

Cleft Glow Coaching

Perinatal Emotional Support for Parents

YOU ARE NOT
ALONE.

REACH OUT
FOR SUPPORT.



Feeling shock, sadness,
guilt, grief, or even
despair?

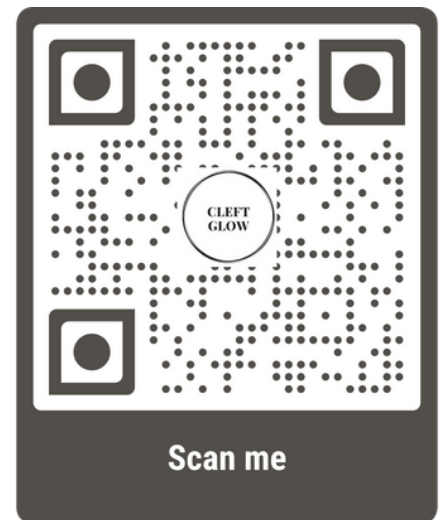
Struggling with fear and
anxiety about what lies
ahead?

Worrying about birth,
feeding, speech, and
surgeries?

**You're not alone — your feelings are valid and
incredibly common after a cleft diagnosis.**

Cleft Glow Coaching provides mental wellness support
for parents facing the emotional distress that often
follows a cleft diagnosis in pregnancy or postpartum.

I support parents in managing the emotional challenges
that come with worrying about their baby's health,
appearance, medical procedures, surgeries, and social
interactions — so they can feel calm, confident, and
prepared to navigate their baby's cleft journey from
pregnancy through postpartum and beyond.



Scan me

Reach out to learn more!

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Social Worker + Psychotherapist
+Mental Wellness Coach

Perinatal Mental Health Certified



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