

# Kaitlyn McKinney

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1965 Rodney Drive Los Angeles, CA 90027 | (512)825-6863 | kaitlyn@kaitmckinney.co  
DOB: 10/31/1999 | Height: 5'9" | Weight: 110 lbs | Hair: Blonde and Brunette | Eyes: Brown

Kaitlyn's passion for dance, anatomy, and community is the driving force behind her creative endeavors. She aspires to create work that connects performers and audiences with visceral movement qualities rooted in contemporary ballet technique and informed by anatomical and somatic knowledge. Kait is passionate about interdisciplinary collaboration and employing sustainable habits in her movement practice.

## Education

### **NATIONAL ACADEMY OF SPORTS MEDICINE CORRECTIVE EXERCISE SPECIALIZATION (2022)**

- Earned NASM-CES to supplement dance training & bodywork practice by studying anatomy of movement, injury prevention & corrective exercise techniques; gained a deeper understanding of human movement systems, proper training methods, &

### **PILATES MAT CERTIFICATION (2021)**

- Completed over 100 hours of training to achieve certification to teach pilates mat

### **CERTIFICATE IN APPLIED STRETCHING THEORY AND PRACTICE (2020)**

- Extensively studied anatomy, injury prevention, recovery and stretch methods to perform Proprioceptive Neuromuscular Facilitation (PNF)

### **CALIFORNIA INSTITUTE OF THE ARTS BFA (2017-2020)**

- Early graduate from the Sharon Lund Disney School of Dance, earning a Bachelor's degree in Fine Arts & minors in Humanities and Anatomy
- Studied under esteemed artists including Spenser Theberge, Yusha Sorzano, Dimitri Chamblas, Nina Flagg, Holley Farmer, Ariel Osterweis, Glen Eddy, Cynthia Young, Samuel Wentz, Josh Rose, Lucy Kerr, Pam Tanowitz, Louis McMiller, & Fiona Lummis
- Elected BFA Dance Student Advocate, member of CalArts Student Union, and chair holder on Sustainability Committee; became TA for core curriculum Anatomy for Dancers; Created the Dance Draw club at CalArts to encourage collaboration between dancers and animators

### **ROYAL DANISH BALLET SUMMER SCHOOL (2017)**

- Studied ballet, repertoire, pointe, pas de deux, and contemporary techniques at the Royal Danish Ballet in Copenhagen, Denmark

### **BALLET AUSTIN, JACKIE'S PERFORMING ARTS CENTER, BALANCE DANCE STUDIOS (2005-2017)**

- Over a decade of competitive dance training in ballet, modern, tap, jazz, contemporary, hip hop, pointe, and musical theatre

### **JAMES BOWIE SILVER STARS (2014-2017)**

- Three years of membership on highly awarded drill team, training in militaristic styles of dance; improved stamina, flexibility, discipline & movement accuracy. Elected to position of Senior Lieutenant, and placed first as a soloist at Marching Auxiliaries competition in 2016.

## Performance Experience, Awards & Honors

### **JAZZ @ LINCOLN CENTER (2023)**

- Performed choreography set by Louise Reichlin with LA Choreographers & Dancers in Booking Dance Festival, produced by Jodi Kaplan

### **LA CHOREOGRAPHERS & DANCERS- COMPANY DANCER & SOCIAL MEDIA MANAGER (SINCE 2022)**

- Since joining Louise Reichlin & Dancers, Kait has learned and performed repertoire in Los Angeles, New York City, Santa Barbara, Culver City, and San Pedro. The company produces and performs at festivals, tours to showcase repertoire, creates dance films, and performs for LAUSD.

### **'APOLOGIES' (2022)**

- Kait was selected to premier her first professional choreographic piece entitled 'Apologies' at the San Pedro Festival of the Arts. 'Apologies' is a duet in which the dancers explore contrasting feelings of guilt and forgiveness. A review of the duet was published by LA Dance Review.

### **NUNES & FLOCK CREATION PROGRAM AT ORSOLINA28 (2022)**

- Awarded a scholarship to attend a selective creation program held at the Orsolina28 grounds in Italy; hosted by Juliano Nunes, Florian Lochner, and Alice Klock. Involved in the filming of a special documentary about the creative processes at Orsolina.

### **'MS. MARIGOLD' & 'LIBERTE CHERIE' MUSIC VIDEOS (2022)**

- Starring dancer in two recent music videos for the superGOODthings band; involved dance improvisation at several locations

### **'WHIMS' MUSIC VIDEO (2021)**

- Choreographer, dancer, and movement director for Samara Bradley's "WHIMS" music video

## **COLLEGIATE PERFORMANCES- REPERTOIRE (2017-2020)**

- While studying at CalArts, Kait performed excerpts of "Falling Angels" by Jiri Kylian (set by Fiona Lummis), "FAR" by Wayne McGregor (set by Louis McMiller), and "Threat" by Yusha Sorzano (set by Yusha Sorzano). She performed at the Lund Theater, REDCAT venue in DTLA, LA Dance Project's performance venue, in front of the Walt Disney Concert Hall, and at the Hauser & Wirth gallery.

## **'PHYSICAL EDUCATION' AT LA DANCE PROJECT (2019)**

- Performed in two pieces ('Four Girl Trick' and another piece inspired by the ballet 'Les Noces') created by Lucy Kerr, MFA student at the California Institute of the Arts and artist in residence at LA Dance Project summer of 2019

## **'I'LL COME CLOSER, YOU STAY THERE' (2018)**

- Choreographed and performed an experimental solo at the CalArts Lund Theatre, under the direction of CalArts mentor Julie Bour. Collaborated w/ students of the Herb Alpert School to create music for the solo; designed the lighting and the costume for the solo as well.

## **TEXAS SOLO DANCE CHAMPION (2016)**

- Awarded the title of Texas Solo Dance Champion after competing a self-choreographed solo & winning 1st place at MA Competition in Austin

## **MACY'S THANKSGIVING DAY PARADE (2016)**

- Performed in the 90<sup>th</sup> Anniversary Macy's Thanksgiving Day Parade with Spirit of America Productions & The Muppets

## **ROCKETTES SUMMER INTENSIVE (2016)**

- Attended an intensive hosted by the Radio City Music Hall Rockettes in New York City; learned and performed repertoire; engaged in seminars held by trainers, nutritionists, and media consultants

## **AISD ALL-CITY DANCE TEAM (2015-2016)**

- Chosen to represent Austin Independent School District dance programs; performed in the Austin Dance Spectacular held annually at the Austin Performing Arts Center

## **TOKYO THE COMPANY (2014)**

- Performed in Tokyo the Company's showcase entitled "Where It Began" in September of 2014; studied under accomplished commercial dancers like Mollie Gray, DJ Smart, and Hamilton Evans in preparation of the showcase

## **ENCORE ELITE TEAM (2012)**

- One of fifty dancers chosen nationwide to perform the opening number for Encore's national competition and award ceremony in Las Vegas

## **Work Experience**

### **COMPANY DANCER & SOCIAL MEDIA MANAGER | LA CHOREOGRAPHERS AND DANCERS | APRIL 2022-PRESENT**

- working with esteemed choreographer and company director Louise Reichlin, performing modern dance pieces in theaters and at festivals around Southern California as a part of her modern dance company (LAC&D)
- social media manager since January 2023; administrative duties include editing performance footage & posting to company's social media, promoting upcoming shows, documenting rehearsals via video/photo media, organizing contact spreadsheets, & crafting the company's image

### **FLEXOLOGIST | STRETCH LAB | MARCH 2021-PRESENT**

- employing an understanding of anatomy, pilates, movement and recovery practices, and safe stretching techniques in order to assist and teach others about the benefits of flexibility and mobility

### **DANCE & PILATES MAT INSTRUCTOR**

- Kait began teaching dance in Austin, TX. She taught various youth classes and workshops throughout high school, and in college when she moved to LA. Post-grad Kait earned her certification to teach pilates mat and has since begun instructing adult classes for pilates and dance as well as youth dance classes. She currently teaches at Heartbeat House in Atwater Village, and was invited to teach for American Dance Training Camps (ADTC) in Lake Tahoe during the summer of 2022.

### **CHOREOGRAPHER**

- Kait's choreographic experience began in high school with choreographing for her own dance team, competing self-choreographed solos, and choreographing competitive pieces for dance studios in Austin, TX. More recently, she has choreographed several music videos. In September of 2022 she premiered her first professional length duet entitled "Apologies" at the San Pedro Festival for the Arts.

## **References**

**DIMITRI CHAMBLAS | CALARTS DEAN OF DANCE**

[dchambblas@calarts.edu](mailto:dchambblas@calarts.edu)

**LOUISE REICHLIN | LAC&D COMPANY DIRECTOR**

[louisehr@l choreographersanddancers.org](mailto:louisehr@l choreographersanddancers.org)