





JUNE MENU - ERIE COUNTY STAY FIT DINING PROGRAM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Lasagna roll w/ primavera sauce, zucchini, broccoli, wheat roll, oatmeal cookies	3 Chicken & sausage paella, corn w/ red peppers, cauliflower, rice w/ black beans, chocolate pudding	4 ENTRÉE SALAD Chicken Caesar salad w/ Caesar dressing, roll, fruit cocktail, chocolate milk	5 Breaded chicken breast w/ gravy, mashed potatoes, carrots, wheat bread, fudge round cookie	6 Ham steak w/ maple glaze, sweet potatoes, lima bean bake, rye bread, pineapple tidbits
9 PIZZA LUNCH \$5 Slice of cheese or pepperoni pizza, garlic bread, salad, dessert & 12:30-1:30: LIVE MUSIC from Custode & Parisi  Cost \$5. Pay in office when you sign up.	10 Meatballs w/ sweet chili sauce over white rice, broccoli, carrots, strawberry gelatin	11 Tortellini w/ tomato meat sauce, mozzarella, salad, California blend vegetables, Italian bread, banana, chocolate milk	12 CENTER CLOSED CENTER CLOSED FOR STAFF TRAINING** **Open 8:30-9am for trip check in & departure.	13 FATHER’S DAY LUNCH Breaded boneless pork chop w/ stuffing & gravy, ranch mashed potatoes, Brussels sprouts, salad, peach pie w/ whipped topping
16 Pork ribette w/ BBQ sauce on bun, Duchess potatoes, carrots, sugar cookies	17 Italian sausage w/ peppers, onions & tomato sauce on bun, roasted potatoes, green beans, orange, chocolate milk	18 JUNETEENTH LUNCH Breaded chicken drumsticks, ranch mashed potatoes, seasoned mixed greens, corn muffin, banana cream pie	19 SUB LUNCH \$5 4 in. ham or turkey sub, chips, fruit & dessert.  Cost \$5. Pay in office when you sign up.	20 WELCOME SUMMER Mandarin chicken & sunflower salad, wheat roll, chocolate covered ice cream bar
23 Polish sausage w/ sauerkraut & mustard on bun, scalloped potatoes, peas w/ red peppers, fruit cocktail	24 Chili con carne w/ shredded cheddar, carrots, apple juice, salad, corn muffin, banana	25 Chicken vegetable casserole, mashed potatoes, green beans, roll, applesauce	26 Chicken breast w/ lemon herb sauce, vegetable rice pilaf, spinach, Italian bread, pineapple tidbits, chocolate milk	27 PICNIC AT THE PARK \$7 <i>*Lunch will not be served at the Center.</i> 12-3pm: Town Place Park 5400 Goodrich Rd. Cheeseburgers, potato salad, coleslaw, chips, soda, dessert. 1-3pm: Live music from The Roadrunners  Cost \$7. Pay in office when you sign up. <i>Sign up by June 23.</i>
30 Roasted turkey w/ gravy, mashed potatoes w/ chives, California blend vegetables, roll, strawberry gelatin	<i>Call 716-633-5138 or stop in office. Please call if you have to cancel. Meals are held for 10 minutes, then returned to the kitchen. If you have a food allergy, please notify us.</i> <i>If an additional fee is noted, that is to cover the cost of entertainment and food that is not provided by Erie County meal program. Reservations required 48 hours in advance. Menu subject to change.</i>			
LUNCH IS SERVED AT 12:15PM. LUNCH COST IS A RECOMMENDED DONATION OF \$3.50 PER MEAL.UNLESS NOTED OTHERWISE.				

TUESDAY & THURSDAY DINNER MENU: Dinner is served at 5pm.

- Thu. 6/3:** Pork ribette w/ BBQ sauce on bun, cheesy diced potatoes, California mixed vegetables, salad, strawberry ice cream & milk
- Tue. 6/5:** Beef taco salad, cheese, carrots, cherry tomatoes, tortilla strips, strawberry ice cream & milk
- Thu. 6/10:** Breaded chicken with Buffalo sauce, corn w/ red peppers, broccoli, whole wheat roll, salad, Boston cream pie & milk
- Tue. 6/12:** CENTER IS CLOSED
- Thu. 6/17:** Line Dancing Party & Pasta Night: pasta bar, meatballs, garlic bread, peas & dessert.  **Cost \$6. Pay in office when you sign up.**
- Tue. 6/19:** Potluck Dinner: Let us know what delicious dish or appetizer you are bringing when you sign up in the office.
- Thu. 6/24:** Garden chicken patty salad w/ ranch dressing, cheddar cheese, croutons, carrots, cherry tomatoes, whole wheat roll, ice cream sandwich & milk
- Tue. 6/26:** Spaghetti & meatballs, mozzarella, mixed vegetables, grape juice, Italian bread, salad, ice cream sandwich & milk

DINNER COST IS A RECOMMENDED DONATION OF \$3.50 PER MEAL, UNLESS NOTED OTHERWISE.

Per Erie County Stay Fit Dining Program regulations, leftovers cannot be put in containers and taken home. Meals must be eaten on the premises.

