

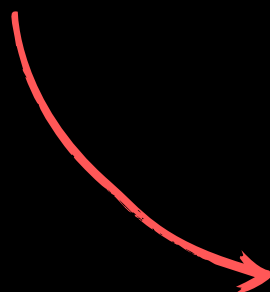


CREATINE COWBOY – SERM 101

T3 (LIOTHYRONINE)

THYROID HORMONE FOR METABOLIC ENHANCEMENT

**WHAT IS IT?
WHO DOES IT HELP?
HOW MUCH WOULD YOU TAKE?**



Let's dive into all
of this right now.

~~I NEED THIS NOW!~~

Before considering medications, embrace lifestyle changes like a balanced diet, regular exercise, and healthy habits. Your best health starts with the choices you make every day!

WHAT IS IT?

T3, or Liothyronine, is a synthetic form of the thyroid hormone triiodothyronine, which plays a critical role in regulating metabolism, energy levels, and overall bodily functions.

T3 is known for its powerful fat-burning properties, making it a popular choice among bodybuilders and athletes looking to enhance weight loss and improve body composition.

It increases metabolic rate, promotes lipolysis (the breakdown of fats), and helps preserve lean muscle mass during cutting phases.

WHO DOES IT HELP?

T3 is ideal for individuals looking to lose fat quickly and effectively, especially those who are in a caloric deficit or cutting phase.

Bodybuilders, athletes, and fitness enthusiasts often use T3 to accelerate fat loss while maintaining muscle definition.

It can also benefit those with hypothyroidism or low thyroid function who require thyroid hormone supplementation for metabolic support.

Benefits include:

- Accelerated fat loss and improved body composition
- Increased metabolic rate and energy expenditure
- Preservation of lean muscle mass during caloric deficits
- Enhanced performance and recovery in athletes
- Support for individuals with thyroid deficiencies

HOW MUCH WOULD YOU TAKE?

Dosage: The typical starting dose for T3 ranges from 25 to 75 mcg per day, depending on individual goals and tolerance.

Many users find effective results at 50 mcg daily, gradually adjusting the dose as needed.

It is crucial to avoid excessive doses, as high levels of T3 can lead to unwanted side effects.

Administration: T3 is taken orally in tablet form, usually once daily, preferably in the morning to align with the body's natural thyroid hormone production.

It can be taken with or without food, but consistency in timing is important for maintaining stable hormone levels.

DID THIS HELP YOU?

Consider joining VICE VIP

If you're considering a cycle or need personalized advice on its use, The Clinic is here to provide expert guidance and support. Contact The Clinic today to learn how we can help you optimize your performance and well-being.



(TAP IMAGE FOR MORE INFO)