

WEEKLY ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00: Fiber Arts	9:00: Cards/Games	9:00: Fiber Arts	9:00: Cards/Games	9:00: <u>Stretch & Tone \$3</u>
9:30: Woodworking	9:00: <u>Ceramics \$3</u>	9:00: Computer help <i>Dec. 18</i>	9:00: Aerobics	9:00: Rummikub
10:15: <u>Tap \$7</u>	9:00: Rummikub	9:15: Woodworking	9:30: Woodworking	9:30-11:00: Senior Outreach
11:30: <u>Jazz \$7</u>	9:30: Woodworking	9:30: <u>Line Dancing \$2</u>	10:00: Intermediate Tai Chi	9:30: Woodworking
12:15: LUNCH	11:00: Resistance Exercise	11:00: <u>Arthritis Exercise \$2</u>	10:00: Five Crown	10:00: Meditation
12:30: Billiards	12:15: LUNCH	12:15: LUNCH	11:00: Stretch Yoga w/ Teri Tubbs	10:00: Rummikub
1:00: Pinochle	12:30 Billiards	12:30: Billiards	12:15: LUNCH	11:00: Resistance Exercise
1:00 Shuffleboard	1:00 Euchre	1:00: <u>Tai Chi with Scott \$10</u>	12:30: Billiards	12:15: LUNCH
	1:00 Scrabble	1:00 Bridge	1:00: Friendly Pinochle	12:30: Tabletop Shuffleboard
	1:30 Indoor Horseshoes	1 :00 <u>Watercolor \$12</u>	1:00: Bridge	1:00: Pinochle
	5:00 Dinner	1:00 Hand & Foot/ Canasta/Rummikub/ Five Crown/Euchre	1:15: <u>Bingo</u> <i>Boards .50 cents</i>	1:00: <u>Zumba \$5</u>
	5:00 Pinochle	2:30 <u>Zumba \$5</u>	1:00: Shuffleboard	1:30: Dominoes

Please note: Arthritis Exercise will now cost \$2 per person, per class. Thank you.

**CENTER CLOSES at
4pm on Thursdays in
December**

These classes are free to all current members unless a fee is noted next to the class. Signing up in advance is not required unless noted otherwise. All activities are subject to change and cancellation. If a class is cancelled it will be noted at the main entrance as soon as we are notified. Classes that require payment can be paid to the instructor on the day of the class, cash or check (payable to Clarence Senior Center).