





## Your Present State of Health / Ill Health Present /Current Complaint: \_\_\_\_\_ When did you first notice this complaint? \_\_\_\_\_ How would you describe the pain? (check any that apply) ☐ SHARP ☐ DULL ☐ DEEP ☐ SUPERFICIAL ☐ STABBING ☐ TINGLING ☐ BURNING ☐ SHOOTING ☐ CONSTANT ☐ NUMBNESS ☐ EPISODIC ☐ INTERMITTENT ☐ OTHER (describe) \_\_\_\_ Level of Pain: (Please circle the number that best describes your level of pain) 3 4 5 6 7 8 9 10 Moderate Extreme Pain Does the pain travel into either your arms or legs? $\square$ Yes $\square$ No $\square$ Arms $\square$ Legs If yes, how far down the arm or leg does it travel? \_\_\_\_\_\_ Does anything make it worse? \_\_\_\_\_ Does anything make it better? Is there a time of day that it is worse? \_\_\_\_\_ Is the condition getting progressively worse? Have you seen other professionals for this condition? \_\_\_\_\_\_ Are there any home remedies that you find helpful? \_\_\_\_\_\_ Are you taking any over-the-counter medications for this? Describe any other related symptoms that you have in connection to this condition, (ie. digestion, and/or bowel activity?)\_\_\_\_\_ Are you currently under medical care? Yes □ No Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Doctor's Signature: Date: