



At **Always You**, our mission is to empower individuals with intellectual and developmental disabilities to lead fulfilling lives of independence, dignity, and inclusion. We are committed to providing person-centered support, services, and programs that prioritize individual goals, health, and choice. With a focus on collaboration, innovation, and community engagement, we have created a supportive environment that reflects the values and priorities outlined in the Commonwealth of Pennsylvania's Everyday Lives framework. Together, we promote the rights and well-being of all individuals in our programs. Through our integrated programs - **Always You Dignified Quality Care**, **Always You Glows** and **Always You Caregivers**, we aim to enhance the well-being and quality of life for all those we serve.

OUR SERVICES & PROGRAMS

Always You Dignified Quality Care empowers individuals and promotes their well-being and independence. By offering personalized and comprehensive services, we prioritize the dignity and happiness of each person we serve. Our extensive network of resources and deep community connections allows us to provide unique solutions and opportunities to help individuals thrive. Our collaborative approach emphasizes improving the lives of those we support, assuring they receive the highest quality care.

Always You Glows is an innovative holistic wellness and esthetic enhancement program, specially curated for individuals with intellectual and developmental disabilities, their loved ones and caregivers. This program merges the advantages of self-care and therapeutic skincare treatments, with a strong emphasis on overall well-being, to offer a one-of-a-kind journey for our participants. We have created safe and welcoming environments where individuals can enjoy pampering experiences, boost their confidence, and feel recognized and valued, all while rejuvenating their senses and nourishing their soul.

Always You Caregivers recognizes the unique needs and concerns of families during the transition period from high school to adulthood and offers a guiding hand to help navigate the sometimes overwhelming journey ahead. By leveraging our founder's personal experience and expertise, Always You Caregivers ensures that parents and caregivers have the necessary tools and knowledge to support their child step into adulthood with confidence. Through informational sessions, focus groups, and personalized one-on-one conversations, families are empowered to make informed decisions by sharing valuable resources that will benefit their loved one, lending to a smooth and successful transition into the next chapter of life. Through our vast array of carefully curated services and programs, Always You is an environment where everyone feels appreciated, heard, and strengthened, thereby promoting their dignity and self-determination. We take pride in providing individuals and their families with the comfort of knowing they have a supportive companion throughout their journey.

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OUR IMPACT

- Every Always You client participates in a **new activity** or **visits a new location** at least once a month, expanding their experiences and enriching their lives.
- All Always You individuals engage in **wellness activities** that enhance their self-esteem and promote positive daily hygiene habits, contributing to their overall well-being and confidence.
- Every Always You individual and family has direct access to the CEO for **meaningful and essential support**, ensuring that their needs are met and their voices are heard.

Collectively, our services and programs enrich the lives of the individuals we support and their families. Always You is impacting change by delivering tailored care, comprehensive wellness services, and empowering resources that enable those in our care to lead enriching, dignified lives and achieve their utmost potential.

OUR VISION

Our vision is to build a world where every individual has equal access to top-quality healthcare, secure housing, and **unwavering support**. By cultivating an inclusive, diverse, and equitable community where everyone is equipped to achieve their full potential and contribute their unique talents to society, we aim to drive positive change, break-down barriers, and build a brighter future for generations to come.

Always You. The Dignified Choice.

Always You Dignified Quality Care is currently accepting referrals for services for residents in **Allegheny** and **Beaver County**. If you or someone you know could benefit from our range of services and programs, please reach out to us at:

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- ✉ info@alwaystodqc.com
- 🌐 www.alwaystodqc.com
- 🌐 www.alwaystoglows.com

