

HEALTHY COMMUNICATION
THIS IS A CORE FOUNDATION WHEN DEALING WITH
CONFLICT RESOLUTION. BEING ABLE TO MAINTAIN OPEN
COMMUNICATION, IS CRUCIAL WHEN THERE'S CONFLICT.
BELOW IS THE "I, WE, YOU" TRIANGLE.



I

OBSERVE
EXPRESS HOW I FEEL
TAKE RESPONSIBILITY

WE

WORK & COLLABORATE

YOU

ATTACK & BLAME

