



FAMILY YOGA CLASSES

Yoga Together

Fall 2026 Themes

OCTOBER 3

Autumn Equinox Family Flow

OCTOBER 10

The Peaceful Pumpkin Patch

OCTOBER 17

An Apple Orchard Adventure

OCTOBER 31

Monster Mash Family Flow

NOVEMBER 7

Cozy Cabin Calm

NOVEMBER 14

The Thankful Tree

NOVEMBER 21

The Gratitude Gathering

DECEMBER 5

Sweater Weather Slowdown

DECEMBER 12 🧑🏻‍🎄 🌲 SPECIAL EVENT

Santa's Little Yogis