## ANYTIME IS A GOOD TIME – JUST START!

3 DAY DEVOTIONAL

By Jennifer Rodriguez

#### DAY 1

# THERE'S STILL TIME TO MAKE A PLAN

Can you believe January is here again? Everyone is rolling out their plans they have already worked on for this new year. However if you feel like you're not quite there yet, anytime is a good time to start. So even if it wasn't January, if it was later in the year, the point is just to start somewhere. Get yourself into plan mode and start utilizing any tools you already have available. I'm going to help you try to get on some kind of track for this new year. Here are 4 things to do to get you into plan mode.

- 1. Write it down.
- 2. Create a new mindset.
- 3. Pray and Fast over your plan.
- 4. Momentum.

So write it down. The Word of God says "And the Lord answered me, 'Write the vision; make it plain on tablets, so he may run who reads it'" Habakkuk 2:2 This verse explains that we need to write down our vision and then follow through on it. As we write it down, we can get the vision from our mind onto something tangible, be it paper or digital. This first action needs to happen. We need to be able to write it down so we can get the plan rolling in the right direction. If you never write it down, you're neglecting the future you've already seen in action mentally. It's time to write it down and get it moving.

When I say plan, this can be any type of plan. This is where our mindset begins to come into play with your plan. This plan could be opening a business or it can be changing your personal health plan. Nothing is too big or too small. Don't limit your vision in your mind. Allow your vision to come to pass yet protect your process and be patient with it.

Pray over your plan. Simple to say yet really take some time out to pray over it. Once you have it written out and your mindset is in agreement with what you have written, pray over it. Put your hand over your paper or computer and pray into it. Ask God to bless your plan and give you wisdom to walk through this new idea. When you decide to fast, fast however you choose to do so. It does not need to be extravagant, it just needs to be real.

The last thing you need to do is get the momentum moving with this plan. So this means you need to start creating mini plans that help to bring your plan to life. Create images with quotes, a social media page, a logo, work on getting a website going, etc...

Below is prayer to ask God to help you in these areas. If you need to pray it more than once, that is okay. Maybe you need to start by posting this prayer on your restroom mirror and repeating it every morning to help you move forward in your plan.

**PRAYER:** Dear God, I'm here with my plan. I have a vision and I want it to come into life. I declare that I will see my plan move forward with your hand over it and the wisdom you are giving me to do so. I'm excited about this plan and I know now is the time to complete it. Thank you for your grace and strength over this! In Jesus Name, Amen.

YOUR THOUGHTS:				

## DAY 2 BE FLEXIBLE

If there is one thing I want to stress, be flexible. Flexibility is so important to have when you're getting organized and moving your plan into action. Do not be so hard on yourself about your plan. Make sure that you can be okay with failure. Yes I said failure! Failure is to be utilized as a stepping stone, it is not the end.

Mistakes happen and your attitude matters over it. You will make mistakes when it comes to getting your plan in motion and even in the process overall. If you do not allow yourself to make mistakes, you will stop your plan in its tracks. You will not allow yourself to grow. So let your attitude be healthy.

What does a healthy attitude look like in this type of process? It means that you remain utilizing the fruit of the spirit in all areas. The fruit of the spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. (Galatians 5:22-23). This isn't easy to keep good fruit when you're working through a plan and something goes wrong. However, this is what I mean by being flexible.

We must stretch spiritually and mentally so that we can help our plan come into existence. Be patient and allow it to move in the way it should go. Some plans will move rapidly and others will take more time. Just remember to take one step at a time and not be so rigid.

**Prayer:** Heavenly Father,, thank you for your patience with me. May I also have patience with my plan just the same. Help me to use the fruit of the spirit so that I will not allow myself to get stuck to only one path. Tear down any walls I create that would not allow me to be flexible with mishaps or mistakes in this process. In Jesus Name, Amen.

YOUR THOUGHTS:				

### FOLLOW THROUGH

At this point, your plan has moved along with the ebbs and flows of transformation. Keep moving forward and follow through. In order to do so, you need two vital things consistency and discipline. Consistency and discipline will bring you to the finish line.

Your plan will come to life. You hold the power to bring it to life but you need to keep it in action. As you are consistent and disciplined, you will see the fruits of your labor. Nothing comes free and nothings comes easy. However, your labor will produce good fruit and the next time around it will give you the excited feeling of being easy.

Have you ever been through a transformation in life and you didn't see any results right away? If any of you have been a gym goer and you finally set yourself on the right path and stayed on the course, you know it didn't happen over night. It took consistency and discipline, a mindset of no matter how I feel I'm going to keep going.

Maybe your someone that had a financial goal and you were able to see it through. Or someone that had a career goal you wanted to achieve and you did it! Look at this plan the same way. No matter what new plan you are working on, you can achieve the same results and even more so! Just write it down, make it plain and run with it!

**Prayer:** Dear Lord, I declare that I will remain consistent and disciplined. I know this plan will come to completion! I am following your lead Lord! Thank you for always keeping your hand open and reaching out to me. I know I can follow through with your help! In Jesus Name, Amen.

YOUR THOUGHTS:				

#### **ABOUT THE AUTHOR**

Jennifer Rodriguez was born and raised in Southern California. God and family are vitally important to her. She loves singing and spending time with her buddy and only child, Gwyneth. Jen obtained her Bachelor's Degree from University of Phoenix in Information Technology - Visual Communication and studied shortly at San Diego State University. While at San Diego State University she was invited into the Scholars Without Borders Honor Society.

Jen believes in life long learning, and continues to pursue educational goals. She enjoys writing and encouraging others through her website and social media. A few of her hobbies include: Reading, music, and of course coffee.

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