

2021- 2022 Class Schedule!



1375 HOPMEADOW STREET, 2ND FLOOR SIMSBURY, CT

SEMESTER ONE 9/7- 11/6 | SEMESTER TWO 11/8 - 1/15

SEMESTER THREE 1/17 - 3/19 | SEMESTER FOUR 3/21 - 5/28

860.651.5000

playstrongstudio@gmail.com

monday

4:30PM TNT ages 5 - 8
4:30PM CORE-O Fit! ages 8 +
5:30PM ALLSTARS TEAM ONLY
6:30PM *Aerials Club
6:30PM TNT ages 12+

thursday

4:30PM TNT ages 5 - 8
4:30PM TNT ages 9 +
5:30PM ALLSTARS TEAM ONLY
6:30PM FitFORCE ages 12 +
6:30PM Hip Hop ages 10+

tuesday

9:15AM Tumble Tots ages 2-4
4:30PM TNT ages 5 - 8
4:30PM Hip Hop ages 6 +
5:30PM TNT ages 8 +
5:30PM Stunt ages 6 +
6:30PM *Back Handspring Club
6:30PM TNT ages 9 +

friday

9:15AM Tumble Tots ages 2-4

saturday

9:15AM Tumble Tots ages 2-4
10:15AM TNT ages 5 - 8
11:15AM TNT ages 9 - 11

wednesday

4:30PM Flexible Strength ages 10 +
5:30PM Partner TNT ages 8 +

*Club classes are instructor placement only

Each class meets once per week for 60 minutes
Tumble tots meets once per week for 45 minutes
all classes will switch to zoom online in the event
of covid closure

Register online through our parent portal:
www.playstrongstudio.com