

Hope Woods Newsletter

FEBRUARY EDITION

HOPE WOODS APARTMENTS

THE FOREVER VALENTINE

BY: JEANNE KNAPE

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I received my first valentine in third grade— from a boy. A boy with a crush on me. I was dazed. The heart-shaped valentine covered my hands when I held it, it was so large. The brilliant red designs, accented with glitter and ornate lettering, great, young love. My heart throbbed while

my face turned as red as the valentine. Someone liked me. Even as my classmates jeered, a certain thread of pride filled my heart. A boy noticed me. *(Continued on page 5)*



Your Community Staff:

- ◆ *Aimee Eva*—Property Manager ◆
- ◆ *Arya Inez*—Office ◆
- ◆ *Ralph Gates*—Maintenance ◆
- ◆ *Tanika Brewer*—Grounds/Maint. ◆
- ◆ *Suzie Wallace*—Housekeeper ◆
- ◆ *Gary Salinas*—Van Driver: 929-1743 ◆
- ◆ *Deb*—Hair Salon: 1.269.650.2181 ◆
- ◆ Dining Room: CLOSED ◆

Police, Fire & Medical Emergencies: Dial 911

Hope Woods Apartments

Telephone 269.353.4712
 Facsimile 269.353.4730
 5749 Stadium Drive
 Kalamazoo, MI 49009
 Monday—Friday 9am—4:30pm
 Lunch 12:30pm-1pm
[hopewoods@sbcglobal.net](mailto:hopedwoods@sbcglobal.net)
 Nancy Wood Notary Services: 269-271-6852
 CSC ServiceWorks: 1-844-272-9675
 In-Home Companions: 269-718-3418

Professionally Managed by Clearview Property Management Services, LLC.



**Welcome Home to
our newest neighbors:**

Sue Stevens 243

Maureen DeGooyer 341

*"Love is sweet
Given or returned.
Common as light is
love, And its
familiar voice
wearies not ever."
~Percy Bysshe
Shelley~*

February Trivia

1. What is the February birthstone?
2. What is the February flower?
3. T/F: February 1865 is the only month in recorded history not to have a full moon.
4. If you were born on the 6th of February, what would your zodiac sign be?
5. Which awards show normally occurs at the end of February?
6. Which fruit is recognised in the month of February?
7. Which legendary character is recognized on the 12th of February?
8. What animal predicts the weather on February second?
9. What country's New Year celebration often lands in February?
10. What huge celebration occurs in Brazil in February?

ANSWERS: (1) Amethyst (2) Violet (3) True (4) Aquarius (5) Academy Awards (6) Banana (7) Paul Bunyan (8) Groundhog (9) China (10) Mardi Gras

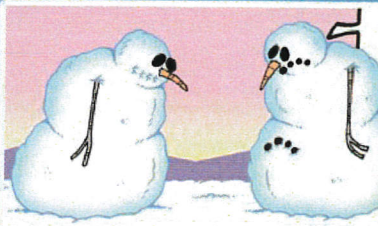
CHAD CARPENTER'S

TUNDRA

THE SECRET IS TO WRITE WHAT YOU KNOW.



AND THAT'S WHY YOU SHOULD COVER YOUR MOUTH WHEN YOU COUGH.

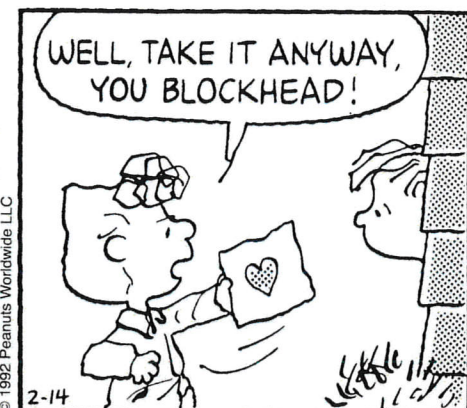
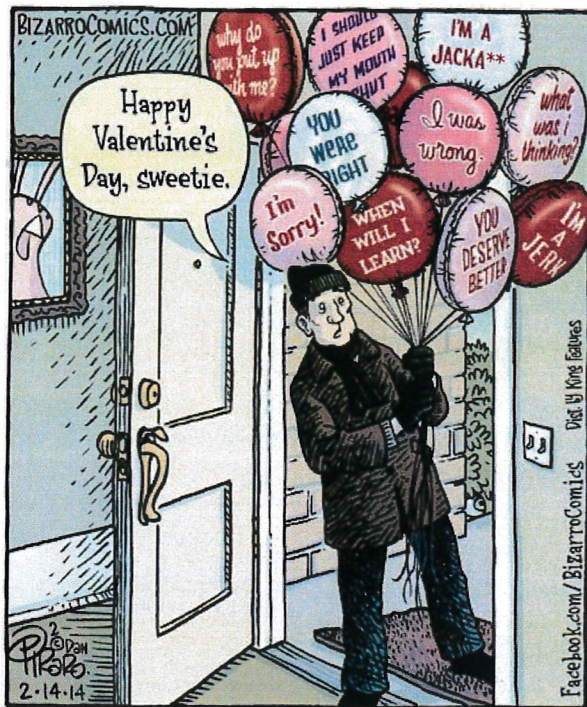
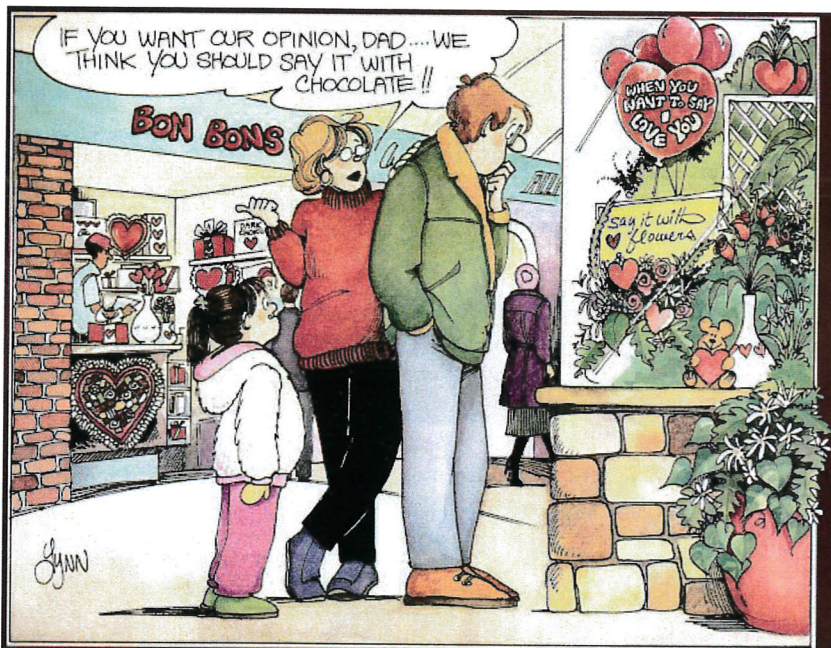


I THOUGHT I TOLD YOU NOT TO FLUSH THE TOILET WHEN THE DOG IS GETTING A DRINK!



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2-14

2-14-14

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PREP/TOTAL TIME: 25 MINS!!

PORK TENDERLOIN WITH WINE SAUCE

- 1 pork tenderloin (3/4 pound)
- Dash pepper
- 1 teaspoon canola oil
- 1 teaspoon butter
- 1/4 cup reduced-sodium beef broth
- 1/4 cup dry red wine or additional reduced-sodium beef broth
- 1/4 teaspoon Dijon mustard
- 1/4 teaspoon dried thyme
- 1/8 teaspoon dried rosemary, crushed

DIRECTIONS:

1. Cut pork into 2-in. slices; flatten to 1-1/2-in. thickness. Sprinkle with pepper. In a large skillet over medium heat, cook pork in oil and butter for 5 minutes on each side or until meat is no longer pink. Remove and keep warm.
2. Add broth to the pan, scraping to loosen browned bits. Stir in the wine, mustard, thyme and rosemary. Bring to a boil. Reduce heat; simmer, uncovered, for 3 minutes, stirring occasionally. Serve with pork.

I shoved the special card in my desk. Because of peer pressure I said, “Ugh, boys.” The girls laughed, and the taunts from the boys grew louder.

There was only one problem with the card: it wasn’t signed. The only hand-written words told of the author’s devotion. I spent the day wondering who it was from. Could it be David, whose father was rich? Or Scott, with his good looks? Maybe it was the athletic Gerald, who could beat anyone on the track field.

After carefully carrying my special object home, I hid it in my dresser. While closing the drawer, I looked at myself in the mirror. My thin face and straight hair were reflected back at me. Why would any boy like me?

I spent the evening in a romantic haze. My mother had to tell me three times to come to supper, and my dad questioned my inattentiveness. I told no one at home about my card. I was afraid their reaction would be the same as my classmates’.

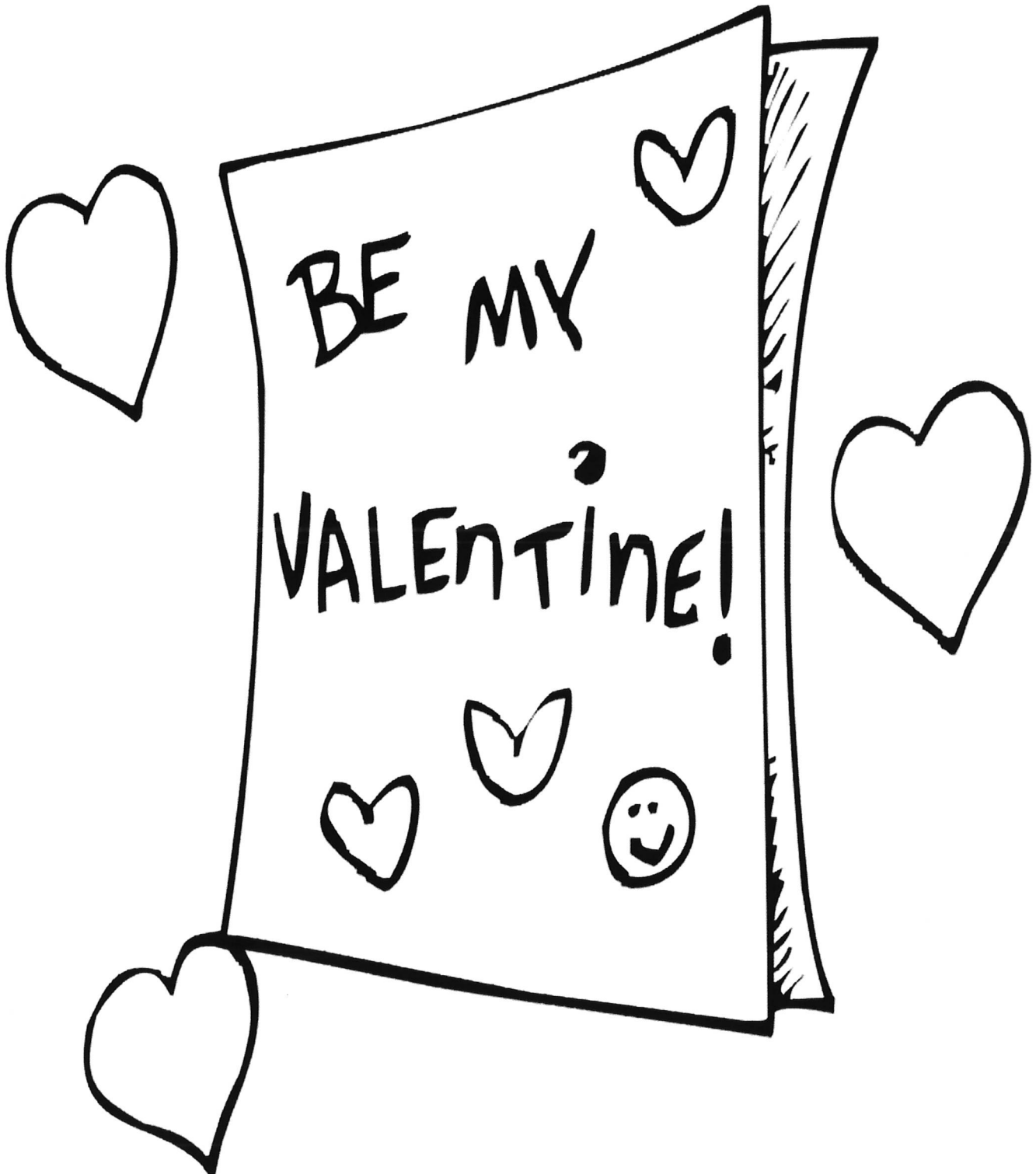
I wondered for weeks who my secret admirer was. He never revealed himself to me. I daydreamed about innocent encounters with the boy who liked me.

The end of the school year arrived before I finally found out who the mystery boy was, and even then it was only by accident. The handwriting etched in my mind jumped out at me one day when we exchanged papers during correction time. I held the paper of my secret boyfriend.

It was Paul. I hated Paul. He teased me, taunted me, and pulled my hair. Of course, what I didn’t know then was that he did all these things to hide the fact that he liked me. Paul didn’t want our classmates to know he had sent the card any more than I did.

But I still have that card. In fact, it’s framed and hanging in my

home. Is my husband jealous of my first love? Heavens no! I married Paul fifteen years after he sent that first valentine.



FEBRUARY ACTIVITIES CALENDAR 2023

Activities Calendar Key:

1st Floor

T.V. Lounge: Low Vision Support Group
 Dining Room: Birthday Party, Meet & Greet
 Main Lobby: Exercise (w/ Cindy), Happy Hour
 Dining Room: (Grocery) Bingo, Potluck

2nd Floor

T.V. Lounge: Hope Woods Singers, Doug Hamilton
 Craft Room: Craft Class, Fiber Therapy
 Game Room: Euchre, Dominoes, Cribbage, Scrabble, Pinochle, Poker, Phase 10, Hand + Foot, Rummy Kub, Bridge

3rd Floor

Social Room: Golf, Bible Study, Coffee Hour
 Movie Theatre: Movies

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9a Coffee 9 & 9:30a Harding's 12p Grocery Bingo 2p Movie 2p Euchre 3p Poker 7p Pinochle	2 9a Coffee 1p Bridge 2p Dominoes	3 9a Coffee 2p Euchre 4p Happy Hour 6:30p Golf 7p Cribbage	4 9a Coffee 1p Phase 10 6:30p Scrabble 7pm Bingo
5 6:30p Movie 7p Hand & Foot	6 9a Coffee 9a Exercise 1p Fiber Therapy 1p Bridge 2p Euchre 7p Rummy Kub	7 9a Coffee 9a Meijer/ Walmart 2p Dominoes 3-4p Hope Woods Singers 7p Pinochle	8 9a Coffee 9 & 9:30a Harding's 12p Grocery Bingo 2p Movie 2p Euchre 3p Poker 7p Pinochle	9 9a Coffee 1p Bridge 2p Dominoes	10 9a Coffee 2p Euchre 4p Happy Hour 6:30p Golf 7p Cribbage	11 9a Coffee 1p Phase 10 6:30p Scrabble 7p Bingo

12 6:30p Movie 7p Hand & Foot	13 9a Coffee 9a Exercise 1p Fiber Therapy 1p Bridge 2p Euchre 7p Rummikub	14 9a Coffee 9a Meijer/ Walmart 2p Dominoes 2p Doug Hamilton 3-4p Hope Woods Singers 7p Pinochle	15 9a Coffee 9 & 9:30a Harding's 12p Grocery Bingo 2p Movie 2p Euchre 3p Poker 7p Pinochle	16 9a Coffee 1p Bridge 2p Dominoes	17 9a Coffee 2p Euchre 6:30p Golf 7p Cribbage	18 9a Coffee 1p Phase 10 6:30p Scrabble 7p Bingo
19 5-6:30p Potluck 6:30p Movie 7p Hand & Foot	20 9a Coffee 9a Exercise 1p Fiber Therapy 1p Bridge 2p Euchre 7p Rummikub	21 9a Coffee 9a Meijer/ Walmart 2p Dominoes 3-4p Hope Woods Singers 7p Pinochle	22 9a Coffee 9 & 9:30a Harding's 12p Grocery Bingo 2p Movie 2p Euchre 3p Poker 7p Pinochle	23 9a Coffee 1p Bridge 2p Dominoes	24 9a Coffee 2p Euchre 4p Happy Hour 6:30p Golf 7p Cribbage	25 9a Coffee 1p Phase 10 6:30p Scrabble 7p Bingo
26 6:30p Movie 7p Hand & Foot	27 9a Coffee 9a Exercise 1p Fiber Therapy 1p Bridge 1p Birthday Party 2p Euchre 7p Rummikub	28 9a Coffee 9a Meijer/ Walmart 2p Dominoes 3-4p Hope Woods Singers 6:30p Bible Study 7p Pinochle				

HOPE WOODS TIDBITS

- **Food Donations:** We are pleased to report that for the month of January we collected 38 non-perishable food items to donate to Kalamazoo area families in need! We accept donations all year long. *Please be sure to check the items you are donating for expiration dates; expired food is not accepted.* Feel free to drop off your food donations directly to the office. Thank you!
- **Winter Weather Reminder:** Please remember it is important to be sure when parking your vehicle that your bumper is not hanging over the sidewalk. This allows for the snow removal crew to completely clear sidewalks. In addition, it is helpful if you move your vehicle at least a few times a week at minimum to allow the plow to clear the parking spaces. Thanks for your help!

A maintenance emergency is something involving appliances, leaks, damage to the building structure, etc. A full list of emergencies can be found in your Resident Rules & Regulations packet. For your convenience, please see the list below:

1. Furnace problems
2. Broken water pipes or primary windows
3. Plugged services
4. Floods or leaks
5. Electrical malfunctions
6. No water
7. Building damage
8. Gas leaks (Call Consumer's Energy at 1-800-477-5050)
9. Fire or natural disaster
10. Hot water-heater problems
11. Locked out (remember, if it is after office hours there will be a fee)

Important Reminders

Laundry Reminder: Please remember, residents are expected to double check the washers and dryers after each use to ensure there are no loose items such as tissue or other foreign materials left behind. After your use of a machine, please check inside and if there is debris, use the provided paper towels in the laundry room to wipe down and clear out the inside of the machine. It should not be the responsibility of the next person to use the machine to clean up after someone else. Thank you for your prompt cooperation.

“FREE ROOM” in 2nd Floor Craft Room: It has been brought to my attention that residents are concerned about the operation of the FREE ROOM items inside the craft room. When each resident moves in, they are provided with the guidelines for the items allowed in this room. We understand some residents feel that caregivers, visitors, or any non-resident should not be allowed to take items from this room. In 2016, Management stated in writing that residents leave items in this room with no control over who takes them. In other words, if there is a need for an item that is left, it does not matter who takes it. Part of the beauty of the FREE ROOM is residents have a place to leave items at their convenience, without having to travel or arrange for them to be picked up. Many residents find joy knowing that someone can use what they are leaving behind. Residents who do not agree with how the FREE ROOM is handled are welcome to choose not to leave items in the room.

—Hope Woods Management



FEBRUARY
BIRTHDAYS:

104	Pat LeRoy	2/1
117	Nellie Lingbeek	2/1
239	Ruby Fields	2/5
114	Fred DeVries	2/13
348	Kae Huber	2/17
223	Annette Drake	2/20
228	Betty Coons	2/20
337	Patricia Gallagher	2/21
109	Doris Hoskin	2/22
129	Alida Geppert	2/22
310	Phyllis Glaser	2/22
330	Paul Burton	2/24
338	Florence Kucinich	2/24
212	Bob Carigon	2/28





Compass

by: Eleanor Graham Vance

A compass does not fly or sing;
It never ventures forth.

A compass is a constant thing:
It always points due north.

My thoughts are compass-like, I fear;
To one form they run true:
No matter how I guide them, dear,
They still return to you.

Hope Woods Star Resident

Hope Woods

**Feb.
2023**

We are continuing to get to know our valued residents. This month we learn about
Joan Garneau.

Joan Garneau Apt. 211

Wow! When asked to write about myself, I wondered where to start, what to include, and what might be of interest to anyone. I decided to give it the old college try and to try not to bore anyone!

I am a Kalamazoo gal, born here, raised here and spent most of my life here. I attended Washington Elementary and Junior High, finishing at South Junior High after it opened. High school was at Old Central High, graduating in 1955. I worked for a year at Michigan Bell after graduation as a messenger girl and enjoyed being all over the building as I travelled through my day. One day, as I glanced at the window, I saw a former teacher downtown after 3 in the afternoon, and thought about why I was working here, when I could be out and about, so I decided to become a teacher. The next year I started attending Western Michigan college which shortly after became a university. I majored in speech and minored in English. I chose speech because I had fun in plays at the junior civic and had been in plays at Kalamazoo Central High. I loved acting!

At Western I spent a lot of time at the Little Theater on Oakland Drive where all of my theater classes were held. I learned more about acting, was in several plays and learned to direct plays as well as learning stage makeup, building a set for plays and could put a play "on the boards" as we called it. I also studied speech and debate.

After suffering through required physical education classes, which I hated, I finally graduated in 1960. One of the speech teachers told me to contact Saginaw Public schools about a speech and theater position. I did and began teaching for three years at Saginaw High where I taught speech, drama and radio classes along with English classes. I also had roles in the Players, the community theater.

When taking summer classes at Western, I learned there was a →

"Experience the Difference"

Drama/English opening at Loy Norrix high in Kalamazoo. I applied, got the job and started teaching English, speech and drama classes at Norrix as well as directing the school plays.

I also encountered Ted Garneau who did his student teaching at Norrix, and taught after graduating from Western. I wasn't impressed, but he kept asking for my phone number and I kept putting him off until, as I was administrating standardized testing in the library, standing above the sunken area of the library. Again he asked for my phone number with all the students staring at us. I was embarrassed! I did give him my phone number to get rid of him. He asked me to go to the band Follies, a student performance, with him, getting the date wrong so that I felt, after the first date, that I would have to go on the second date. The rest is history.

I also, along with four friends, bought a summer theater in Sister Lakes, the Sister Lakes Playhouse. The five of us did it all; acting, directing, scenery, box-office, you name it, we did it. We never really made money but that wasn't the object. We loved what we were doing!

Three summers I spent there. Ted proposed, arranging to have a wine glass brought to me at a restaurant. There was a ring in the bottom of the wine glass. We married in September, just before summer vacation was over. I went on maternity leave a few weeks before the end of the school year and my daughter, Michelle, was born in July. The school policy was that I had to take the first available job in my field which was teaching English at South Junior High. At the end of the year, my former principal somehow got me back to Norrix and I taught there for two more years, going on maternity leave at the beginning of the next school year. The Junior Civic lost its teacher/director early the next school year and at eight months pregnant, I was called in and asked to take over. I was able to bargain for paid maternity leave, something that had not been available before, and for full time work teaching at Central in the morning and the civic theater in the afternoon. My second daughter, Nicole, was born in October and I returned to direct the fall and spring plays at Junior Civic, and to teach drama in the afternoons. The school millage failed and the school system could not fund

Junior Civic, so I returned to Norrix the following year, taking the first available opening in my field, debate and forensics, along with English. I was the debate coach for six years, driving students to meets all over Michigan. I requested a transfer as I knew there was a drama opening at K Central. I taught English, speech and drama for the rest of my career at Central. It was a challenge! I did not have an auditorium. The plays were held in the cafeteria where we had coffee can lights, built a stage with the placement of the scenery and closed off half of the cafeteria to provide seating for about 50 people. Needless to say, we sold out all of our performances. All my student plays were plays presented on Broadway. Oops! I forgot to mention my son was born along the way, Wallace, who we called "Wally."

When I retired, Ted and I went to Florida and lived there full time for twenty years. Ted's health was deteriorating and I pushed for a return to Kalamazoo. We applied to rent at Hope Woods. We were called and told there was an opening around Christmas and had just sold our house. In February we left for Michigan and moved into Hope Woods at the end of the month. Ted lasted until October. We had been married 52 years.

I, as you know, have remained at Hope Woods where I have been very happy. Hope Woods is like belonging to a family. I have made good friends here and participated in exercise which I lead every other month, bridge which is a favorite activity, and I take care of the library.

My daughter, Nicole, whose husband is Australian, moved to Australia last summer with her family. Wes, her husband, works for Stryker. In March, I will travel to Australia to visit them. I know it will be a wonderful trip and I am looking forward to seeing them again!

And that's all folks!

THE TEN COMMANDMENTS OF HUMAN RELATIONS

1. SPEAK TO PEOPLE. There is nothing as nice as a cheerful word of greeting.
2. SMILE AT PEOPLE. It takes 72 muscles to frown and only 14 to smile.
3. CALL PEOPLE BY NAME. The sweetest music to many ears is the sound of one's own name.
4. BE FRIENDLY AND HELPFUL. If you would have friends, be friendly.
5. BE CORDIAL. Speak and act as though everything you do is genuine pleasure.
6. HAVE A GENUINE INTEREST IN PEOPLE.
7. BE GENEROUS WITH PRAISE. Cautious with criticism.
8. BE CONSIDERATE OF THE FEELINGS OF OTHERS.
There are three sides to a controversy: yours, the other side, and the right one.
9. BE THOUGHTFUL OF THE OPINION OF OTHERS.
10. BE ALERT TO GIVE SERVICE. What counts most in life is what we do for others.

Valentine's Match Up



The Things We Love

Match up the word on the right with the definition on the left.

- | | |
|-----------------------------|------------------------------------|
| 1. Porphyrophilia ____ | A. Love of novelty and innovation |
| 2. Epistemophilia ____ | B. Love of sourness of sour things |
| 3. Peladophilia ____ | C. Love of tombstones |
| 4. Didaskaleinophilia ____ | D. Love of long words |
| 5. Carnophilia ____ | E. Love of bald people |
| 6. Acerophilia ____ | F. Love of clouds |
| 7. Placophilia ____ | G. Love of meat |
| 8. Phasmophilia ____ | H. Love of knowledge |
| 9. Geliophilia ____ | I. Love of things on the right |
| 10. Kathisophilia ____ | J. Love of ghosts |
| 11. Kainophilia ____ | K. Love of puppets |
| 12. Nyctohylophilia ____ | L. Love of forests at night |
| 13. Nephophilia ____ | M. Love of sitting down |
| 14. Pupaphilia ____ | N. Love of laughter |
| 15. Sesquipedalophilia ____ | O. Love of the color purple |
| 16. Dextrophilia ____ | P. Love of going to school |

Answer Key: 1. (O) 2. (H) 3. (E) 4. (P) 5. (G) 6. (B) 7. (C)
8. (J) 9. (N) 10. (M) 11. (A) 12. (L) 13. (F) 14. (K) 15. (D)
16. (I)

Valentine's Word Search

E	E	H	S	R	E	W	O	L	F	C	O	T	S
L	A	K	S	L	O	S	D	R	A	C	A	T	A
E	C	R	K	E	C	H	Y	O	N	I	T	K	T
I	L	I	C	H	H	E	A	D	A	C	N	I	L
A	V	L	D	I	O	N	H	T	L	P	E	S	N
O	I	L	L	L	C	I	C	A	N	D	Y	S	R
I	F	S	V	O	O	T	S	C	U	P	I	D	E
A	E	D	C	U	L	N	R	A	E	O	L	L	A
R	L	O	V	E	A	E	C	I	O	K	L	N	F
I	V	H	E	S	T	L	O	K	E	R	C	I	C
A	E	E	L	I	E	A	T	O	N	O	U	C	K
S	O	O	K	O	A	V	O	A	A	I	H	P	T
I	H	O	A	K	L	R	L	C	I	O	P	I	I
S	D	R	N	R	C	E	R	N	T	R	A	E	H

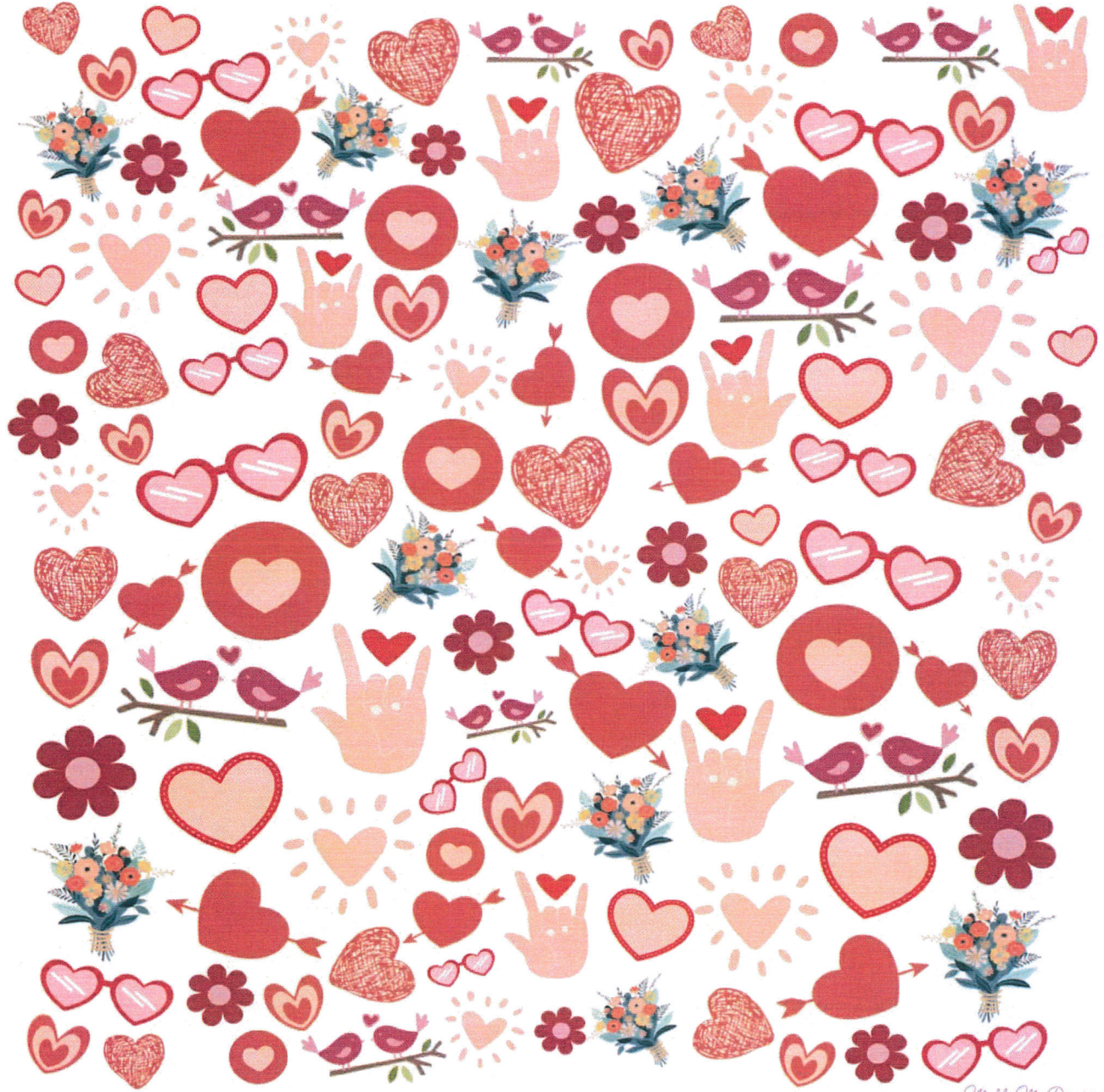
PINK
HEART
FLOWERS
KISS
LOVE
CUPID
VALENTINE
CHOCOLATE
CANDY
CARDS



I Turtle-y
love you



I SPY VALENTINES



MeltyMoDesignCo

HOW MANY OF EACH IMAGE CAN YOU FIND IN THE PICTURE?



.....

Valentine's Day Crossword Puzzle

Fit each word in the box into the puzzle below. There is only one correct place for each word.

angel	adore	valentine
roses	romance	sweet
date	hugging	flower
card	candy	love
heart	red	

