

### **Agenda/ AIM Training**

The Youth Boxing fitness camp (BoxFit) has three primary agenda for the camp. First is having a safe and health atmosphere where the youth can be inspired to exercise. In addition, this also allows the kids to find a new way to channel their own emotions and energy towards something constructive. Secondly the program is to inspire and cultivate an interest in boxing as well as fitness overall. Our third but most important goal is to encourage the highest level of confidence out of every child in our program!

## **Program Details:**

**Location:** TBD

Ages: 7-17

## **EMERGENCY CONTACT INFORMATION**

# **CHILD'S INFORMATION** First/Last Name: \_\_\_\_\_ \_\_\_\_\_\_Birthday/Age: \_\_\_\_\_ Nickname:\_\_\_ Home Address: Home Phone:\_\_\_\_\_ E-mail: \_\_\_\_\_ PARENT /GAUARDIAN CONTACT INFORMATION 1. Parent/Guardian: First/Last Name: \_\_\_\_\_ Home Phone:\_\_\_\_\_ Cell:\_\_\_\_\_ 2. Parent/Guardian: First/Last Name: \_\_\_\_\_ Home Phone:\_\_\_\_\_ Cell:\_\_\_\_\_ MEDICAL OR SPECIAL CARE INFORMATION My child has the following medical conditions and allergies: My child takes the following prescription medications:

My child needs the following medical treatment or care:



## LIABILITY WAIVER

Parent/Guardian Signature

Please read carefully before submitting form	1.
I (parent/guardian)	agree, to being aware of my
	and physical condition, and having knowledge
that his/her participation in any exercise progra	
voluntarily allowing my child participating in p Program.	ohysical activity with Boxing&Brawling Boxfit
Having such knowledge, I hereby release Boxin	ng&Brawling Boxfit Program, from liability for
accidental injury or illness, which I may incur a	
activity. I hereby assume all risks connected the	erewith and consent to participate in said program.
I agree to disclose any physical limitations, disa my childs ability to participate in said fitness pr	abilities, ailments, or impairments that may affect rogram.
Please initial box in agreement to the ab	oove liability waiver *
I Agree	
I give consent for my children participa coaches.	te in supervised sparing, that will be monitored by
(Initial)	
• • •	eate in supervised sparing, an opt for instructional
physical training exercises only.	
(Initial)	

Date

PHOTO/VIDEO RELEASE FORM		
I hereby give permission for images of my child, captured during BOXING & BRAWLING BOXFIT through video, photo and digital camera, to be used		
solely for the purposes of  Boxing & Brawling LLC/ Boxfit promotional material and publications, and		
waive any rights of compensation or ownership thereto.		
Name of Participant (please		
print):		
Age:		
Name of Parent/Guardian (please print):		
Parent/Guardian's Signature:		
Date:		