

WRITTEN BY JENNIFER RODRIGUEZ

# SPRING UP

It's time to rise!

3 Day Devotional

**DAY 1**

# **FROM DARK TO LIGHT**

● **Isaiah 43:19:** *"See, I am doing a new thing! Now it springs up; do you not perceive it?" NLT*

Oh that lovely Spring Forward time of year. We're in March and it's already arrived! The time has sprung forward but have you? Are you allowing yourself to spring into the new things God has for you? Or you sitting around waiting for another sign? Now is the time to spring forward in life. It's time to rise up from the earth and break through that soil you've been planted in throughout the winter.

There is a process called Germination that happens in gardening. It is when a seed becomes a plant. The seed goes through a very thorough process of growth. It's not easy and its pretty ugly. It's in the dark, under dirt, and it has to grow to move itself into the light. All of this requires patience, the right hydration, good healthy environment and the seed cannot depend on itself. It must be cultivated and watered. If we compare ourselves to the seed, we would say that the seed is in a place of humility. It has a need that can only be met by trusting and receiving from it's authority or manager. This would be God for us.

In the process of germination the seed has to break apart and then grow downward (*britannica.com*). After that there is a shoot that emerges from the seed and grows upwards towards the light. This is when it breaks through the soil and begins to then become self sustaining. After a dark season, it should have developed good roots to be able to sustain itself once it arose from the ground. Isn't this process kind of like when we go through a lesson in life? The moments of life that are there to build our character. However, If we're not careful, we can stunt our own growth.

If the process of germination is not completed in the right environment, it will not produce a healthy plant. Factors for proper germination are Water, Temperature, Oxygen and Light. In our personal lives we could compare this to our daily

walk with God and how we cultivate it. Are we reading and applying God's word? Learning new things to bring our spirit into the right temperature? Breathing in the goodness of God and letting the negative out? Allowing the light in our lives and stepping out of dark places that need to be healed?

**PRAYER:** Dear God, thank you for my winter season. May I come from dark to light. Knowing that you are helping me reach new levels and heights. I will break through the soil of my life and allow you to move through me into a new environment! Amen!

## YOUR THOUGHTS:

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**DAY 2**

# **PLANTED AND ROOTED**

- **Colossians 2:7:** *"Let your roots grow down into him, and let your lives be built on him. Then your faith will grow strong in the truth you were taught, and you will overflow with thankfulness." NLT*

The process of Germination is pretty neat and detailed. We've learned about it in school but this refresher in this new context may help you see yourself in a different way. Being planted and rooted is apart of the process. This is the time to enjoy where you are planted and rooted. Really dig in to the soil you are currently in and receive it for what it is.

Soil isn't always pretty. There are so many different elements that soil is made up of. When I was growing strawberries and raspberries the soil had different attributes to it. It was mixed with all kinds of things and not just dirt. I added coffee grounds and egg shells as well to help produce a good harvest. These coffee grounds and egg shells were already used. Soil equals messy, not clear cut clean. Are you okay accepting the messy parts of your life? When a new season and level come into your path, are you willing to accept that it will look messy and be okay with it?

When we're planted in the messiness of life, our roots determine the harvest that will rise up. Are you going to let your roots be cultivated by God and follow in obedience to what He's requiring of your next steps? Or are you going to tell God what to do and let your roots wither in the wrong direction? I ask a lot of questions because I want you to be able to reflect and gain a self awareness of your own personal life. Can you be planted and rooted so you can spring up in due time? It's going to require authentic patience, you're going to have to be in a waiting period. Be planted, rooted, and then get ready to rise up!

**Prayer:** Heavenly Father, I choose to be patient in my planted and rooted process. I will allow myself to be cultivated so that a good harvest will reap in my life. Thank you for the messy parts of my life and using them for my good. Nothing is wasted in my life when you are directing it! In Jesus Name, Amen.

## YOUR THOUGHTS:

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**DAY 3**

**SHOOT  
THROUGH,  
RISE UP!**

● **Isaiah 60:1:** *"Rise up, shine, for your light has come!  
The glory of the Lord has risen upon you". NLT*

It's time! It's time to shoot through and rise up to your new season! Now this is going to require you to push yourself up through the dirt and into the new atmosphere. You're not just going to be held and pushed up. You need to work through the dirt and rise up toward the light! You have been given all the tools and resources for this new level. Many times you have received a Word from God from the Bible, a person, and maybe even a sign you asked for. How many times does God need to give so that you can actually do something about it?

Don't get lost in the cycle of asking and not believing. Your unbelief will kill your dream right before you push through the dirt. It can keep you stuck at the very edge of the top of the dirt right before you push through. Some people stay stuck in this position and have to cultivate a new process over again before they rise up. Don't do that to yourself. Trust and believe that God wants you to rise up to your new season. He will see you through and supply every need for it! Who are we to think we can control our next season even when it's coming from a good heart? Just because we can plan good things doesn't mean that's the way it will turn out. God's plans are greater than ours. We must not frame our next season so closed up in a box that we can not rise up to a higher purpose than the one we've already set for ourselves.

You ought to think highly of yourself while remaining humble. It's absolutely okay to know that you are a person of worth, value, and can reach goals higher than the ones you have set. The key is to keep trusting in God and not yourself. Remaining grateful everyday for the new season and victories! It's time to rise up! Start believing that you were created for more than you can even imagine! It may not look like you thought it was going to but you don't realize the impact you have on others with the life testimony you walk in today. You have no idea who's watching you and is able to

keep pushing through to the next day just because you're rising up!!

**Prayer:** *Dear Lord, I'm ready to rise up! I'm excited about this new atmosphere you have created for me. It's my time, it's my season! I declare that I will push through and not look back! I am rising up to all that you have for me! Amen!*

## YOUR THOUGHTS:

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# CITATIONS

Germination. (2025). Retrieved from <https://www.britannica.com/science/germination>

New Living Translation Bible. (2025). NLT Online. <https://nlt.biblegateway.com/>



# ABOUT THE AUTHOR

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Jennifer Rodriguez was born and raised in Southern California. God and family are vitally important to her. She loves singing and spending time with her buddy and only child, Gwyneth. Jen obtained her Bachelor's Degree from University of Phoenix in Information Technology - Visual Communication and studied shortly at San Diego State University. While at San Diego State University she was invited into the Scholars Without Borders Honor Society.

Jen believes in life long learning, and continues to pursue educational goals. She enjoys writing and encouraging others through her website and social media. A few of her hobbies include: Reading, music, and of course coffee.

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