



ANANDA

YOGA & EVENTS CENTER

WEEKLY SCHEDULE

WEEK OF JUNE 1 – JUNE 6

Monday
June 1

ANANDA FLOW 9AM
*SOFTEN & STRETCH
11AM*

Tuesday
June 2

ANANDA FLOW 11AM
SOFTEN & STRETCH
7:30PM

Wednesday
June 3

ANANDA FLOW 9AM
*SOFTEN & STRETCH
11AM*

Thursday
June 4

SOFTEN & STRETCH
11AM
ANANDA FLOW 5:30PM

Friday
June 5

\$5 FRIDAY
ANANDA FLOW 9AM
SOFTEN & STRETCH
11AM

Saturday
June 6

*CLOSED FOR
CURWOOD FESTIVAL
OF RACES*