



New Safety Policies & Procedures 2020 - 2021

Please familiarize yourself and your dancer with our new safety policies and procedures. Parents should discuss with their child prior to their first dance class these policies and expectations regarding social distancing, wearing a mask, and dancing only in their own space.

1. Parents must conduct their own health assessment of their dancer prior to arriving each day at the studio. This includes taking temperature and discussing all Covid-19 symptoms. Dancers may not enter the facility if they are exhibiting any symptoms or have been exposed to COVID-19. Parents will be required to complete an updated COVID-19 Waiver prior to their dancer's first class.
 - Student must stay home if he/she is not feeling well or anyone in the household has any Covid-19 symptoms such as runny nose, cough, fever, sore throat or excessive sneezing.
 - Anyone who has come in contact with someone who has/had Covid-19 must notify the studio, stay home, and quarantine according to local health regulations.
 - Studio must be notified if a dancer is sick and not able to participate in class.
2. Instructors will complete a personal health assessment prior to coming in to teach class each day.
3. **Only students and teachers** are allowed inside the building. All waiting areas are closed. Students must wear a face mask and practice appropriate social distancing. Once your child is safely in the studio, instructors will guide students as to where to store belongings and direct students to use hand sanitizer stations before entering class. We encourage parents of children in the Introduction to Dance & Primary levels remain outside or in the car in the event you are needed.
4. Studio doors will be locked during classes. Teacher will greet students at the door when instructor is ready to begin class.
5. Classes will dismiss 10 minutes earlier than scheduled time (excluding 45 min. classes). This will allow extra time between classes for sanitizing, as well as for the safe movement into and out of the building. Teachers will be wiping down ballet bars and high-touch surfaces throughout the studio between each class.
6. Parents must be present and waiting outside of entrance on patio in order for teacher to dismiss each student. Students over age 10 (with parent permission) are allowed to walk to parent's car at dismissal. It is extremely important that dancers be picked up on time. Teachers need time for sanitizing the studio before the next class.

7. In most cases, students who have more than one class on a particular night are scheduled back to back. However, if this is not the case, students must exit the building and return at their next scheduled class time.
8. Dancers need to arrive to the studio in their dance clothes. No changing will be allowed in bathroom/dressing area.
9. Dancers will only be allowed to bring a **small** dance bag into the studio and place in a designated area to allow for proper social distancing. We encourage dancers to only bring the shoes needed for their class. ALL DANCE BAGS AND SHOES MUST BE LABELED WITH DANCER'S NAME.
10. Dancers will be required to SANITIZE their hands upon entering and exiting class and after using the rest room. Touchless sanitizing stations are located outside each classroom. Touchless soap dispensers are also located at the kitchen and bathroom sinks.
11. Anyone entering the building must wear a mask. Masks will be worn by instructor & students at all times.
12. Class sizes will be limited – maximum of 8 students in the downstairs studio and 7 students in the upstairs studio. Social distancing markers will be located on studio floors and ballet barres.
13. Instructors are only allowed to make “hands off” corrections -- using verbal cues and/or demonstration only.
14. Dancers may bring a water bottle (labeled with name)
15. No food will be allowed in the building. No snacks or water will be available for purchase.
16. Lost and found will not be available. Unlabeled items left will not be held in the studio.
17. We ask that parents email contact@upperfallsdance.com with any questions or assistance instead of discussing with instructors between classes.

****These guidelines will be updated as necessary, as we are committed to providing the safest environment for our students.**