



The Silver Streak

Clarence Senior Center Newsletter

HOW TO REACH US

4600 Thompson Road
Clarence, NY 14031

716-633-5138
clarenceseniorcenter.org

BUSINESS HOURS

MONDAY

9:00am- 4:00pm

TUESDAY

9:00am- 8:00pm

WEDNESDAY

9:00am- 4:00pm

THURSDAY

9:00am- 8:00pm

FRIDAY

9:00am- 4:00pm

We are CLOSED:
November 11, 28 & 29



Embrace Life.



Stay Connected.

OUR MISSION

The mission of the Clarence Senior Citizens, Inc. is to provide social, recreational, educational, and nutritional programs, as well as opportunities for volunteerism, to persons in the community who are age fifty-five and older.



NOVEMBER 2024

HOW TO REACH US**CLARENCE SENIOR CENTER**

4600 Thompson Road, Clarence, NY 14031

PHONE: 716-633-5138**FAX:** 716-406-2604**EMAIL:** csci@clarenceselectorcenter.org**WEBSITE:** clarenceselectorcenter.org**Heather Kraemer** Executive Directorheather.kraemer@clarenceselectorcenter.org
716-633-5138**Nicky Geiger** Program Coordinatornicky.geiger@clarenceselectorcenter.org
716-633-6005**Katie Macre** Office Administratorcsci@clarenceselectorcenter.org
716-633-5138**Office Staff** Joyce DePronio, Carol Serviss,
Rita Wascak**Bookkeeper** Carolyn Giovino**Food Service Manager** Stephanie Caparco**Shuttle Drivers** Fran Dougherty, Billie Held,
Mike Nicometi**Lori Adams** Chair, Board of Directors**Daniel Michnik** Councilman/Town Liaison**Erie County Senior Services
is here to help you!**

Call 716-858-8526 for assistance with
applying for entitlements & benefits
(HEAP, SNAP, etc.), insurance coverage questions,
health insurance review, budgeting & financial
stability, housing info, Medicaid applications & more.



FeedMore WNY's Home Delivered Meal Program (also known as Meals on Wheels) is looking for volunteer substitute drivers and servers. If you are interested in volunteering to help deliver meals to neighbors in the Clarence community, please contact Heather Sabers at 716-633-9783. Volunteers arrive at the Clarence Senior Center at 11am and are finished by 1pm.

Message from Heather, CSC Executive Director

As the holiday season quickly approaches, we are looking forward to many fun upcoming November events here at the Center! Along with our weekday events and activities, we will be open on Sunday, November 3 for a tailgate party to watch the Bills "Squish the Fish". Then we are hosting our Shop-a-Latte Holiday Shopping event on Saturday, November 16. Also, don't forget to sign up for our Holiday Party at Ripa's on Wednesday, 12/11 from 1-5pm. See page 5 for details.

We are also excited to announce that we'll be launching a NEW website very soon! We have been working to make a user friendly, up to date and informative site, with lots of info about all the happenings around the Center. **The new website address will be www.thecsci.org.** We will let you know when the site is ready! Stay tuned for more info!

IMPORTANT NUMBERS

AARP.....	800-424-3410
Community Education	716-407-9001
EPIC Hotline	800-332-3742
EPIC Online Application: nyepic.primetherapeutics.com	
Erie County Adult Protection	716-858-6877
Erie County Senior Services	716-858-8526
Clarence Library	716-741-2650
Meals on Wheels	716-633-9783
Parks Department	716-741-8927
Post Office (Main Street)	716-759-1243
Senior Citizen's Helpline	800-342-9871
Social Security	800-772-1213
State Police	716-759-6831
Town Clerk	716-741-8938

TRANSPORTATION SERVICES

Transportation is available to members who are residents of Clarence on a first call, first reserved basis, Monday-Friday, 9am-3pm. Call **716-633-5138** to make or cancel a reservation. Suggested donation is \$2 round trip to help defray costs fuel costs and is greatly appreciated. *We do not provide transportation to medical appointments.*

**ALL RESERVATIONS MUST BE MADE
24 HOURS IN ADVANCE!**

SHOPPING TRIPS: available 4 afternoons a week.
Limit 2 bags or as much as you can personally carry.
Van leaves Center at 1pm. You can spend 1 hour at the store, then you will be taken home.

**Mondays Walmart, Tuesdays Tops
Wednesdays Wegmans, Fridays Aldi's**

**OTHER TRANSPORTATION SERVICES:
RURAL TRANSIT: 716-565-3323
ERIE COUNTY GOING PLACES 716-858-7433**



Rural Transit Service



THIS MONTH

FRI. NOV. 1 - NATIONAL CINNAMON DAY & NATIONAL JERSEY DAY!

10:30am: Cinnamon Buns made by Stephanie
(while supplies last)

1:00pm: University Express: The Sicily I Know
See pg. 10.

SUN. NOV. 3

1:00pm: Squish the Fish Tailgate Party: Watch the Bills vs. Dolphins game at the Center. Doors open at 12:30. Sign up in office. **Cost: \$6 members/\$8 non-members.** See page 5.

MON. NOV. 4

9:00am: Batavia Casino: Bus departs at 9am. Please park along grass away from building.

10:30am: **Paula's Donuts** Join us for donuts made with love, coffee & conversation!

1-3:00pm: Fiber Arts November project

1:15pm: Greeting Cards: Make beautiful one of a kind greeting cards. Diane Carr will assist you in making 2 cards. Sign up in office. **Cost: \$6.00**

1:30pm Book Club: Join Barb Feidner to talk about the book of the month: *The House on Mango Street* by Sandra Cisneros. December's book will be *The Spectacular* by Fiona Davis.

TUE. NOV. 5 - ELECTION DAY The Center is a polling location and will be open for all activities, however, there will be **no resistance exercise today** because the room will be used for voting.

THU. NOV. 7

12:15pm: Veterans Day lunch. See menu pg. 7.

FRI. NOV. 8

10-12:00pm: United Healthcare Medicare Advantage Information Meeting. See pg. 10.

1:00pm: University Express: Balance is Key: A Guide to Fall Prevention. See pg. 10.

MON. NOV. 11: VETERANS DAY. CENTER CLOSED.



TUE. NOV. 12

10:00am: Craft with Candy: Join Candy McCulloch to make a holiday swag similar to the picture at left. A beautiful decoration for your door, next to your fireplace or to make for a friend or family member! All supplies provided. Reservation required. Sign up in office. **Cost: \$8-10**

1-3:00pm: Healthcare Forum. See pg. 10.

4:00pm: University Express: CBD Wellness. See pg. 10.

6:00pm: Bingo Bash: Join us for bingo. Prizes for the winners!

WED. NOV. 13 - FRI. NOV. 15

Oglebay Festival of Lights, Wheeling, WV Trip: Please park along grass away from building.

9:00am: Computer help: Dave Schupp will be available to help members with their computer questions.

10-12:00pm: Fiber Arts November project

THU. NOV. 14

10:30am: Music & Pastries: Join us for some delicious pastries & listen to live music played by local musicians.

FRI. NOV. 15 NO ZUMBA

SAT. NOV. 16

10am-2pm: Shop-A-Latte Holiday Shopping Event: Support local vendors and artisans. FREE entry for shoppers. Food & refreshments available for purchase. See page 5.

MON. NOV. 18

10:30am **Paula's Donuts**
Made with love

1-3:00pm: Fiber Arts November project

TUE. NOV. 19

3:00pm: Movie - See pg. 7 for details.

5:00pm: Pot Luck Dinner Sign up in office and let us know what delicious dish you will be bringing.

THU. NOV. 21

5:00pm: CSC Diners at Italian Village: See pg. 5.

6:00pm Candy Bingo w/ the Youth Bureau: FREE event. See pg. 5. Call 716-633-5138 to sign up.

FRI. NOV. 22

12:15pm Friendsgiving Lunch: Enjoy Roast beef sandwich, roasted potatoes, peas, pie plus live music from the Hastings Duo & basket raffle. Sign up in office. **Cost \$5.00**

MON. NOV. 25

12:15pm: Birthday lunch: Celebrate November Birthdays with a slice of cake after lunch!

1-3:00pm: Fiber Arts November project

TUE. NOV. 26

12:15pm: Thanksgiving lunch See menu pg. 7.

1:00pm: University Express: Cancer Education Services See pg. 10.

6:00pm: Bingo Bash: Join us for bingo. Prizes for the winners!

WED. NOV. 27

9:00am: Computer help

THU. NOV. 28 Center is closed. Happy Thanksgiving!

FRI. NOV. 29 Center is closed.



Bills vs. Dolphins Pizza Party

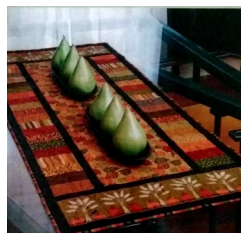
Sunday, Nov. 3 @ 1pm - doors open at 12:30

Join us as the Bills 'Squish the Fish'. Watch the game on the big screen TV with friends and family!

\$6 members, \$8 non-members

Includes pizza, snacks, soda, water.

Sign up & pay in office.



FIBER ARTS

NOVEMBER PROJECT

HOLIDAY TABLE RUNNER

You will need to purchase a few different fabrics in varying sizes which we'll tell you about when you sign up.

Sign up in office. **Cost \$5 per class per person.**

Dates: Monday, Nov. 4, 1-3:00pm

Wednesday, Nov. 13, 10-12:00pm (closed Nov. 11)

Monday, Nov. 18, 1-3:00pm

Monday, Nov. 25, 1-3:00pm



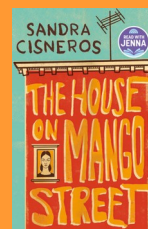
JOIN US THE FIRST MONDAY OF THE MONTH
(excluding holidays)

NOVEMBER'S BOOK OF THE MONTH SELECTION:

The House on Mango Street
by Sandra Cisneros

Book Club meets

Monday, November 4 @ 1:30pm



December's Book of the Month will be:

The Spectacular by Fiona Davis



THURSDAY, NOV. 21 @ 6pm

Grandparents and grandchildren! Come play for jumbo size candy bars! Open to members & non-members. Hosted with Clarence Youth Bureau.

FREE event. Call 716-633-5138 to sign up.



November 21 @ 5:00pm

Italian Village Restaurant

4218 Walden Avenue, Lancaster

- Spaghetti & meatballs
- Chicken parmigiana
- Florentino di pesce

\$35 per person

All meals include salad, bread, entrée, dessert & coffee, tea or soda. Stop by the office to reserve your spot or call 716-633-5138 by November 15.

Shop-a-Latte

Holiday Shopping Event

Saturday, Nov. 16
10am-2pm

Clarence Senior Center
OPEN TO THE PUBLIC

Hand crafted gifts, home decor
candles, jewelry, ceramics,
ornaments, homemade candles,
soaps, unique gifts & much more!

Beverages & snacks
available for purchase.

Support local artisans & vendors!
Entry for shoppers is free.

Holiday Party

Come Celebrate With Us!

WEDNESDAY, DEC. 11TH 1-5PM

Ripa's Italian Restaurant
4218 Walden Ave. Lancaster

This year we are hosting a holiday party in lieu of the annual New Years Eve lunch.

Call 716-633-5138 to reserve your spot!

Music from DJ Biggs - Cash bar

Dinner buffet starts at 2pm. Live music 2-5pm.

\$30pp members/\$40pp non members

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00: Fiber Arts	9:00: Cards/Games	9:00: Fiber Arts	9:00: Cards/Games	9:00: <u>Stretch & Tone \$3</u>
9:30: Woodworking	9:00: <u>Ceramics \$3</u>	9:00: Computer help <i>Nov. 13 & 27</i>	9:00: Aerobics	9:00: Rummikub
10:15: <u>Tap \$7</u>	9:00: Rummikub	9:15: Woodworking	9:30: Woodworking	9:30-11:00: Senior Outreach
11:30: <u>Jazz \$7</u>	9:30: Woodworking	9:30: <u>Line Dancing \$2</u>	10:00: Intermediate Tai Chi	9:30: Woodworking
12:15: LUNCH	10:00 NEW! Stretching for Arthritis	10:00: Fiber Arts Project <i>*Nov. 13 only</i>	10:00: Five Crown	10:00: Meditation
12:30: Billiards	11:00: Resistance Exercise <i>*No Nov. 5</i>	11:00: Arthritis Exercise	11:00: Stretch Yoga w/ Teri Tubbs	10:00: Rummikub
1:00: Pinochle	12:15: LUNCH	12:15: LUNCH	12:15: LUNCH	11:00: Resistance Exercise
1:00: Fiber Arts project (pg. 5) <i>*no Nov. 11</i>	12:30 Billiards	12:30: Billiards	12:30: Billiards	12:15: LUNCH
1:00 Shuffleboard	1:00 Euchre	1:00: <u>Tai Chi with Scott \$10</u>	1:00: Friendly Pinochle	12:30: Tabletop Shuffleboard
	1:00 Scrabble	1:00 Bridge	1:00: Bridge	1:00: Pinochle
	1:30 Indoor Horseshoes	1:00 <u>Watercolor \$12</u>	1:00: Bingo <i>Boards .50 cents</i>	1:00: <u>Zumba \$5</u> <i>*no Nov. 15</i>
	5:00 Dinner	1:00 Hand & Foot/ Canasta/Rummikub/ Five Crown/Euchre	1:00: Shuffleboard	1:30: Dominoes
	5:30 Pinochle	2:30 <u>Zumba \$5</u>	4:00: Cornhole	
			5:00: Dinner	
			5:30 Pinochle	

No Resistance Exercise Nov. 11 and no Zumba Nov. 15.

These classes are free to all current members unless a fee is noted next to the class. Signing up in advance is not required unless noted otherwise. All activities are subject to change and cancellation. If a class is cancelled it will be noted at the main entrance as soon as we are notified. Classes that require payment can be paid to the instructor on the day of the class, cash or check (made out to Clarence Senior Center). Please note, the Fiber Arts Project involves a fee and a sign up. Please see page 5 for details.

NEW CLASS! STRETCHING FOR ARTHRITIS - Tuesdays at 10am

Join Diane Swatsworth for these free classes. Stretching can help with arthritis by improving range of motion and reducing stiffness and pain. We will use bands and weights (provided).

HONORARY & TRIBUTE GIFTS

A donation to the Clarence Senior Center, a 501(c)(3) charitable not-for-profit organization, is a thoughtful way to honor an individual or family member whose life was positively influenced by our programs and services. Your donation will help us continue to serve more individuals throughout the community. Please call 716-633-5138 for details.

NOVEMBER MENU - ERIE COUNTY STAY FIT DINING PROGRAM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	ADAM ANASIEWICZ			1
RESERVATIONS REQUIRED 48 hours in advance Call 716-633-5138 or stop in office	SUGGESTED DONATION \$3.00	Please call if you have to cancel. Meals are held for 10 minutes, then returned to the kitchen.		Hungarian goulash over rotini pasta, carrots, broccoli, vanilla ice cream
4	5	6	7 VETERANS DAY MEAL	8
Chicken breast with marsala sauce, vegetable rice pilaf, Country Cottage vegetable blend, fruit punch, sugar cookies	Hot dog with baked beans & ketchup on bun, macaroni & cheese, carrots, tropical fruit	Beef macaroni casserole with cheddar cheese, peas, corn, roll, orange, chocolate milk	Roast beef with gravy, scalloped potatoes, broccoli, chef salad, whole wheat roll, lemon meringue pie	Cheese tortellini with chicken & red pepper cream sauce, cauliflower, green beans, roll, fudge round
11	12	13 SOUP & SANDWICH	14	15
CENTER CLOSED 	Hamburger with onion gravy on bun, mashed potatoes, mixed vegetables, butterscotch pudding	Minestrone soup, chicken salad sandwich on wheat roll, brussel sprouts, Lorna Doones	Breaded chicken cutlet with Buffalo-style sauce on bun, cheesy mashed potatoes, peas, apple, chocolate milk	Western quiche with cheese sauce, Harvard beets, broccoli, wheat roll, strawberry ice cream
18	19	20	21 ENTRÉE SALAD	22 FRIENDSGIVING
Sloppy Joe on bun, tater tots, peas & carrots, tropical fruit	Hearty pork stew, mashed potatoes, Broccoli, warm biscuit, oatmeal cookies	Lasagna roll with tomato meat sauce & mozzarella California blend vegetables, grape juice, chef salad, roll, chocolate pudding	Grilled chicken, mandarin orange & sunflower salad, wheat dinner roll, Lorna Doones	Roast beef sandwich, roasted potatoes, peas, pie Live Music from the Hastings Duo Cost \$5 - Sign up and pay in the office
25	26 THANKSGIVING MEAL	27	28	29
Macaroni & cheeseburger casserole, peas with red pepper, California blend vegetables, Rice Krispie treat	Roasted turkey with stuffing, gravy, cranberry sauce, sweet potatoes, green bean casserole, roll, pumpkin pie w/ whipped topping	Pork ribette with BBQ sauce on bun, garlic mashed potatoes, broccoli, pineapple tidbits, chocolate milk	CENTER CLOSED 	CENTER CLOSED 

TUESDAY & THURSDAY DINNER MENU

The menu was not available to us at time of printing. Please visit us in the office to get a copy of the dinner menu. Reminder: you can sign up for lunches and dinners in the office or call us at 716-633-5138.



MOVIE THIS MONTH

TUESDAY, NOVEMBER 19 @ 3PM: Tucker. The Man and His Dream

Starring Jeff Bridges, this is the story of Preston Tucker, the maverick car designer and his ill-fated challenge to the auto industry with his revolutionary car concept.

THANKSGIVING FUN FACTS: The first Thanksgiving took place in 1621..... The U.S. president pardons a turkey every Thanksgiving.... Macy's has put on a parade every Thanksgiving since 1924.... Thanksgiving is the biggest travel day of the year.... Benjamin Franklin wanted the turkey to be the national bird.... The average person eats 4000 calories at Thanksgiving dinner!



TRIPS & TOURS

CASINO TRIP

BATAVIA CASINO

NOVEMBER 4TH \$34.00

Attendees receive \$15.00 in Free Play. Plus it's Senior Day - anyone 50+ receives an additional \$15 in free play, plus an ice cream, soup or soda (Senior Day rewards granted after 10 points earned). Veterans and new members earn extra rewards.

Depart from Center: 9am, Return: 4pm



CHRISTMAS ON ICE

AT FALLSVIEW CASINO RESORT

NIAGARA FALLS, CANADA

MONDAY, DECEMBER 2, 2024

\$99pp (receive \$35 Canadian slot free play at Casino)

Reservations required by November 12. Check made out to Bus America. passport or enhanced driver's license required for customs. Sign up & pay in office.

Join us on a trip to see "Christmas On Ice" at the Fallsview Casino Resort Avalon Theatre in Niagara Falls, Ontario, Canada. A thrilling high-paced spectacle of world-class ice skating and holiday cheer, this show features a winter wonderland of national championship ice skaters, dancers and singers that will fill you with the magic of the season!

You will also enjoy a guided tour of the Niagara Falls Bird Kingdom, the world's largest free-flying indoor aviary. Discover hundreds of tropical birds as you explore the pathways and holiday decorations throughout the multi-level rainforest. Then have time for lunch on your own and to use your FREE slot play (\$35 Canadian) at the casino before the 3pm show.

After the show, drive through the Niagara Falls Winter Festival of Lights, featuring spectacular displays with millions of lights and larger than life displays throughout the district. *Detailed flyer available when you register.*



HOLIDAY OVERNIGHT TRIP

OGLEBAY FESTIVAL OF LIGHTS

WHEELING, WEST VIRGINIA

\$599pp/double occupancy

**ONLY 4.5 HOURS
BY BUS!**

Check made out to Bus America.

- Niagara Scenic Coach Lines travel, 2 night accommodations at the Hampton Inn Wheeling (2 breakfasts and 2 dinners, including a Holiday Dinner Show at Oglebay Resort).

Visits to these fabulous spots:

- Festival of Lights tour: 6 miles of lights synched with audio, tunnels & 70-foot Christmas tree
- Colonel Oglebay's Mansion Museum: 13 historic rooms lavishly decorated for the holidays. Nighttime animated light show choreographed to Holiday music
- Carriage House Glass Museum: Over 3000 displays of Wheeling glass made from 1829-1939.
- Oglebay's Good Zoo & Holiday Light Show: See animals in beautiful habitats, Rockin' Holiday Light Show, holiday laser show & nightly Wish for Snow experience.
- Wheeling Island Casino & greyhound racing: 1,400 slot machines, table games and Greyhound racing or visit the casino and enjoy hotel amenities/pool, explore the town and shop!
- Guided tour of Wheeling, WV from a local guide that will join us on our bus! Visit to Independence Hall, Wheeling Suspension Bridge, Victorian Old Town and Krueger Street Toy & Train Museum.
- Kraynak's Christmas Store & Santa's Christmasland: En route to home stop to indoor starlit avenue of Christmas trees.

Call 716-633-5138 or visit the office to sign up for these great trips!

- Pre-payment required to hold your reservation.
- Casino trips can be paid by cash or check made out to Clarence Senior Center. All other trips are payable by check only, made out to Bus America.
- Bring your government issued picture ID in order to receive incentives at Casino.
- Limited spots available so call today!

UNIVERSITY EXPRESS

Please sign up in the office. All classes are FREE.

Friday, Nov. 1 @ 1:00pm

The Sicily I Know: This large island at the tip of Italy's "boot" was the Mediterranean pit stop. Vicenza, the presenter, shares colorful stories through art and research about her four grandparents and a trip up volcano Mt. Etna.

Friday, Nov. 8 @ 1:00pm

Balance is Key: A Guide to Fall Prevention: Through practical tips and exercises, we'll learn how to eliminate fall risks and enhance our confidence and skills to maintain an active, independent lifestyle.

Tuesday, Nov. 12 @ 4:00pm

CBD Wellness: What is CBD and where does it come from? What are the benefits? Can it help me?

Tuesday, Nov. 26 @ 1:00pm

Cancer Education Services: Join us for education about breast, cervical and colorectal health - including screening services to eligible insured and uninsured men and women. Instructors will be giving out FREE at-home colorectal screening kits to ages 45-75 that qualify.

Tuesday, Dec. 3 @ 3:00pm

Meditative Self Healing: You'll be guided on a meditative journey that will result in deep relaxation. This process helps you go "within" and begin to heal. You'll also receive a mini energy clearing. Allow 1.5 hours for this class. Class size limited.



We are in the beginning stages of starting a walking club called the Silver Sneakers! Join this FREE club to explore the great outdoors and take in the beauty of local trails while in the company of like-minded individuals. No experience necessary and trails will be paved and easy to navigate.

Weather permitting.

Call Katie at 716-633-5138 for more info.



WANTED: CLARENCE LIONS CLUB MEDICAL CLOSET DONATIONS

The Clarence Lions are seeking clean & stable medical equipment to support community members during times of need. Donations of walkers, crutches, bedside commodes, shower seats, rollator walkers, walking sticks, canes, etc. are accepted.

Contact: Danielle Hardt and Karen Van Sickle
clarenelionsaid@gmail.com or 716-320-0747

**Due to maintenance requirements, we cannot accept donations of battery powered chairs, battery powered walkers or CPAP machines.*

HEALTHCARE INFO RESOURCES

FRIDAY, NOV. 8, 10-12pm

United Healthcare Medicare Advantage Information Meeting:

Hosted by Ron Gniazdowski, a Medicare expert with over 25 years of experience. Open to everyone, regardless of your current Medicare plan or provider.

TUESDAY, NOV. 12, 1-3pm

Healthcare Forum:

Healthcare needs change, as do benefits and cost. Open enrollment is the one time each year when all people with Medicare can learn about new Medicare benefits and make changes to their coverage. Join us to learn about available options and find a plan that fits your needs. Reps from major health insurance companies will be available to answer questions and discuss benefit packages.

FROZEN MEAL PROGRAM

The frozen meal program is available to all seniors in Erie County. There is a 3 or 5 meal per week option. Suggested donation is \$3 per meal. Curbside pickup and delivery is available.

Call Nicky at 716-633-5138 for more info and to sign up.



- Coffee/hot chocolate/tea is a \$0.25 donation

- To help us save on postage, please consider picking up your Silver Streak or having it emailed. If you would like

either of these options, please see Katie in the office. If not, your newsletter will continue to be regular-mailed.

- Look for your name hidden in the Silver Streak and come to the office to pick up 2 FREE CSC lunch certificates.

We are still taking donations for the Clarence Food Pantry. Collection box is in the office.

THE CLARENCE SENIOR CENTER

4600 Thompson Rd., Clarence, NY 14031
716-633-5138

ORGANIZATION

U.S. POSTAGE

PAID

Clarence, NY 14031

Permit No. # 28

CSC *Friendship Tree*

The CSC Friendship Tree is in the front foyer and has leaves that memorialize friendships, family, or others who have a special connection with The Center. Leaves are laser engraved and made through a one time donation at bronze, silver, or gold giving levels.

If interested,
call 716-633-5138 or email
csci@clarenceseniorcenter.org.



WE WILL BE LAUNCHING OUR NEW WEBSITE SOON!

**We have been working on a great new site
that's user friendly, up to date and informative!
The new website address will be www.thecsci.org.**

We'll let you know when it's ready!

Stay tuned for more info!