

Slow Cooker Roast Beef

Ingredients

- 3 lbs Beef Roast
- 2 cups Water
- 1/2 cup Soy Sauce
- 1 teaspoon Dry Rosemary
- 1 teaspoon Garlic Powder
- 1 Bay Leaf
- 1 teaspoon Black Pepper

Directions

1. Place all ingredients in slow cooker and cook on low 6 - 8 hours.
2. Cut roast into chunks and cook on high for an additional 1 - 2 hours until meat pulls apart easily.
3. Serve with mashed potatoes and steamed/roasted vegetables.