

Welcome – Virtual Meeting Tools

- **Rename, Add Phone Number, #Hashtag**
 - @ Three Dots . . . Top Right on Thumbnail
- **On the Phone?**
 - * 6 to Mute and Unmute
 - * 9 to Raise Your Virtual Hand
- **Direct Chat for help/information**
 - Host/Cohost for tech support
 - Liaison for AA support

Note:
Phone Numbers,
'Liaisons,' &
#Temporary Sponsors

In the Reactions Tab =

- Raise & Lower Virtual Hand
- Non-Verbal Emoji Reactions

Twelve Traditions of Alcoholics Anonymous

1. Our common welfare should come first; personal recovery depends upon A.A. unity.
2. For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for A.A. membership is a desire to stop drinking.
4. Each group should be autonomous except in matters affecting other groups or A.A. as a whole.
5. Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.
6. An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.
7. Every A.A. group ought to be fully self-supporting, declining outside contributions.
8. Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

A.A. Preamble©

Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking.

There are no dues or fees for A.A. membership; we are self supporting through our own contributions.

A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

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Twelve Steps of Alcoholics Anonymous

1. We admitted we were powerless over alcohol—that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God, as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these Steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

The Promises*

If we are painstaking about this phase of our development, we will be amazed before we are halfway through.

We are going to know a new freedom and a new happiness.

We will not regret the past nor wish to shut the door on it.

We will comprehend the word serenity and we will know peace.

No matter how far down the scale we have gone, we will see how our experience can benefit others.

That feeling of uselessness and self-pity will disappear.

We will lose interest in selfish things and gain interest in our fellows.

Self-seeking will slip away. Our whole attitude and outlook upon life will change.

Fear of people and of economic insecurity will leave us.

We will intuitively know how to handle situations which used to baffle us.

We will suddenly realize that God is doing for us what we could not do for ourselves.

Are these extravagant promises? We think not.

They are being fulfilled among us – sometimes quickly, sometimes slowly.

They will always materialize if we work for them.

Go to Reading

Website: JustForTodayAA.com

- **For Newcomers**
- **Contact /Sign-Up to Chair**
- **Bulletin Board/Anniversaries**
- **Safety in AA**
- **JFT Business and AA Service**

7th Tradition

Every A.A. group ought to be fully self-supporting, declining outside contributions.

Please see www.justfortodayaa.com for directions on how to contribute to the 7th Tradition via check or PayPal.

**Please join us
for Chip Day—
every Friday!**

**Reminder: Please keep your
shares to 2-3 minutes.**

Review Reading

Website & Email Addresses

- # for Temp Sponsors
- Via Website: www.JustForTodayAA.com
 - Opt-In to Member/Contact Lists;
 - Sign-Up to Chair JFT Virtual;
 - Scripts / Directions for Chairs & Hosts;
 - Bulletin Board & E-Anniversary Cards;
- Email JFTcontactlist@gmail.com to join JFT or receive group email
- Email JFTsecretary@gmail.com with any meeting-related questions

