



ST NECTANS RESIDENTIAL CARE HOME

———— Bexhill-on-Sea ————



Welcome to St Nectans Residential Care Home

Established in 1978, St Nectans Residential Care Home is nestled in the heart of Bexhill-on-Sea, just a short stroll from the beach and vibrant town centre. This peaceful seaside location offers residents the best of both worlds—tranquillity and convenience—with easy access to local cafés, churches, shops, transport links, and healthcare services. Within its warm, homely setting, St Nectans fosters a caring environment where residents feel safe, valued, and truly at home.





Welcome to St Nectans Residential Care Home



"Compassion by the coast—trusted care since 1978."



"I am so happy here, all the people are so kind. The staff are absolutely marvellous, they're all so wonderful. It's just like one big happy family."



"Thank you so much for your devoted care over the years, and your continued support given to my family members. We are most impressed with St Nectans".



Our Philosophy

St Nectans Residential Care Home embraces a person-centred philosophy of care, prioritising individual dignity, autonomy, and emotional wellbeing within a warm, homelike environment.

Core Principles of Care

- **Person-Centred Care:** St Nectans tailors every aspect of support to the individual, from daily routines to medical needs. Staff take time to understand each resident's personal history, preferences, and values to create bespoke care plans.
- **Respect for Autonomy:** Residents are encouraged to maintain independence through hobbies, social activities, and personal choices. The home supports active lifestyles and meaningful engagement with family and community.
- **Emotional Support:** Recognising the emotional challenges of transitioning into care, the team offers a listening ear and compassionate guidance to ease the process for both residents and families.

Environment and Lifestyle

- **Homelike Atmosphere:** Residents are invited to personalise their private ensuite rooms with cherished belongings, creating a familiar and comforting space.
- **Nutritious, Tailored Meals:** Meals are hearty, nutritious, and adapted to individual tastes, using fresh, locally sourced ingredients.
- **Social Engagement:** While activities have occasionally been limited due to staffing, the home is actively recruiting dedicated activity coordinators to enhance wellbeing through regular programming.

Collaborative Care

- **Inclusive Planning:** Care plans are developed in collaboration with residents, their families, advocates, and healthcare professionals to ensure holistic and responsive support.
- **Continuous Improvement:** Feedback from residents and relatives is actively sought and used to refine services. Staff are trained to notice and respond to subtle preferences, such as how residents like their hair styled or meals served.

Location and Accessibility

- Situated in Bexhill-on-Sea, the home offers easy access to medical centres, shops, and religious amenities, enhancing residents' connection to the wider community.



ABOUT ST NECTANS AND OUR FACILITIES





St Nectans Residential Care Home is set within a charming Victorian building that blends timeless character with modern comfort.

Located in the heart of Bexhill-on-Sea, the home accommodates up to 35 residents, including couples, and offers eight dedicated parking spaces for visitors and staff.

Residents enjoy access to a large, beautifully maintained garden—perfect for peaceful strolls and outdoor relaxation. Inside, the home features entertainment lounges, silent prayer rooms, a Parker bath for assisted bathing, and full lift and stairlift access throughout.

Each private room is equipped with a television and internet connection, ensuring comfort, connectivity, and personal space.

The combination of architectural elegance and thoughtful amenities creates a truly homely and supportive environment.



Our rooms are generously sized, beautifully lit, and designed to maximise natural light through large windows.







"At St Nectans, cooking is more than a job—it's my joy. I'm passionate about preparing wholesome, flavourful meals that nourish both body and spirit. Using fresh, seasonal ingredients sourced locally whenever possible, I ensure every dish meets our residents' health and nutritional needs while bringing comfort and satisfaction to the table."
— Doreen, Head Chef

The dining room at St Nectans is a warm, welcoming space where delicious meals and friendly conversation come together around every table.





Fresh, home-cooked food

It wouldn't be home without some good, old-fashioned home cooking.

We know just how important good quality food is for both your health and happiness, so we work closely with our suppliers to ensure every meal is tasty and nutritious.

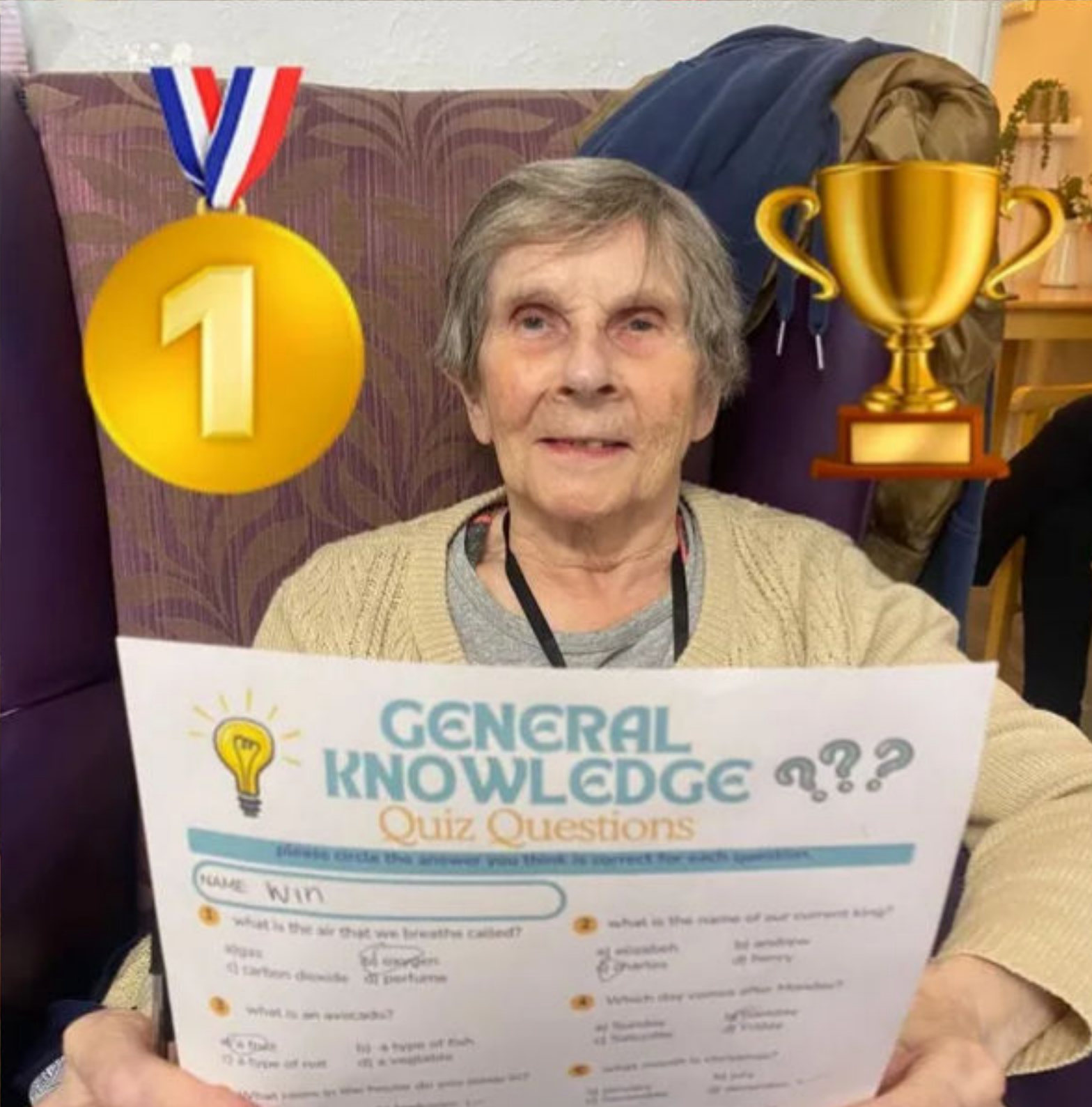
Our meals are freshly prepared on site, and our chef puts together a great seasonal menu each week, working with our residents to find out their favourite things to eat.

Because all dishes are cooked right here in our own kitchen, we can cater to specific dietary requirements, building them into each resident's personal care plan.



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www.vilahealthcare.co.uk





At St Nectans, residents enjoy a vibrant mix of activities designed to uplift, entertain, and connect:

- 🧩 Internal games and social activities including quizzes, crafts, and gentle movement sessions.
- 🙏 Weekly Sunday church services held in the home's quiet prayer lounge.
- 🎵 Live entertainment from visiting singers, dancers, and music choirs.
- 🐾 Pet therapy sessions that bring comfort and joy through animal companionship.
- 🐣 Bird hatching experiences offering a unique and heartwarming connection to nature.
- 🎉 Seasonal events and themed days that celebrate traditions and spark conversation.

These activities foster a sense of community, purpose, and joy—making every day at St Nectans meaningful and memorable.



Care Manager Ms. Toni Paine



"At St Nectans Residential Care Home, care isn't just a profession—it's a calling. Every day, I feel deeply honoured to walk alongside our residents, sharing in their stories, their laughter, and their lives. My commitment to this home and everyone within it runs to the core of who I am. We are more than a team—we are a family. I believe in creating a space where every individual feels safe, valued, and truly at home. With compassion as our compass and dignity as our guide, I will always strive to ensure that St Nectans remains a place of warmth, respect, and heartfelt care."

Here to make life happier

"Being part of St Nectans Residential Care Home is more than a job—it's a privilege. Every resident here holds a special place in my heart, and I am deeply committed to ensuring they feel safe, respected, and truly cared for. As Deputy Manager, I bring not only experience and professionalism, but also genuine warmth and compassion to everything I do. I believe in listening with empathy, leading with integrity, and creating a home where every person feels they belong. Together with our incredible team, I'm proud to help make St Nectans a place of comfort, dignity, and joy."



Deputy Manager Ms. Sheree Baker



Our On-Site Maintenance Team



In addition to our dedicated care team, St Nectans Residential Care Home is supported by a range of essential staff who handle maintenance, housekeeping, laundry, and breakfast service—ensuring our residents enjoy a clean, comfortable, and well-catered living environment every day.

- ✓ Residents feel welcomed, at home and part of our community.
- ✓ Staff are friendly, caring and dedicated.
- ✓ Clean, fresh and homely atmosphere.
- ✓ Beautiful period property with high ceilings and original features.
- ✓ Spacious, bright rooms, all with en-suite facilities.
- ✓ Home comforts such as pictures, plants and keepsakes are encouraged.
- ✓ Easily accessible – with lift and wheelchair access.
- ✓ Secure access entrances.
- ✓ Personalised care and support plan tailored to each resident.
- ✓ Respect for personal needs, dignity and privacy.
- ✓ Regular activities throughout the week.
- ✓ Home-cooked food available daily to suit all diets and preferences.
- ✓ Central location – close to Bexhill high street, banks, church and GPs.



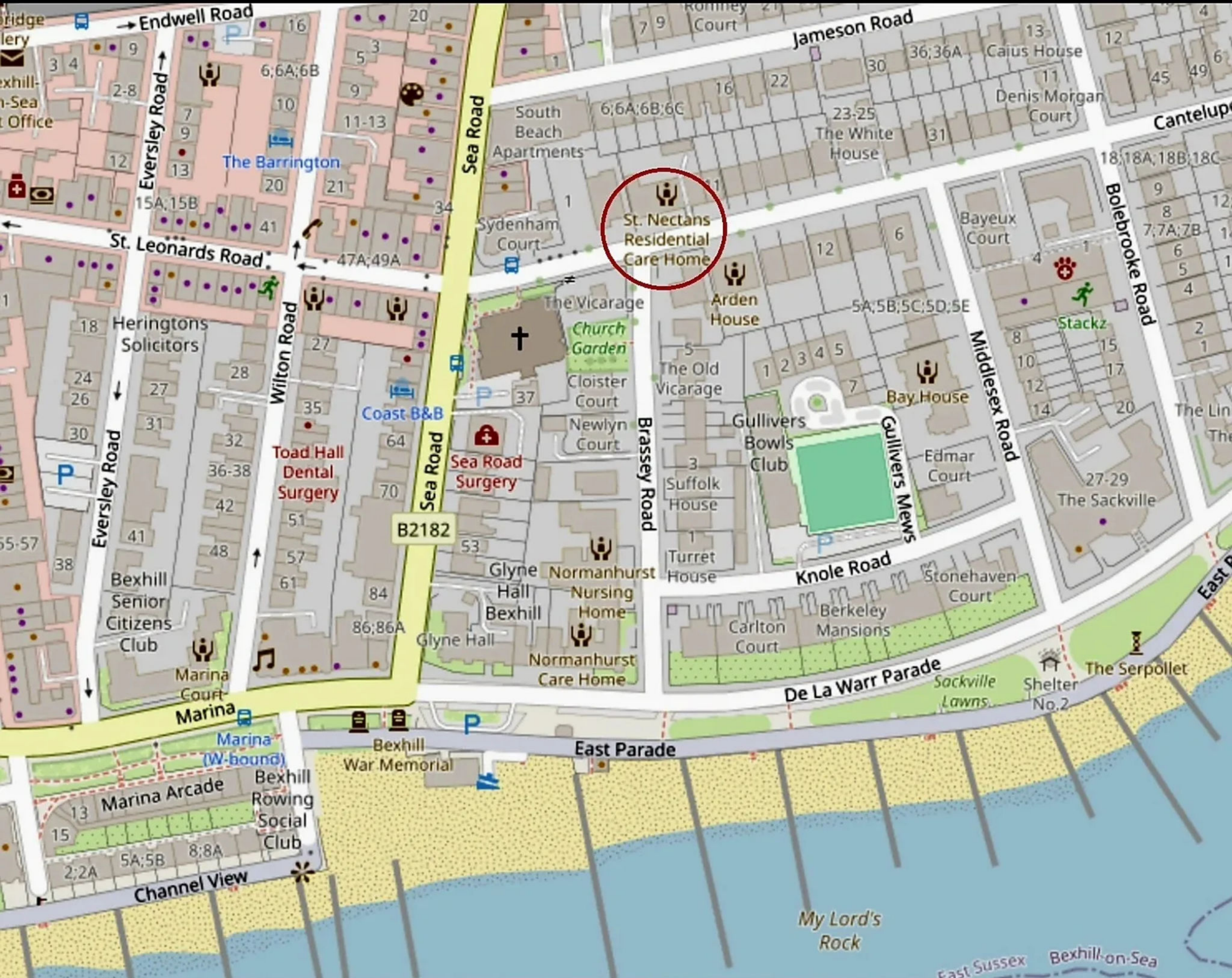
Vila Healthcare's
team at St Nectans
Residential Care
Home take pride in
delivering quality
care for you or
your loved one.



VISIT US

If you'd like to meet us in person and find out about life here, we'd be happy to show you around and answer any questions you may have.

We understand that making a choice on residential care for yourself or a loved one can be an emotional time. Our experienced team are more than happy to talk through any concerns you may have, answer any questions and support you through the process. Please join us for lunch or one of our monthly coffee mornings to get a feel of the home and chat to other residents about their experiences.



St Nectans Residential Care Home

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