

INTEGRATIVE BODY DYNAMICS

Lymphatic Drainage and Craniosacral Therapy

*We've been helping Phoenix residents improve their quality of life and live pain free for
over 12 years*

Integrativebodydynamics.com



Lymphatic Drainage For:

- Lymphedema Maintenance
- Detox/Wellness
- Cellulite Reduction
- Reduce Appearance of Scar Tissue



Try our MLD Cupping Services

We also offer Infrared Cupping as well

Lymphedema Management



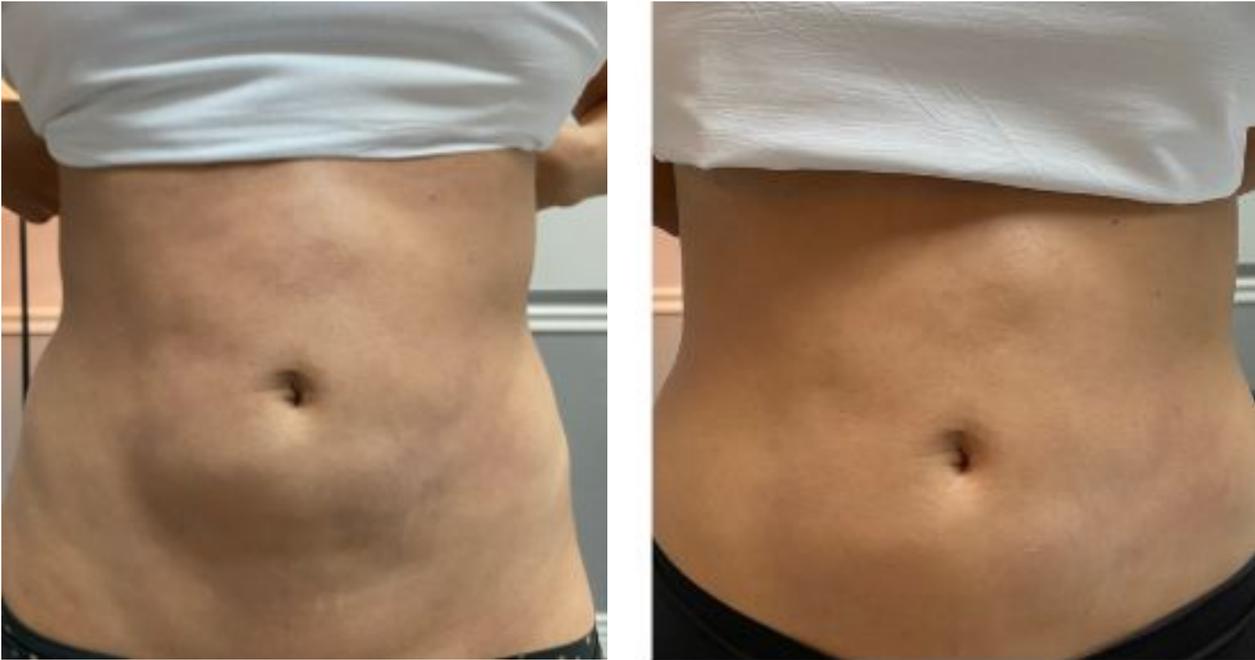
Images used with client permission

Client Dx – bilateral ULE. Prior to session was unable to make a fist. Gripping objects with that hand was uncomfortable.

After session – You can see bony landmarks, client was able to make a fist and was able to use the hand without any discomfort.



Reduction of Fibrosis



Images used with client permission

Client was 1 year P/O liposuction. Had no compression nor post op care.

Lots of lumps and bumps and uneven areas within the connective tissue.

This result was achieved over the course of **only 5 treatments.**



Reduction of Cellulite



Images used with client permission

Results after 4 treatments.



Reduction of Cellulite



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Results after 4 treatments.



Gently Unwind out of Pain with Craniosacral Therapy



Using Our Very Gentle Techniques, We've Treated Individuals with the Following:

- Digestive distress - IBD/Crohn's Disease
- Lymphedema
- Brain Fog
- Bloating
- Migraine
- Meniere's Disease
- Anxiety/Depression
- Fibromyalgia
- Chronic Fatigue Syndrome
- Chronic Muscular Pain
- Reduction of the appearance of scar tissue

