

OCTOBER WEEKLY EVENTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9-12: So-Sew	9-12: So-Sew	9-12: So-Sew	9:00 Cards/Games	9:00 Stretch & Tone \$3
<u>9:00: Chair Yoga for Better Balance \$5</u>	<u>9:00 Ceramics \$3</u>	9:00 Computer help August 5 & 19	9:00 Low Impact Aerobics	9:00 Rummikub
9:30 Woodworking	9:00 Low Impact Aerobics	9:15 Woodworking	9:30 Woodworking	9:30 Woodworking
10:00 Mahjong Open Play. Sign up required. No walk ins please.	9:00 Rummikub	<u>10:00: Line Dancing \$2</u> No Oct. 21	10:00 Intermediate Tai Chi	10:00 Meditation
<u>10:15 Tap \$7</u>	9:30 Woodworking	10:00: Living with Diabetes. FREE. Sign up in office.	10:00 Five Crown	10:00 Rummikub
<u>11:30 Jazz \$7</u>	11:00 Resistance Exercise	<u>11:15 Chair Stretch \$3</u> No Oct. 28	<u>11:00 Chair Stretch \$3</u> No Oct. 29	NEW NAME & TIME 10:30-12 Senior Support Network <i>*formerly Senior Outreach</i>
12:15 Lunch	12:15 Lunch	12:15 Lunch	12:15 Lunch	11:00 Resistance Exercise
12:30 Billiards	12:30 Billiards	12:30 Billiards	12:30 Billiards	12:15 Lunch
<u>1:00 Chair Stretch \$3</u>	1:00 Euchre	1:00 Mahjong Open Play. Sign up required. No walk ins please.	1:00 Bridge	12:30 Tabletop Shuffleboard
1:00 Pinochle	1:30 Indoor Horseshoes	1:00 Bridge	1:15 FREE Bingo with prizes	1:00 Pinochle
1:00 Shuffleboard	3:00 Movie	<u>1:00 Watercolor \$12</u>		1:00 Dominoes
	5:00 Dinner	1:00 Hand & Foot/Canasta/ Rummikub/5 Crown/Euchre		
	5:30 Pinochle	<u>2:30 Zumba \$5</u>		
	6pm Oil Paint Class			

These classes are FREE to all current members unless a fee is noted next to the class. Signing up in advance is not required unless noted otherwise. All activities are subject to change and cancellation. If a class is cancelled it will be noted at the main entrance as soon as we are notified. Classes that require payment can be paid to the instructor on the day of the class, cash or check (payable to Clarence Senior Center) or sign up in office if indicated.

AFTERNOON MOVIES

Tues. Oct. 6 @ 3pm: 9 to 5: The 1980 comedy starring Dolly Parton that follows three female office workers at Consolidated Industries who band together to get revenge on their sexist, egotistical boss. Also starring Jane Fonda, Dabney Coleman, and Lily Tomlin

Tue. Oct. 13 @ 3pm: Steel Magnolias: Set in small-town Chinquapin, Louisiana, the play centers around the lives of six women who regularly gather at Truvy's beauty salon, a social hub where they share laughter, joys, and sorrows from their everyday lives. Starring Sally Field, Dolly Parton, Shirley MacLaine, Daryl Hannah, Olympia Dukakis, and Julia Roberts.

Tues. Oct. 20 @ 3pm: No Movie

Tues. Oct. 27 @ 3pm: The Natural: Starring Robert Redford as Roy Hobbs, a baseball prodigy whose early career is cut short by a mysterious shooting, only for him to return years later as a middle-aged rookie aiming for greatness. The movie was filmed extensively in Buffalo and surrounding Western New York areas during the summer of 1983.