

COVID-19 PRECAUTIONS 2022 - 2023 (7/21)

Please familiarize yourself and your dancer with our new safety policies and procedures. Parents should discuss with their child prior to their first dance class these policies and expectations regarding social distancing, wearing a mask, and dancing only in their own space.

DO NOT COME TO CLASS IF:

*Student must stay home if he/she is not feeling well or <u>anyone in the household</u> has any Covid-19 symptoms such as runny nose, congestion, cough, fever or sore throat.

*Anyone who has come in contact with someone who has/had Covid-19 must notify the studio, stay home, and quarantine according to local health regulations.

*Studio must be notified if a dancer is sick and not able to participate in class.

- 1. <u>Masks are OPTIONAL</u> by anyone inside the building at Upper Falls Dance Academy (this policy may change at anytime)
- 2. All waiting areas are closed, however parents may come into the building to drop off and pick up their dancer. The waiting area will continue to be an additional student waiting area for upstairs classes.
- 3. Dancers will be required to SANITIZE their hands upon entering and exiting class. Touchless sanitizing stations are located outside each classroom. Touchless soap dispensers are also located at the kitchen and bathroom sinks
- 4. Teachers will greet students at the door when instructor is ready to begin class.
- 5. Classes will dismiss a few minutes early than scheduled time (excluding 45 min. classes). This will allow extra time between classes for any sanitizing, as well as for traffic flow into and out of the building. Teachers will be wiping down ballet barres and high-touch surfaces.
- 6. In most cases, students who have more than one class on a particular night are scheduled back to back. However, if this is not the case, students may wait in the kitchen area until their next scheduled class time.
- 7. We highly recommend dancers need to arrive to the studio in their dance clothes.
- 8. We encourage dancers to only bring the shoes needed for their class. ALL DANCE BAGS AND SHOES MUST BE LABELED WITH DANCER'S NAME.
- 9. Dancers may bring a water bottle (labeled with name)
- 10. We ask that parents email contact@upperfallsdance.com with any questions or assistance instead of discussing with instructors between classes.

**These guidelines will be updated as necessary, as we are committed to providing the safest environment for our students.