

AFL PROGRAM @TEMPLESTOWE VALLEY PS

Tiny
Champs

TERM 2 2025
TUESDAYS 3:30PM-4:30PM

**AGES 5-10 YEARS OLD FOR
BOTH GIRLS & BOYS**

Running every Tuesday after school for 1 hour, this fun and energetic program helps kids develop their AFL skills through a holistic approach to sport with engaging activities and teamwork. Our weekly sessions focus on building confidence, coordination, and a love for the game, all while having a blast with friends on the field!

- ✓ Fundamental AFL skills
- ✓ Footwork exercises
- ✓ Strategy & teamwork exercises
- ✓ Fun movement games
- ✓ Mindfulness



HOLISTIC SPORTS COACHING WITH COACH SIMONE

Registration via
our website



10 Week Program
April 22nd - July 1st

\$25 per session, pro-rated if
registered after the term
starts; full term payment
required upfront, no single
class bookings.

**More Information Contact
Coach Simone :**

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