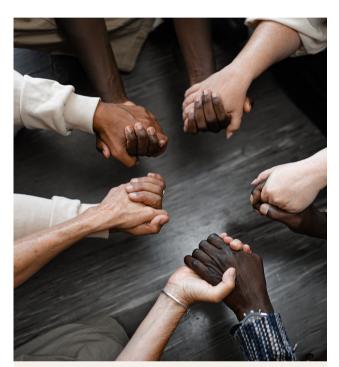
# NEWSLETTER

**FEBRUARY 14, 2024** 



# Always You. Dignified Choice.

We are delighted to announce a substantial achievement by Always You - the successful enrollment of an individual with Autism at the Community College of Beaver County. This accomplishment came about through our partnership, as the individual and their family had no distinct path to further education or employment. This milestone stands as a tribute to our unwavering commitment to fostering inclusive educational opportunities and supporting individuals in their quest for higher education and career fulfillment.

We wholeheartedly welcome referrals that allow us to continue making a transformative impact on the lives of those who can significantly benefit from our services. This is where we excel and feel most passionate. For any inquiries, please don't hesitate to reach out to us via email or phone. We look forward to hearing from you and are excited about the opportunity to make a difference!

## | Black History | Month

During Black History Month, we proudly celebrate the incredible accomplishments and resilience of Black individuals with disabilities. Their stories and contributions have shaped our society and continue to inspire us. We recognize the intersectionality of their experiences and the unique challenges they have overcome. By highlighting their achievements, we aim to raise awareness, promote inclusivity, and advocate for equal opportunities for all. We honor their strength, determination, and ability to break barriers, reminding us that disability does not define one's potential. This month and always, let us celebrate and uplift the accomplishments of the Black community with disabilities.



#### ALWAYS YOU DIGNIFIED QUALITY CARE



# Heart Health Matters.

Let us come together, individuals with developmental needs and those dedicated to supporting them, to prioritize heart health. By implementing practical strategies, such as tailored physical activities, balanced diets, regular medical check-ups, stress management techniques, and creating a supportive environment, we can improve overall well-being. Together, we can empower each other to lead heart-healthy lives, fostering resilience, and ensuring a brighter future for all.



Tailored Aesthetic Services for Individuals with Developmental Needs & Their Caregivers

### Wellness Retreats

Stay tuned for exciting updates on our tailored wellness retreats, specifically designed to enhance the overall wellbeing of individuals with developmental needs and their caregivers. At Always You Glows, our dedication lies in providing transformative experiences that promote self-care, self-love, and self-confidence. To stay informed about our upcoming programs and offerings, be sure to visit our website for more details.

GLOW BRIGHTLY

SPREAD LOVE 🛡