



5 Truths to Replace the lies:

A Crowned Woman's
Guide to Identity



Lie #1:

“I’m not enough.”

Truth:

I am complete in Christ

📖 Colossians 2:10 – “...you have been made complete in Him.”



🕊️ You don’t have to hustle for worth. In Christ, you are already whole. Every crack and imperfection becomes a testimony to His grace.



Lie #2:

“I have to prove my value.”

Truth:

I am Chosen, not earned

📖 1 Peter 2:9 – “You are a chosen people, a royal priesthood...”



🌿 God doesn't ask you to earn a spot at the table. He invites you to come as His daughter—crowned and called.



Lie #3:

“My past defines me.”

Truth:

I am a new creation

📖 2 Corinthians 5:17 – “If anyone is in Christ... the old has gone, the new is here!”



🕊 Your past is not your prophecy.
God is not holding it over your head
—He’s rewriting your story.




Lie #4:


“I have to hold it all together.”

Truth:

God is my strength

 Psalm 46:1 – “God is our refuge and strength, an ever-present help in trouble.”



 You don't have to be the glue. Let God be the steady hand that carries you when you can't carry it all.



Lie #5:

“I’m too broken to be used.”

Truth:

*I am crowned with love
and mercy*

📖 Psalm 103:4 – “...who redeems
your life from the pit and crowns
you with steadfast love and
mercy.”



🌸 Your crown wasn’t placed on a
perfect head—it was placed on a
redeemed one. You’re not
disqualified. You’re His.



These truths aren't temporary affirmations—
they're your birthright in Christ. You've been
crowned not because of what you've done, but
because of whose you are.

Want More?

Follow along for devotionals, resources, and
truth-filled encouragement to help you unmask
the lies and walk in your calling.



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