



# Terms and Conditions ("Terms")

Last Updated: February 10, 2026

## 1. Introduction

Welcome to Frelsi Health's website ("Company," "we," "us," or "our"). By accessing or using our website, [www.frelsihealth.com](http://www.frelsihealth.com) (the "Site"), you ("User," "you," or "your") agree to be bound by these Terms and Conditions. If you disagree with any part of these terms, you must not use our website.

## 2. Intellectual Property Rights

Unless otherwise stated, Frelsi Health and/or its licensors own all intellectual property rights and materials contained on this Site, including logos, text, graphics, and images. You are granted a limited license only for purposes of viewing the material contained on this Site.

## 3. Restrictions

Users are generally restricted from activities such as publishing website material, selling or sublicensing content, damaging the website, or engaging in data harvesting.

## 4. User-Generated Content

Users who submit content grant the company a broad license to use and distribute it, and warrant that their content doesn't infringe on third-party rights.

## 5. "As Is" Disclaimer

The website is provided "as is," without warranties, and the company makes no guarantees about the materials on the site.

## 6. Limitation of Liability

The company and its personnel are not liable for any issues arising from your use of the site.

## 7. Indemnification

Users agree to protect the company from liabilities, costs, and expenses resulting from their breach of these Terms.



#### 8. Changes to Terms

The company may change these Terms at any time, and users should review them regularly.

#### 9. Governing Law

These Terms are governed by the laws of the United States of America, and disputes will be resolved in the courts of Cedar Falls, Iowa.

#### 10. Contact Information

For questions about these Terms, contact [jenRN@frelsihealth.com](mailto:jenRN@frelsihealth.com)

Frelsi Health, LLC - Established January 2023  
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NOTICE: Frelsi Health, LLC consultations and/or nutritional advice is not intended to be a substitute for professional medical diagnosis or prescription. The recommendations are not intended to diagnose, treat, cure or prevent any medical condition. Always consult the advice of your primary medical physician with any questions you may have about lab results, nutritional supplementation, or dietary alterations. Never disregard professional medical advice or delay seeking treatment because of information or suggestions from your consultation & educational communications with Frelsi Health LLC.