



Miracles Health Care Center



EXAM

Initial Re-Exam

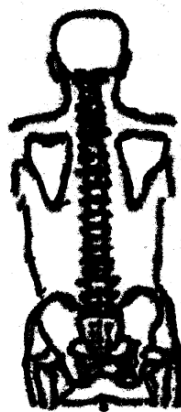
Physical Examination

Name: Last: _____

Date: _____

First: _____ M.I. _____

Chief Complaint: _____



Postural Analysis






Height: _____








Weight: _____

Sex: _____

Age: _____

Active Range of Motion

Cervical			Thoracic	Lumbar	
 Flexion (50°) _____ Extension (60°) _____	 Lateral Flexion (45°) L _____ R _____	 Rotation (110°) L _____ R _____	Flexion (60°) _____ Rotation (30°) L _____ R _____	 Flexion (60°) _____ Extension (25°) _____	 Lateral Flexion (25°) L _____ R _____

Orthopedic Examination Cervical				Orthopedic Examination		
 Foraminal Compression Test Nerve Root Compression Foraminal Encroachment Facet Pathology L R + + - -	 Jackson's Test Nerve Root Irritation/Compression L R + + - -	 Cervical Distraction Test Decreased Pain: = Rule Out Disc (MRI) Increased Pain: = Capsule Irritation = Muscle spasm L R ↑ ↑ ↓ ↓	 Shoulder Depression Brachial Plexitis Adhesions of Dural Sleeve L R + + - -	 Valsalva's Space Occupying Lesion + -	 Cough Test (Dejerine's) Herniated Disk, Tumor or Bony Closure + -	 Vertebral Artery Test Ruling Out Vascular Disorder L R + + - -



Miracles Health Care Center



EXAM

Initial Re-Exam

Reflexes

Grip Strength

 Toe Walk Integrity of Fibers from S1-2 Nerve Roots + -	 Heel Walk Lesion of the Fibers of L5 Nerve Roots + -	 Biceps C-5 L _____ R _____	 Brachia Radialis C-6 L _____ R _____	 Triceps C-7 L _____ R _____	 Patellar L-1 L _____ R _____	 Achilles S-1 L _____ R _____	 Grip L _____ R _____
--	--	--	--	---	--	--	---------------------------------------

Orthopedic Examination – Lumbar & SI (Supine)

 Lasegue's Test Sciatica from lumbosacral or Sacroiliac Lesions, Subluxation Syndrome, Disc Lesions, Spon- dyololsthesis, Adhesions, or VF Occlusion. L R + + - -	 Bragard's and Fajersztajn's Test (Affected Leg) (Well Leg) Nerve Root Irritation of the Sciatic Nerve L R + + - -	 Fabere-Patrick Test Hip Joint Disease Inflammatory Lesions L R + + - -	 Laguerrre's Test Hip Joint Lesions Sacroiliac Lesions Iliopsoas Muscle Spasm L R + + - -	 Iliac Compression Sacroiliac Lesions Sprain Posterior Sacroiliac Ligaments SI Subluxation L R + + - -	 Lewin-Gaenslen's Test Sacroiliac Lesions L R + + - -
--	---	--	---	--	--

Orthopedic Examination – Lumbar & SI (Seated and Prone)

 Bechterew's Test <u>Unilateral Leg</u> = Nerve Root Adhesions, Sciatica, Disc Lesions, Spasm, Subluxation <u>Bilateral Legs</u> = Lumbar Disc and/or Lumbar Nerve Root L R + + - -	 Kemp's Test <u>Flexion</u> with Radiating Pain = Disc Lesion/ Protrusion <u>Extension</u> with Localized Pain = Facet Syndrome + -	 Nachlas' Test Lumbosacral Disorder/Lesion Sacroiliac Disorder/Lesion L R + + - -	 Ely's Sign Hip Lesions (Misalignment, OA, TB, Subluxation) Anterior Thigh Pain = Lumbar Nerve Root Adhesions = Iliopsoas L R + + - -	 Hibb's Test Differentiate Sacroiliac / Hip Lesions Piriformis Muscle Sciatic Nerve Impingement L R + + - -	 Yeoman's Test Sacroiliac Lesion Sprain Anterior Sacroiliac Ligaments L R + + - -
--	--	---	--	---	--

Doctor's Notes: _____