

# Electrolysis

The only proven form of permanent hair removal.

5 Minutes.....	\$13
10 Minutes.....	\$20
15 Minutes.....	\$25
20 Minutes.....	\$29
25 Minutes.....	\$35
30 Minutes.....	\$40
45 Minutes.....	\$53
60 Minutes.....	\$65

# Waxing

Prices are quoted for average hair removal. In some instances there may be a slight change in pricing.

Arch.....	\$15
Chin.....	\$11
Neck .....	\$21
Face .....	\$30
Face plus Arch .....	\$40
Upper Lip.....	\$11
Underarms.....	\$22
Full Arms.....	\$42
Half Arms.....	\$26
Full Leg w/ Bikini.....	\$87
Half Leg w/ Bikini.....	\$59
Full Legs.....	\$70
Half Legs.....	\$44
Bikini.....	\$27
Bikini Plus.....	\$30-40
Back .....	\$55
Chest.....	\$55

Complimentary consultations are available with any service. Please request one when booking to ensure adequate time is scheduled.

**If you use any prescription skin care product, please advise the esthetician before service.**

When able we are always happy to accommodate walk-in clients.

# Hand & Foot Care

## Full Salon Pedicure

Includes exfoliation, nail and cuticle care, foot and leg massage .....\$45

## Spa Pedicure

Salon pedicure plus foot mask .....\$50

## Express Pedicure

This is a great “maintenance” pedicure. There is no exfoliation or leg & foot massage. Toenails are trimmed and polished .....\$30

## Manicure

Nails are expertly filed; cuticles are pushed back. Hands and arms are massaged.....\$20

## Shellac Gels

A dry manicure with minimal cuticle work that may last up to two weeks.....\$35

## Miscellaneous Add-Ons

Polish Change .....	\$10
Add a French .....	\$5
Shellac Additives .....	\$5
Nail repair .....	Cost Varies
Shellac Removal .....	\$5
10 Minute Reflexology or Foot Massage.....	\$10

## CALL FOR FURTHER INFORMATION

### Spa Parties

Book your spa party with us!  
Speak to our office staff for help planning your event.

### Gift Certificates

Always the right size and color!  
Call to order with your credit card.

### Email & facebook

Join our email and facebook for additional savings.  
We offer a 10% discount to clients 62 and older and full-time students Tuesday—Thursday!

A 24 hour cancellation notice is expected. If you are late for your appointment, the full price for the service will be charged.

# The Day Spa at Salon Elizabeth

*Skin Care—Body Care  
Electrolysis—Hand & Foot Care*

**586-264-3820**

thedayspaatsalonelizabeth.com  
dayspaatsalonelizabeth@gmail.com

35129 Dodge Park Rd.  
Sterling Heights, MI 48312

## HOURS

Tuesday 9-7  
Wednesday 9-6  
Thursday 9-7  
Friday 9-7  
Saturday 9-4



## Evenings by Appointment

Our hours are determined by bookings.  
Please call to ensure we are open.

# Massage Therapy

## Swedish Massage

Focuses mainly on the superficial muscles utilizing a lighter touch with long, flowing strokes and light to medium pressure throughout the massage.

60 Minutes.....\$65  
90 Minutes.....\$95

## Deep Tissue or Therapeutic Massage

Focuses mainly on deeper muscles, plus superficial ones, using deeper pressure and techniques to soften deeper underlying muscle tissues.

60 Minutes.....\$75  
90 Minutes.....\$105

Any of the above massages (30 Minutes).....\$45

## Rejuvenating FaceLift Massage

Great for sinus pressure, fluid retention in the face and stimulation of the deeper muscles for the face.

45 Minutes.....\$50

## Stone Massage

Smooth, rounded, basalt stones are heated and placed on pressure points and used to massage each muscle group for a deeper, more relaxing experience. (Not recommended for clients who are pregnant or have blood pressure problems.)

60 Minutes.....\$100

Add limited stone work to any massage.....\$10

## Craniosacral Therapy

CST is a gentle, relaxing technique on the sacrum, spine and head to release compression and reduce stress, anxiety and pain. Ask for a brochure.

30 Minutes .....\$45  
60 Minutes.....\$65

## Reiki "Energy Work"

Reiki is a gentle, yet powerful alternative to other forms of bodywork that provides deep relaxation. It is suitable for those with a painful condition, who are pregnant or who prefer not to undress.

30 Minutes .....\$35  
60 Minutes.....\$60

## Reflexology

Manipulation of the feet promotes physical, mental and emotional balance and improves energy levels

30 Minutes.....\$40  
45 Minutes (includes a masque).....\$45  
15 Minute add-on to another service.....\$15

## Aromatherapy Foot Massage

30 Minutes.....\$40

# Body Care

## Body Scrub

Unique scrubs remove the unwanted cellular debris, leaving your skin looking and feeling healthier, and nourish and soften instantly.....\$60

## Hot Oil Body Wrap

Begins with a soft brush exfoliation followed by warm essential oils applied on the body. A cocoon wrap and warming blanket create a tranquil experience and leave the body soft and hydrated .....\$60

## Hot Stone Back Facial

Includes exfoliation, extractions if necessary, mask and hot stone massage.....\$75  
Without Stones .....\$70

## Therapeutic Scalp Massage

A great way to relax. Increases circulation, releases endorphins, reduces stress.

30 Minutes.....\$45  
With High Frequency.....\$55

# Eye Enhancements

## Tinting

Enhance your brows & lashes by tinting. A temporary solution to a permanent problem...

Lash Tint.....\$25  
Brow Tint.....\$20

## Get both and save!

Lash & Brow Tint .....\$40

# Eye & Lip Treatment ...with collagen mask

## Minimize fine line & soothe tired, puffy eyes!

Both beneficial and soothing, our Iontosonic Massager increases product effectiveness, stimulates circulation, and improves skin's firmness and elasticity.

As a stand alone.....\$17  
Added to a facial .....\$12

Many treatments work best in a series of 3 or more.  
Purchase 3 services of \$50 or more and save 10%.

# Facial Care

## Full European Style Facial

Includes exfoliation, deep pore cleansing, massage, masque and hand treatment.....\$70  
With specialty ampoule.....\$85

## Signature Iontosonic Treatment

Ultrasonic and galvanic currents help diminish acne, scarring, hypo-pigmentation, rosacea, and signs of aging, and infuse Vitamin C. Extractions if necessary.  
30-40 Minutes .....\$75

Other ampoules may be used for an additional cost.  
Ask your esthetician about our add-ons.

## Add-Ons to Boost Iontosonic or Facial

Deep Sonic Lift.....10 Minutes.....\$10  
Rejuvalight .....10 Minutes.....\$10  
High Frequency .....10 Minutes.....\$10  
Massage with Iontosonic.....\$10  
Exfoliating Foot Treatment.....\$12  
Spot Peel .....\$15 and up

Ask your esthetician about the benefit of extending any of these add-on services!

## Express Facial

Exfoliation, mild pore cleansing, mask.....\$50

## Gentleman's Facial

Thorough cleansing, exfoliation, pore cleansing, relaxing massage, mask.....\$70

## Teen Facial

Deep cleansing, exfoliation, mask.  
30 Minutes.....\$50

## Dermaroller Treatments

Generates the production of new collagen and skin tissue for smoother, firmer, more toned skin. Benefits wrinkles, pores, pigmentation and more.

Cleanse/toner/exfoliate, dermaroller, ampoule serum applied with galvanic, Rejuvalight, masque.....\$80  
With peel.....\$95

## Premier Peel

Powerful, yet gentle, selected to meet your skin care needs. Peels exfoliate and stimulate, remove outer layers of the skin leaving a brighter, fresher, more even appearance behind.

Face, neck and décolletage.....\$85  
Series of three.....\$230

## Customized Peel — Face or Neck & Décolletage

30 Minutes.....\$55  
Series of three.....\$150