadmap

R

REVIEW

0-10 MINUTES

Define one challenge, separate facts from assumptions, and agree on the outcome.

OUTPUT One clearly defined issue.

O

OPPORTUNITIES

10-20 MINUTES

Compare two or three realistic options and their tradeoffs. Choose one direction.

OUTPUT One selected direction.

A

ACTIONS

20-35 MINUTES

Choose up to three actions. Give each one an owner, due date, and observable success measure.

OUTPUT Up to three owned actions.

R

ROADMAP

35-45 MINUTES

Sequence the first 48 hours and the next 7 and 30 days. Set a review date and fallback.

OUTPUT A practical 7-30-day roadmap.

PREPARE AND RECEIVE

Complete the pre-call worksheet and bring one relevant example. Use the session guide during the call. Your facilitator will confirm when you will receive the recap.

This is coaching and decision support. It does not include job placement, a full resume rewrite, or ongoing support between calls. A particular job, promotion, or income result is not guaranteed.