

	Morning	Afternoon	Evening
Monday	Weekly BellyFit Sage - Age UK 9:45am to 10:45am	Weekly Castleside Village Crafters 1:00pm to 3:00pm	
Tuesday		Weekly Beginners Art 1:15pm to 3:15pm	Weekly Village Sewing Bee 5:30pm to 7:00pm
Wednesday	Weekly Yoga with Jacqui Gunnion 9:30am to 10:30am	Weekly Indoor Bowls 1:00pm to 3:00pm	2nd Wednesday of the month WI (Women's Institute) 7:00pm to 9:00pm
Thursday	Weekly Exercise by Music - Age UK- Gentle Seated Exercise 10:30am to 11:30pm	Weekly Welcome Space / Soup & a Chat 10:00am to 2:00pm	Last Thursday of the month Parish Council meeting 7:00pm to 9:00pm
Friday			
Saturday	Monthly Artisan Craft Market & Coffee Morning 10:00am to 2:00pm Usually last Saturday of the month. Check out the Events page for confirmed dates.		
Saturday / Sunday	Monthly Upcycle workshops 10:00am to 1:00pm Check out the Events page for confirmed dates.		