Vol. # 15. ISSUE # 1 January 2023

Hope Woods Newsletter

JANUARY EDITION

WOODS APARTMENTS

E WALK TO SCHOOL BY: MARJORIE HOLMES

	THE REAL PROPERTY.
INSIDE TH ISSUE:	IS
Cover Story	1
Inspirational Quote and Welcome Home	2
Funnies Page	3
Recipe of the Month	4
Cover Story Continued	5-6
Activities Calendar	7-8
Hope Woods Tidbits	9
January Birthday List	10
Poem of the Month	12
STAR Resident	14- 16
Hope Woods Van Schedule	17
Ad Page	18
Activity Book	19-



24



have always felt sorry for children who miss the experience of walking to school. When I was a small

town youngster we walked at least a mile

each way, whatever the weather. And the distance was fraught with wonder, no matter how familiar its landmarks became.

On certain corners there were magic



talismans to be invokedsimple lettering on the sidewalk immortalizing some builder's name. (Continued

Your Community Staff:

- ◆ Aimee Eva—Property Manager ◆
 - ♦ Arya Inez—Office ♦
- ♦ Ralph Gates—Maintenance ◆
- ♦ Tanika Brewer—Grounds/Maint.
 - ♦ Suzie Wallace—Housekeeper ♦
- ♦ Gary Salinas—Van Driver: 929-1743 ♦
- ◆ Deb—Hair Salon: 1.269.650.2181 ◆
 - ♦ Dining Room: CLOSED ♦

Police, Fire & Medical Emergencies: Dial 911

Hope Woods Apartments

on page 5)

Telephone 269.353.4712 Facsimile 269.353.4730 5749 Stadium Drive

Kalamazoo, MI 49009

Monday—Friday 9am—4:30pm Lunch 12:30pm-1pm

hopewoods@sbcglobal.net

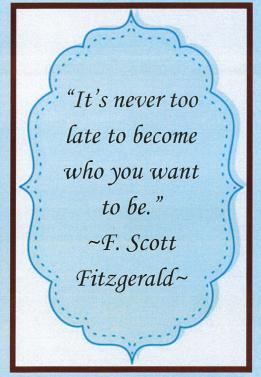
Nancy Wood Notary Services: 269-271-6852

CSC ServiceWorks: 1-844-272-9675 In-Home Companions: 269-718-3418

Professionally Managed by Clearview Property Management Services, LLC.

Welcome Home to our newest neighbors:

Margaret Guthaus 125
Theresa Scohy 248
Mary Lineberry 334



Monthly Reflection Questions:

Answer the following questions then meet with a fellow Hope Woods resident to compare and discuss your answers! Have fun!

Q: What is your favorite quote?

A:

Q: What was your favorite pastime as a young child?

A:













BIZARRO.COM © 2019 BIZARRO STUDIOS



Facebook.com/BizarroComics



I see. When a kid eats peas one at a time, that's being fussy, but when an adult does it, that's practicing mindfulness.





BEEF AND PEPPER SKILLET

- 1 pound lean ground beef (90% lean)
- 1 can (14-1/2 ounces) diced tomatoes with mild green chiles, undrained
- 1 can (14-1/2 ounces) beef broth
- 1 tablespoon chili powder
- 1/4 teaspoon salt

- 1/8 teaspoon garlic powder
- 2 cups instant brown rice
- 1 medium sweet red pepper, sliced
- 1 medium green pepper, sliced
- 1 cup shredded Colby-Monterey Jack cheese

DIRECTIONS:

- 1. In a large cast-iron or other heavy skillet, cook beef over medium heat until no longer pink, 6-8 minutes, breaking into crumbles; drain.
- 2. Add tomatoes, broth, chili powder, salt and garlic powder; bring to a boil. Stir in rice and peppers. Reduce heat; simmer, covered, until liquid is absorbed, 8-10 minutes. Remove from heat; sprinkle with cheese. Let stand, covered, until cheese is melted.

Can you freeze Beef & Pepper Skillet?

Before adding cheese, cool beef mixture. Freeze beef mixture and cheese separately in freezer containers. To use, partially thaw in refrigerator overnight. Heat through in a saucepan, stirring occasionally; add a little broth if necessary. Sprinkle with cheese.

... Yet the first one to stamp on them and shout, "Good luck!" was sure to be protected from evil all day.

And there were houses that loomed with significance en route. There was the Flower Lady whose entire yard was a riot of blossoms and who might give you some for teacher if she felt in a generous mood...

There was the sheriff's house; he could arrest you and throw you in jail if he chose, the older kids claimed... There was the Witch's House, an ancient red brick with cupolas and towers, where a daft old lady lived; she sometimes sang from a window, or scurried out in her little white cap to ask if you'd seen her angels who'd flown off again.

There was the Presbyterian Church with its mighty chimes and clock, and its bubbling drinking fountain... There was that whispering treasure house, the public library. On the way home you could stop and borrow exactly two books, no more. But by starting them as you sauntered along, you could have them read by tomorrow and borrow two more.

In the fall there was the scent of apple orchards and the dusty scuff and rattle of fallen leaves. You picked up the loveliest samples, scarlet maple, golden breech, to show your teacher, then pin on a paper to trace.

When the first snow fell, you raced joyously through it, trying to catch the cool lacy flakes on your tongue. Drifts did not deter you. They were an excuse to wade.

Snow and ice held the earth fast most of the winter, followed by a miracle when the warm days came. For now the gutters ran wild with the melted waters, and sidewalks mirrored an upside-down world of sky and clouds and trees. And gazing down, down, you felt a breathless transporting.

You were one of the five foolish princesses who ran off at night into the world beneath the world and danced their slippers to shreds.

You spied the first robin on your way to school. And the first crocus, and it was news. And there were seedpods to be stepped on; how they squirted. And the fuzz of cottonwoods to catch, and dandelion fluff to be blown. And violets to be gathered in a shady wood, and clover to be braided. And you bounced balls, skipped ropes, and raced to join friends who were waiting, or they rushed up to join you. And you argued and philosophized and giggled and dreamed big dreams as you made this daily pilgrimage.

There was time for these things, to think and wonder and truly be a child on these long walks to school.



JANUARY ACTIVITIES CALENDAR 2022

Activities Calendar Key:

1st Floor

T.V. Lounge: Low Vision Support Group Dining Room: Birthday Party, Meet & Greet Main Lobby: Exercise (w/ Cindy), Happy

Dining Room: (Grocery) Bingo, Potluck

2nd **Floor** T.V. Lounge: Hope Woods Singers,

Doug Hamilton

Craft Room: Craft Class, Fiber Therapy Game Room: Euchre, Dominoes, Cribbage, Scrabble, Pinochle, Poker,

Phase 10, Hand + Foot, Rummi Kub,

3rd Floor
Social Room: Golf, Bible
Study, Coffee Hour
Movie Theatre: Movies

Sunday	Monday	Triesday	Wednesday	Thireday	Eriday	Coturday
1	2	3	4	5	6	7
7p Hand & Foot	9a Coffee 9a Exercise 1p Fiber Therapy 1p Bridge 2p Euchre 7p Rummi Kub	9a Coffee 9a Meijer/ Walmart 2p Dominoes 3-4p Hope Woods Singers 6:30p Bible Study 7p Pinochle	9a Coffee 9 & 9:30a Harding's 2p Movie 2p Euchre 3p Poker 7p Pinochle	9a Coffee 1p Bridge 2p Dominoes	9a Coffee 2p Euchre 4p Happy Hour 6:30p Golf 7p Cribbage	9a Coffee 1p Phase 10 6:30p Scrabble 7pm Bingo
8	6	10	11	12	13	14
6:30p Movie 7p Hand & Foot	9a Coffee 9a Exercise 1p Fiber Therapy 1p Bridge 2p Euchre 7p Rummi Kub	9a Coffee 9a Meijer/ Walmart 2p Doug Hamilton 2p Dominoes 3-4p Hope Woods Singers 6:30p Bible Study 7p Pinochle	9a Coffee 9 & 9:30a Harding's 2p Movie 2p Euchre 3p Poker 7p Pinochle	9a Coffee 1p Bridge 2p Dominoes	9a Coffee 2p Euchre 4p Happy Hour 6:30p Golf 7p Cribbage	9a Coffee 1p Phase 10 6:30p Scrabble 7p Bingo

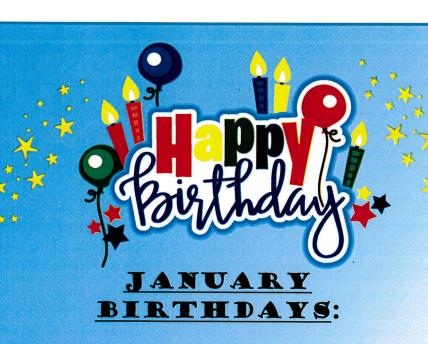
15	16	17	18	19	20	21
5-6:30p Potluck 6:30p Movie 7p Hand & Foot	9a Coffee 9a Exercise 1p Fiber Therapy 1p Bridge 2p Euchre 7p Rummi Kub	9a Coffee 9a Meijer/ Walmart 2p Dominoes 3-4p Hope Woods Singers 6:30p Bible Study 7p Pinochle	9a Coffee 9 &9:30a Harding's 12p Grocery Bingo 2p Movie 2p Euchre 3p Poker 7p Pinochle	9a Coffee 1p Bridge 2p Dominoes	9a Coffee 2p Euchre 4p Holiday Dinner 5p Holiday Dinner 6:30p Golf	9a Coffee 1p Phase 10 6:30p Scrabble 7p Bingo
22 6:30p Movie 7p Hand & Foot	9a Coffee 9a Exercise 1p Fiber Therapy 1p Bridge 2p Euchre 7p Rummi Kub	9a Coffee 9a Meijer/ Walmart 2p Dominoes 3-4p Hope Woods Singers 6:30p Bible Study 7p Pinochle All Day Gift	9a Coffee 9 & 9:30a Harding's 12p Grocery Bingo 2p Movie 2p Euchre 3p Poker 7p Pinochle	26 9a Coffee 1p Bridge 2p Dominoes	9a Coffee 2p Euchre 4p Happy Hour 6:30p Golf 7p Cribbage	9a Coffee 1p Phase 10 6:30p Scrabble 7p Bingo
29	30	31				
7p Hand & Foot	9a Coffee 9a Exercise 1p Fiber Therapy 1p Bridge 1p Birthday Party 2p Euchre 7p Rummi Kub	9a Coffee 9a Meijer/ Walmart 2p Dominoes 3-4p Hope Woods Singers 6:30p Bible Study 7p Pinochle				



- Food Donations: We are pleased to report that for the month of December we collected 142 non-perishable food items to donate to Kalamazoo area families in need! We accept donations all year long. Please be sure to check the items you are donating for expiration dates; expired food is not accepted. Feel free to drop off your food donations directly to the office. Thank you!
- Winter Weather Reminder: Please remember it is important to be sure when parking your vehicle that your bumper is not hanging over the sidewalk. This allows for the snow removal crew to completely clear sidewalks. In addition, it is helpful if you move your vehicle at least a few times a week at minimum to allow the plow to clear the parking spaces. Thanks for your help!

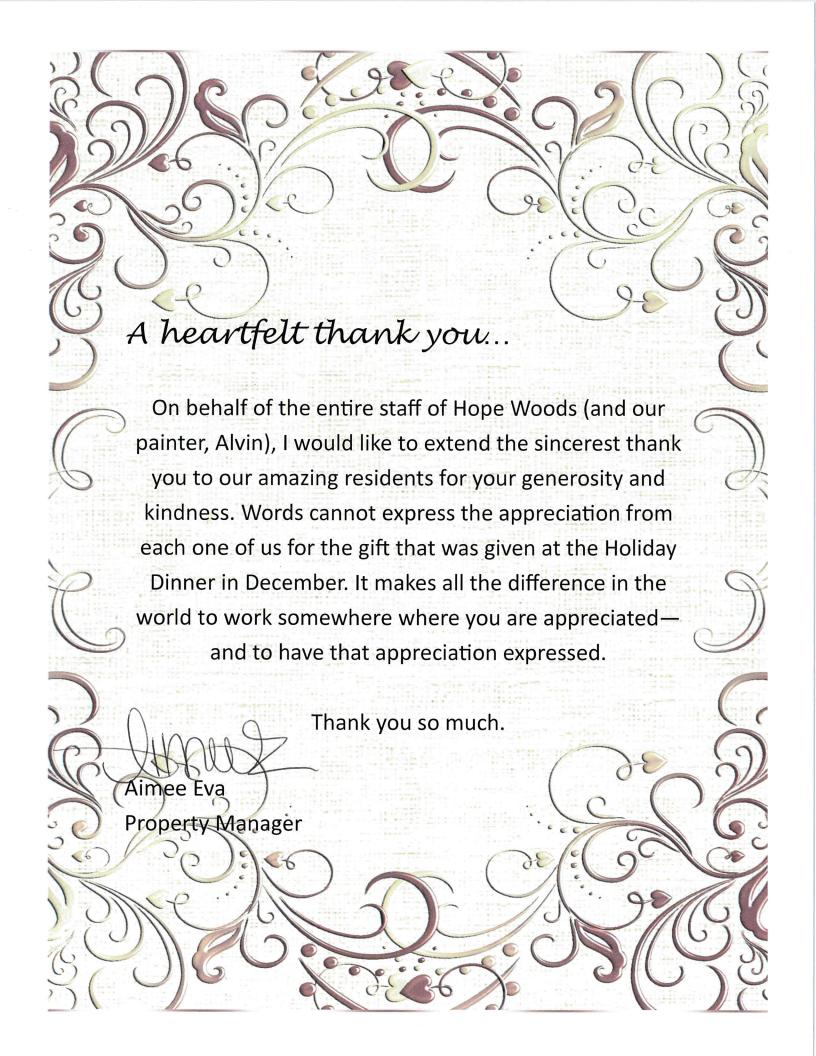
A maintenance emergency is something involving appliances, leaks, damage to the building structure, etc. A full list of emergencies can be found in your Resident Rules & Regulations packet. For your convenience, please see the list below:

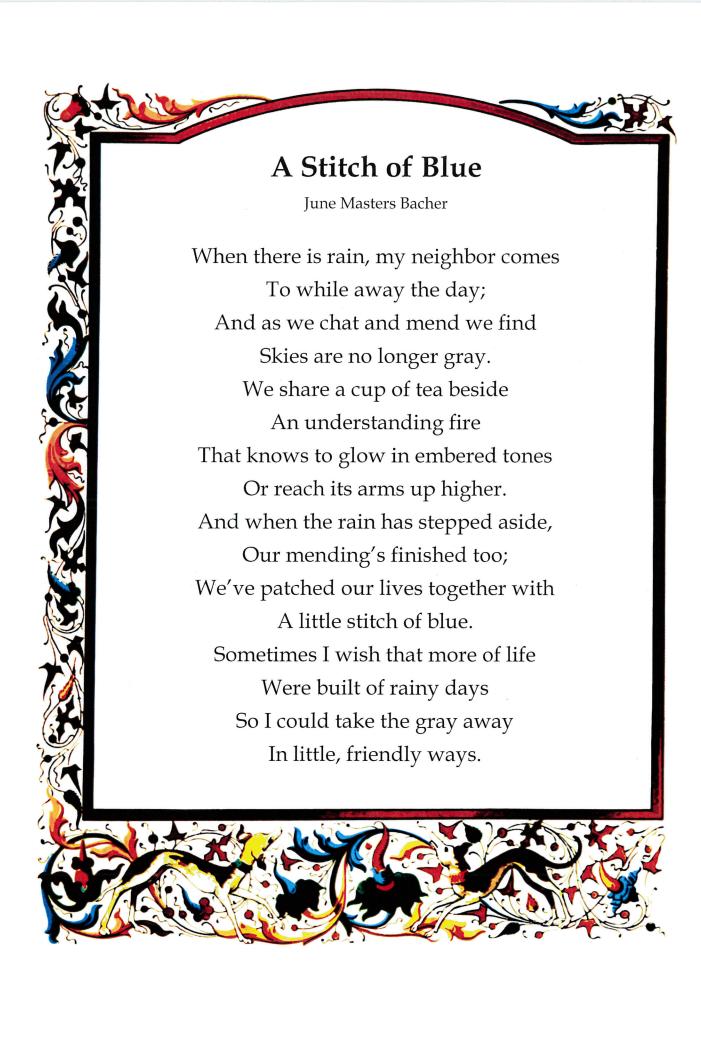
- 1. Furnace problems
- 2. Broken water pipes or primary windows
- 3. Plugged services
- 4. Floods or leaks
- 5. Electrical malfunctions
- 6. No water
- 7. Building damage
- 8. Gas leaks (Call Consumer's Energy at 1-800-477-5050)
- 9. Fire or natural disaster
- 10. Hot water-heater problems
- 11. Locked out (remember, if it is after office hours there will be a fee)











Thank You...

...to everyone who made the Hope Woods Caroling a success.

- In Home Companions for providing refreshments
 Marilynn Price-Richard for graphics
 - · Aimee and Arya for memos and printing songbook
 - . Susan for prefacing songbook and playlists
 - . ALL who added their voices

Hope Woods Singers

Hope Woods Star Resident

Jan. 2023

We are continuing to get to know our valued residents. This month we learn about Dick & Shirley Street.

Open Heart, Open Doors

Dick was born at home in the small town of Chesaning, located in Shiawassee County, in central Michigan. Although a single child, he was surrounded by a close family, consisting of grandparents, aunts, uncles, and cousins. When he was nine he and his mother moved to Kalamazoo to be nearer to his father who was recovering from tuberculosis in the America Legion Hospital at Ft. Custer, near Battle Creek. From 4th grade through 8th grade he attended Lindbergh School, a one room school house located on W. Michigan Avenue, near the convergence of KL Avenue. From 9th grade through 12th grade he attended State High School, located within the confines of Western Michigan University.

Shirley was born in Bronson Hospital in Kalamazoo. She had one brother, five years older. She also was surrounded by a large family of grandparents, aunts, uncles, and cousins. Shirley attended Milwood elementary and junior high school through 9th grade. She attended Kalamazoo Central High School for 10th through 12th grade. She attended WMU for one semester.

Dick and Shirley met in 1952, dated for 3 years, and married in 1955. Their 3 children were born in 1957, 1959, and 1962. Their family now consists of 7 grandchildren and 12 great grandchildren.

Dick and Shirley had a home that was always open and available to one and all. This is an account of the many people that lived for a time in their home.

One of Dick's cousins needed a place to live in Kalamazoo while he finished his education at WMU, after leaving the military. He lived with them for a school year.

Dick and Shirley became a foster family, working with Michigan Children's Aid Society. Over a period of three years, they were home to →

20 new-born babies.

They also fostered a 12 year old blind boy for a school year.

After the death of Dick's father, his mother came to live with them, staying for 16 years before leaving to live independently.

They answered a plea from their church to become an off campus family to WMU students who were unable to go home during the holidays and other times when the campus was not available to them. The first student was a young Japanese man whose home was in Tokyo, Japan. He was part of their family for a period that covered 5 years.

Another WMU student was in and out of their home until she graduated. They are still in contact with her and her family, these many years later.

Another WMU student needed a place to live for a summer. Dick opened their pop-up camper in the backyard, connected it to electricity, and the young man lived there, using the family's indoor facilities for bathing, etc. as well as eating with, and enjoying life with the Streets. He later became a PA and then went on to medical school to become an OBGYN. They still remain in contact with him.

A daughter's friend of theirs, who had always wanted to go to Loy Norrix High School, lived with them for most of her sophomore year. She always was and always will be one of their "beloved" children.

By now their children have grown with families of their own. One son was leaving the military and was moving to New York for employment. His wife and two children moved in and lived with them for about 3 months while he was getting settled into his new civilian job and finding appropriate housing for his family.

Their daughter, having finished her undergraduate studies at IU, moved back home with her baby, and lived with them while her husband was finishing out a job commitment in Indiana.

Several years later, their daughter, as a single mom of two children, decided to get her masters degree. She did this at University of Michigan. She would drop off her two small children at Dad and Mom's on Monday morning, drive to Ann Arbor for the week, then pick up her two little ones on

Friday evening. She did this for 9 months.

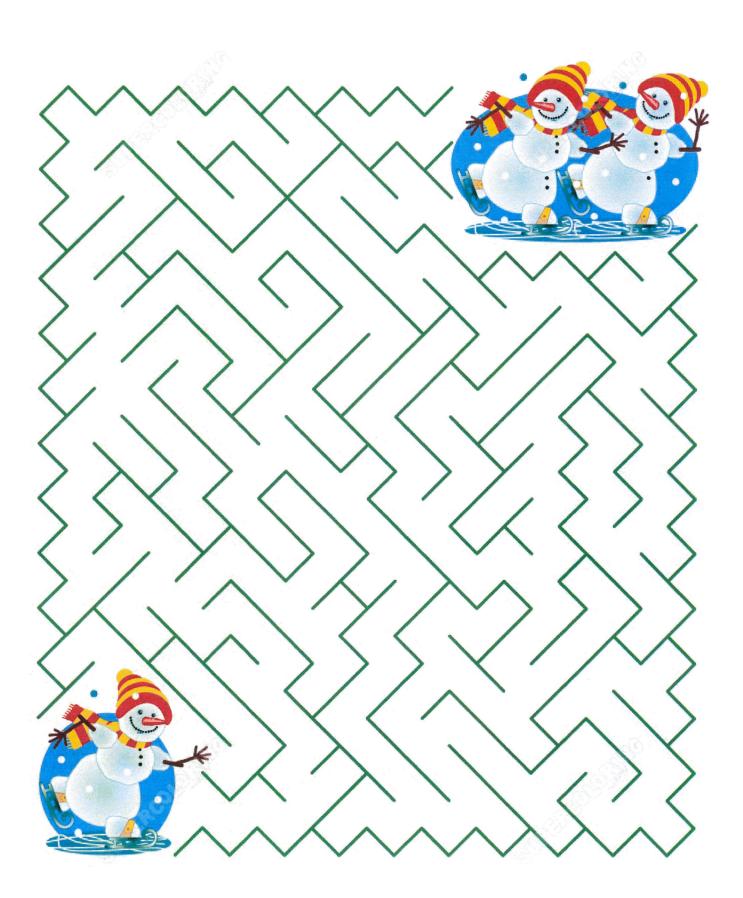
In the meantime, while their home offered short-term housing for many folks, Shirley was also caring for small children in her home on a daily basis.

Because their home was in close proximity to the interstate highway, traveling family and friends would often stop for a respite from their travels to enjoy a meal and/or often an overnight. Whenever Shirley's brother and sister-in-law were visiting Kalamazoo he would stay with them while his wife would stay with her family. These visits with her brother were always a treasured time.

Home always had an "Open Door." The coffee pot was always full as was the cookie jar. Many, many friends and family were coming and going, knowing that it was a friendly, loving, and caring place to spend a few minutes. All were welcome.

Dick and Shirley still maintain an "Open Door" policy in their home at Hope Woods. Apartment 202. Stop by and hear the back stories of any of the folks that we have had living in our home. You are always welcome.

Hebrews 13:1-2



To solve a Sudoku puzzle, place a number in each empty square so that each row, each column, and each 3×3 block contains all the numbers from 1 to 9.

				1				3
	2			9		3		3
	8		5					
5				ē,	6			1
		2					7	6
9					2		3	
	9				4		2	
	Congress		8	5		9		
	4					1	8	

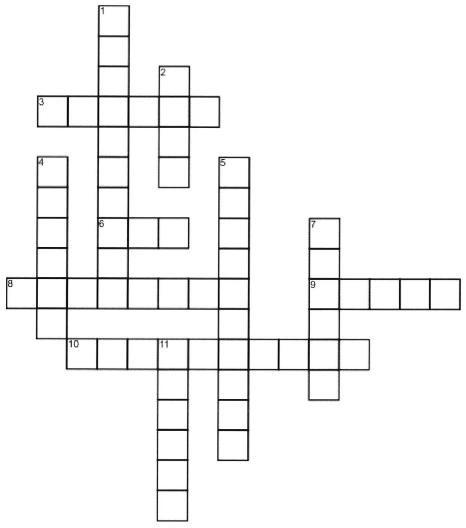
3	6			5	2			
	5	2	9				4	
				3				
				8		4	1	
			,				5	2
	4				5			9
		6		ā	1	8	3	
7	9			•		6		
		1	3					

To solve a Sudoku puzzle, place a number in each empty square so that each row, each column, and each 3 × 3 block contains all the numbers from 1 to 9.

Winter

	VAII	1651	
1. LIOGO		8. ARCEIEPFL	
2. LIRBAZDZ		9. NSWO	
3. ASEKNWFLO	<u> </u>	10. NIREWT	
4. DOLC		11. MCHIRASTS	
5. CCILIE		12. TTIESMN	
6. ACOOC		12. NNWSOMA	
7. LDES		14. FOTSR	
	WOR	D LIST	
BLIZZARD	FIREPLACE	MITTENS	SNOWMAN
CHRISTMAS	FROST	SLED	WINTER
COCOA	ICICLE	SNOW	
COLD	IGLOO	SNOWFLAKE	

Winter Crossword Puzzle



Across

- 3. What season comes after Winter?
- 6. What's snow made out of?
- 8. What month does Christmas take place?
- 9. How many months does Winter last?
- 10. What are heavy snowfalls often called?

Down

- **1.** How many different kinds of snowflake shapes are there?
- 2. What comes falling down the sky on Winter?
- 4. What are "light" and "fluffy" snow called?
- 5. Which country has winter all year round?
- 7. What season comes before Winter?
- 11. What is the coldest season of the year?

Word Bank

Antarctica

Snow

Thirty-Five

lce

Winter

Autumn

Spring

Three

December

Powder

Snowstorms