

## **JOEY'S CHILDCARE**

### **Behaviour Management Policy**

**Setting Name:** Joey's Childcare

**Provider:** Rachel Joseph

**Address:** 11 Carrington Road, Richmond, Surrey, TW10

**Registration Status:** Awaiting Ofsted Registration

**Local Authority:** Achieving for Children

**Date Written:** 1st July 2026

**Review Date:** 1st July 2027

### **1. Policy Statement**

At Joey's Childcare, I promote positive behaviour by creating a calm, safe, nurturing and inclusive environment where children feel valued, respected and understood.

This policy is written in accordance with the **Early Years Foundation Stage (EYFS) Statutory Framework** and supports children's personal, social and emotional development.

I recognise that children learn best when they feel safe, secure and supported through positive relationships and consistent boundaries.

Positive behaviour is encouraged through nurturing care, clear expectations, positive role modelling and support for children's emotional wellbeing and self-regulation.

Corporal punishment will never be used.

### **2. Aims**

I aim to:

- Encourage children to develop self-regulation skills
- Help children recognise, understand and manage their emotions
- Support children to build positive relationships
- Create a consistent environment with clear boundaries
- Promote confidence, resilience and independence
- Help children learn what is right and wrong in a safe and supportive way

- Support children's emotional wellbeing and personal development

### **3. Positive Relationships**

Children learn best when they feel safe, secure and valued.

I promote positive behaviour by:

- Building warm and trusting relationships
- Being a positive role model
- Listening to children's views, feelings and experiences
- Providing consistent support and reassurance
- Helping children develop confidence and self-esteem
- Creating a welcoming and inclusive environment

Strong relationships help children feel emotionally secure and able to manage their behaviour appropriately.

### **4. Promoting Positive Behaviour**

I use positive strategies including:

- Praise and encouragement
- Positive role modelling
- Clear and consistent boundaries
- Age-appropriate expectations
- Offering choices
- Supporting turn-taking and sharing
- Encouraging problem-solving
- Recognising and celebrating positive behaviour
- Supporting children to express emotions appropriately

I focus on recognising good behaviour to build children's confidence, self-esteem and motivation.

## **5. Understanding Behaviour**

I understand that:

- Behaviour is a form of communication
- Young children are still developing emotional regulation skills
- Children often need support to understand and manage feelings
- Challenging behaviour may be linked to:
  - Tiredness
  - Hunger
  - Frustration
  - Developmental stage
  - Changes at home
  - Additional needs

I consider what a child may be communicating through their behaviour and seek to understand and address the underlying cause wherever possible.

I respond with patience, empathy and understanding.

## **6. Managing Challenging Behaviour**

If challenging behaviour occurs, I will:

- Stay calm and respond appropriately
- Use clear and simple language
- Explain why behaviour is not acceptable
- Support the child to understand their feelings
- Redirect the child towards a more appropriate activity
- Encourage problem-solving where appropriate
- Support co-regulation by helping children understand and manage emotions

- Remain emotionally available and reassuring during difficult moments

Children will always be treated with respect and dignity.

## **7. Practical Behaviour Management Strategies**

Examples of positive behaviour support include:

### **Sharing and Turn-Taking**

- Supporting children with phrases such as:
  - “It will be your turn next.”
  - “Let’s take turns.”
- Using timers and visual prompts where appropriate

### **Tantrums and Frustration**

- Remaining calm
- Acknowledging feelings:
  - “I can see you’re upset.”
  - “It’s okay to feel frustrated.”
- Supporting the child to regulate emotions safely

### **Hitting, Biting or Pushing**

- Intervening immediately to keep everyone safe
- Using clear language:
  - “We use kind hands.”
  - “Hitting hurts.”
- Supporting the child to understand the impact of their actions
- Redirecting to a safer activity

### **Refusal to Follow Instructions**

- Offering simple choices
- Using positive language

- Providing clear expectations

### **Positive Behaviour**

- Giving specific praise:
  - “Thank you for sharing.”
  - “That was very kind.”
  - “Great listening.”

## **8. Supporting Emotional Development**

I actively support children to:

- Recognise emotions
- Name emotions
- Develop coping strategies
- Build resilience
- Develop empathy
- Show kindness and respect towards others

This is supported through:

- Play-based learning
- Everyday conversations
- Storytelling
- Positive role modelling
- Age-appropriate discussions about feelings

## **9. Bullying**

Bullying behaviour is extremely rare within the early years age group.

However, any behaviour intended to hurt, intimidate, exclude or repeatedly upset another child will be addressed immediately.

Children will be supported to:

- Develop empathy
- Show kindness
- Respect others
- Understand the impact of their actions

I will work closely with parents if concerns arise.

## **10. Consistency and Boundaries**

Children benefit from clear and consistent expectations.

I will:

- Set simple and age-appropriate rules
- Apply boundaries fairly and consistently
- Use routines to provide structure and security
- Give clear explanations
- Encourage children to make positive choices

Consistency helps children feel safe and understand expectations.

## **11. Physical Intervention**

Physical intervention will only be used when absolutely necessary to:

- Prevent injury to a child
- Prevent injury to another person
- Prevent serious damage to property

Any physical intervention will:

- Be proportionate
- Be used for the shortest time necessary
- Be recorded appropriately

- Be discussed with parents

Physical intervention will never be used as punishment.

## **12. Working in Partnership with Parents**

I believe positive partnerships with parents are essential in supporting children's behaviour and emotional development.

I will:

- Share information regarding behaviour where appropriate
- Discuss concerns openly and respectfully
- Work collaboratively with families
- Develop consistent behaviour support strategies where concerns arise
- Celebrate children's achievements and progress

Working together helps provide children with consistent support between home and the setting.

## **13. Ongoing Concerns**

If behaviour continues to be a concern:

- I will keep records of significant incidents
- Observe patterns and possible triggers
- Review support strategies
- Work closely with parents
- Seek advice from relevant professionals where appropriate through Achieving for Children or other support services

The focus will always remain on supporting the child's wellbeing and development.

## **14. Inclusion and Equal Opportunities**

All children will be treated fairly, respectfully and equally.

I will ensure:

- No child is discriminated against
- Behaviour support is adapted to meet individual needs
- Children's backgrounds, experiences and abilities are respected
- Additional support is provided where required

Behaviour expectations and support strategies will be adapted where appropriate to meet individual developmental needs, SEND requirements and additional needs.

## **15. What I Will NOT Do**

In line with EYFS requirements, I will never:

- Use physical punishment, smacking or shaking
- Humiliate, threaten or intimidate a child
- Shout at a child
- Use degrading treatment
- Isolate a child as punishment
- Use behaviour management techniques that could harm a child's emotional wellbeing

Children will always be treated with dignity and respect.

## **16. Monitoring and Review**

This policy will be:

- Reviewed annually
- Updated in line with EYFS requirements, legislation and best practice guidance
- Shared with parents and carers
- Used to support positive behaviour management within the setting

## **Final Statement**



At Joey's Childcare, I promote positive behaviour through nurturing relationships, clear boundaries, positive role modelling and support for children's emotional development. I aim to help every child develop confidence, resilience, self-regulation and respect for others in a safe, caring and inclusive environment where they feel valued and supported to thrive.

**Signed:** \_\_\_\_\_

**Date:** \_\_\_\_\_