Hope Woods Newsletter

NOVEMBER EDITION

W O O D S A P A R T M E N T S

THANKSGIVING PAGEANT TO REMEMBER BY: PAMELA KENNED

INSIDE THIS ISSUE: **Cover Story** Inspirational Quote and Welcome Home **Funnies Page** Recipe of the Month 4 **Cover Story Continued Activities Calendar** 8-9 **Hope Woods Tidbits** November Birthday List Poem of the Month 12 13-**STAR Resident** 14 Hope Woods 15 Van Schedule Ad Page 16 17-**Activity Book**





asked to organize _ the annual Thanksgiving program at my son's preschool; and since he was my first child, I was naïve enough to see the request

had been as an honor. The teacher, delighted with my enthusiasm and the realization she had a novice in the job, gave me free rein to plan whatever I liked to help the children "understand the



true meaning of Thanksgiving." Given my natural bent towards the dramatic... (Continued on page 5)

Your Community Staff:

- ◆ Aimee Eva—Property Manager ◆
 - ♦ Arya Inez—Office ♦
- ♦ Ralph Gates—Maintenance ♦
- ◆ Tanika Brewer—Grounds/Maint.◆
 - ◆ Suzie Wallace—Housekeeper ◆
- ♦ Gary Salinas—Van Driver: 929-1743 ♦
- ◆ Deb—Hair Salon: 1.269.650.2181 ◆
 - ♦ Dining Room: CLOSED ♦

Police, Fire & Medical Emergencies: Dial 911

Hope Woods Apartments

Telephone 269.353.4712

Facsimile 269.353.4730

5749 Stadium Drive

Kalamazoo, MI 49009

Monday—Friday 9am—4:30pm

Lunch 12:30pm-1pm

hopewoods@sbcglobal.net

Nancy Wood Notary Services: 269-271-6852

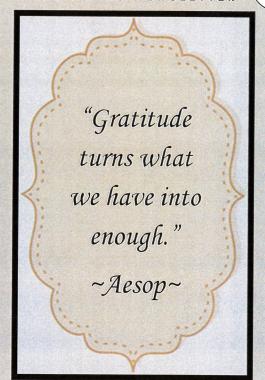
CSC ServiceWorks: 1-844-272-9675

In-Home Companions: 269-718-3418

Professionally Managed by Clearview Property Management Services, LLC.

Welcome Home to our newest neighbors:

Ranny Hinckley 122 Nancy Ferriell 224 Barbara Larkin 309 **Chuck Vineyard 334**



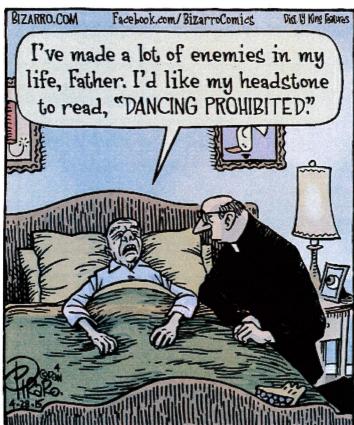
Monthly Reflection Questions:

Answer the following questions then meet with a fellow Hope Woods resident to compare and discuss your answers! Have fun!

	ld you rathe our dishes u			air with dis	h soap, or
A:					
Q: Wha	t is your fav	orite color	combinati	on?	
A:					









COUNTRY STEW



- 1 pound stew meat
- 2 tbsp vegetable shortening
- 2 carrots, cut into chunks
 - 2 potatoes, quartered
- 1 medium onion, chopped
 - 2 celery stalks, chopped
- 1 14 1/2-ounce can stewed tomatoes
 - Salt and pepper to taste
- 2 6-ounce packages refrigerated biscuits

DIRECTIONS:

- 1. Dredge meat in flour. In a large saucepan, heat shortening over medium heat. Brown meat on all sides. Add enough water to cover meat; bring to a boil. Reduce heat to low and simmer until meat is tender. Add additional water if necessary.
- 2. In a large bowl, combine carrots, potatoes, onion, and celery. Cover with water and set aside until the meat is almost tender, then add to meat. Add water if necessary. Bring to a boil; reduce heat and simmer until vegetables are tender. Add tomatoes, salt, and pepper; heat through.
- 3. Preheat oven to 450° F. Pour hot stew into a large baking dish or two small baking dishes. Place biscuits atop stew and bake 8 to 12 minutes or until biscuits are golden brown.

... I decided to orchestrate a pageant, complete with Indians, Pilgrims, and a finale that included a feast prepared by the children themselves. As I ran over the details of my plan with the teacher, I failed to catch the irony in her voice when she smiled and said, "I just know this year our program will be truly memorable."

I wanted to help the children understand the context of the first thanksgiving; I wanted to fill them with awe at the courage of their forefathers and to imbue them with respect for the Native Americans who encouraged and aided the struggling immigrants. I spent hours in the library researching the events at Plymouth and brought storybooks about the plight of the Pilgrims to share with the children.

In early November, I spent an afternoon with the class, telling them about Squanto and William Bradford and the fierce winter and the hopelessness faced by the little band of Pilgrims. Then I told them about the helpfulness and cooperation between the Wampanoags and the settlers and finally about the Thanksgiving feast they all shared. The children listened attentively and seemed delighted with the prospect of reenacting the story. I was thrilled.

"Okay, who would like to be an Indian?" I asked. All the boys raised their hands. "We can't have all of you be Indians! We need some men Pilgrims too."

"They dressed funny," offered one, "and they had ponytails."

"Yeah, and they lived in houses. The Indians got to camp out and carry spears and knives and kill stuff."

"Boring," chorused the discontented young males.

"Let's talk about the feast," I countered. "We'll worry about who's who later." I read aloud the list of food items noted in the journals of some of the participants at the first Thanksgiving.

"Eels?!!" "Yuck!" "Gross!" "No way am I eating clams." "I think

I'm allergic to squash." "I had deer once and it made me throw up." The chorus of naysayers drowned me out.

"We don't have to eat the same exact things. We could pretend," I suggested. "What do you think we should have?"

"Hot dogs!" "Pizza!" "Cheeseburgers!" "Tacos!"

I looked at the bemused teacher, sitting at the back of the room, obviously enjoying the whole scene.

After some time, we decided to compromise on apple juice, popcorn, and pumpkin pie; and I relented and let all the boys be Indians and carry knives made of cardboard. The girls agreed to be Pilgrims "and pretend all the men are inside with bad colds." It wasn't quite what I had planned, but still I held out hope that the "true meaning of Thanksgiving" could be salvaged.

The morning of the pageant, the class assembled in the school kitchen to make the "feast." As we worked, I thought it might just be simpler to cook over an open fire in sub-zero temperatures in seventh-century New England. Everyone on our apple juice committee felt compelled to add a personal can of water to the frozen concentrate. It came out pale and tasteless. When we popped the corn, someone shoved the bowl at the crucial moment, and the air popper spewed its contents all over the table and floor, sending the children shrieking with laughter as they tried to catch the errant kernels. The pie-making Pilgrims had an argument over who was going to break the eggs, and someone dropped the whole carton. After the tears and slime were mopped up, I was the first one ready for a nap when the teacher suggested it was quiet time.

Refreshed after our short break, I helped my little braves don their fringed paper-bag vests and pinned white caps and collars on the Pilgrim girls. As I read the account of the first Thanksgiving, the children pantomimed their parts dutifully, then gathered in a big circle on the

floor to enjoy their feast. While sticky fingers dunked popcorn in cups of watery apple juice and the Wampanoags carved slivers of apple pie with cardboard knives, the teacher asked each child to share something for which he or she was thankful. One by one, the children mentioned family or pets or a special toy. But the comment that I will always cherish came from a little boy who announced, "I'm thankful Mithuth Kennedy helped uth have a real Thankthgiving, and I didn't have to dreth up like a Pilgrim and eat eelth and clamth." A chorus of "Eeewws!" affirmed his gratitude.

Later, as I cleaned the pumpkin pie off my slacks and sweater, I smiled as I thought of something else for which to give thanks. Next year, I would be smart enough to decline the honor of preparing the Thanksgiving program!



NOVEMBER ACTIVITIES CALENDAR 2022

1st Floor

Dining Room: Birthday Party, Meet & Greet T.V. Lounge: Low Vision Support Group Main Lobby: Exercise (w/ Cindy), Happy

Dining Room: (Grocery) Bingo, Potluck

Activities Calendar Key:

Craff Room: Craft Class, Fiber Therapy **2**nd **Floor** T.V. Lounge: Hope Woods Singers, Game Room: Euchre, Dominoes, Doug Hamilton

Cribbage, Scrabble, Pinochle, Poker, Phase 10, Hand + Foot, Rummi Kub,

3rd Floor Social Room: Golf, Bible Movie Theatre: Movies Study, Coffee Hour

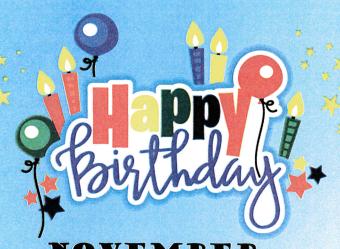
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		_	2	3	4	2
		9a Coffee 9a Meiier/	9a Coffee 9a Exercise with	9a Coffee	9a Coffee	9a Coffee
		Walmart	Cindy	10:30a Low	4p Hanny Hour	6:30p Scrabble
		2p Dominoes	9 & 9:30a	Vision Support	6:30p Golf	7pm Bingo
		5-4p Hope Woods	Harding's	1p Bridge	7p Cribbage	
		Singers 6:30s Piblo Ctudy	2p Euchre	2p Dominoes)))))	
		o.30p bible Study 7p Pinochle	3p Poker			
			7p Pinochle			
9	7	8	6	10	11	12
7p Hand & Foot	9a Coffee	9a Coffee 9a Maijar/	9a Coffee	9a Coffee	9a Coffee	9a Coffee
	9a Exercise	Walmart	9a Exercise with	1p Bridge	2p Euchre	1p Phase 10
	1p Fiber Therapy	2p Doug Hamilton	Cindy	2p Dominoes	4p Happy Hour	6:30p Scrabble
	1p Bridge	2p Dominoes	9 & 9:30a		6:30p Golf	7p Bingo
	2p Euchre	3-4p Hope Woods	Harding's		7p Cribbage	
	7p Rummi Kub	Singers	2p Euchre	**		
		6:30p Bible Study	3p Poker			
			7p Pinochle			

13	14	15	16	17	78	10
3p Movie 7p Hand & Foot	9a Coffee 9a Exercise 1p Fiber Therapy 1p Bridge 2p Euchre 7p Rummi Kub	9a Coffee 9a Meijer/ Walmart 2p Portage Senior Center Band in Lobby 2p Dominoes 3-4p Hope Woods Singers 6:30p Bible Study 7p Pinochle	9a Coffee 9a Exercise with Cindy 9 &9:30a Harding's 12p Grocery Bingo 2p Euchre 3p Poker 7p Pinochle	9a Coffee 1p Bridge 2p Dominoes	9a Coffee 2p Euchre 4p Happy Hour 6:30p Golf 7p Cribbage	9a Coffee 1p Phase 10 6:30p Scrabble 7p Bingo
20	21	22	23	24	25	26
5-6:30p Potluck 7p Hand & Foot	9a Coffee 9a Exercise 1p Fiber Therapy 1p Bridge 2p Euchre 7p Rummi Kub	9a Coffee 9a Meijer/ Walmart 2p Dominoes 3-4p Hope Woods Singers 6:30p Bible Study 7p Pinochle	9a Coffee 9a Exercise with Cindy 9 & 9:30a Harding's 12p Grocery Bingo 2p Euchre 3p Poker 7p Pinochle	9a Coffee 1p Bridge 2p Dominoes	9a Coffee 2p Euchre 4p Happy Hour 6:30p Golf 7p Cribbage	9a Coffee 1p Phase 10 6:30p Scrabble 7p Bingo
27 1p Birthday Party 7p Hand & Foot	9a Coffee 9a Exercise 1p Bridge 2p Euchre 7p Rummi Kub	9a Coffee 9a Meijer/ Walmart 2p Dominoes 3-4p Hope Woods Singers 6:30p Bible Study 7p Pinochle	9a Coffee 9a Exercise with Cindy 9 & 9:30a Harding's 12p Grocery Bingo 2p Euchre 3p Poker 7p Pinochle			

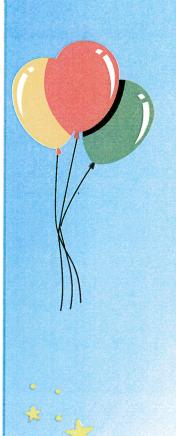


HOPE WOODS TIDBITS

- Food Donations: We are pleased to report that for the month of October we collected 134 non-perishable food items to donate to Kalamazoo area families in need! We accept donations all year long. Please be sure to check the items you are donating for expiration dates; expired food is not accepted. Feel free to drop off your food donations directly to the office. Thank you!
- Work Order Procedures: Please be reminded that our company policy states all work order requests must come directly to the office. This is to ensure that work-orders are processed in the order they were received, with emergencies taking priority:
- 1. Furnace problems
- 2. Broken water pipes or primary windows
- 3. Plugged services
- 4. Floods or leaks
- 5. Electrical malfunctions
- 6. No water
- 7. Building damage
- 8. Gas leaks (Call Consumer's Energy at 1-800-477-5050)
- 9. Fire or natural disaster
- 10. Hot water-heater problems
- 11. Locked out (remember, if it is after office hours there will be a fee)



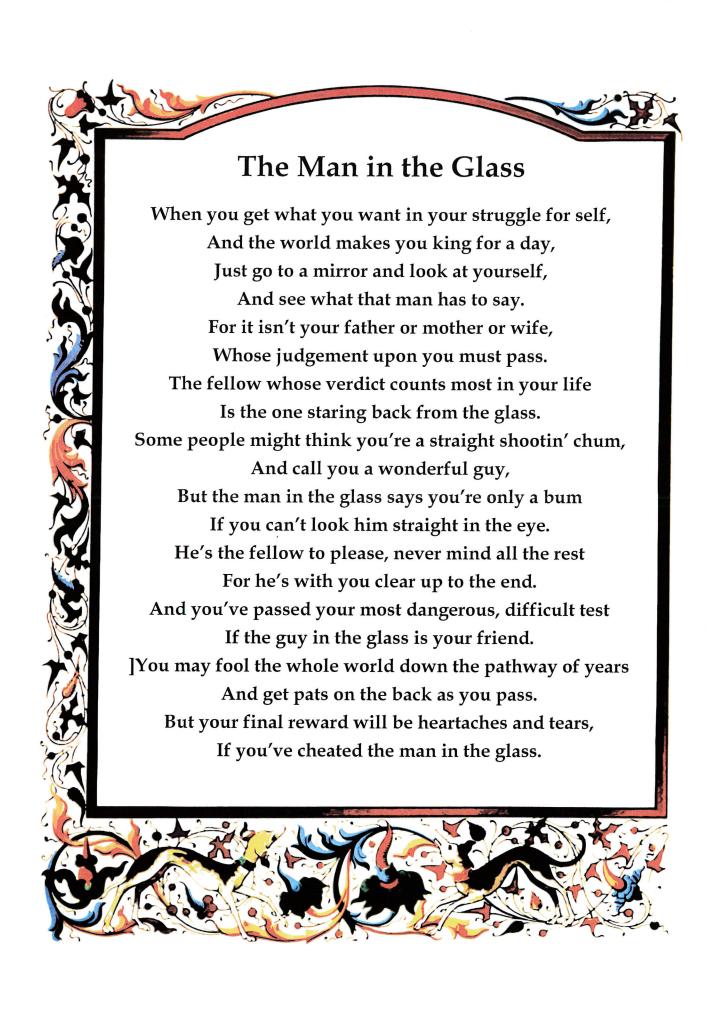
NOVEMBER BIRTHDAYS:



318	Steve Washington	11/5
335	Heddy Griesshammer	11/7
341	Andy Chopp	11/11
201	Karen Cabras	11/13
143	Marsha Curry	11/15
234	Bill Zook	11/18
301	Ann Ridge	11/22
347	Sandy Akerson	11/22
305	Annie Thurston	11/26
312	Tom Smith	11/26
204	Shirley Lawton	11/26
318	David Hager	11/29
128	Karen O'Hara	11/29







Hope Woods Star Resident

By: Sonya Scarff
We are continuing to get to know our valued residents. This month we learn about Sonya Scarff herself.

Nov. 2022

Sonya Scarff Apt. 241

I was born in Adrian, Michigan in 1934. 2 brothers came soon after. My father was an assistant football coach at Adrian College, so I was able to sit on the bench with my own helmet. So my interest in sports began early. When I entered kindergarten, I had my tonsils removed. It was required that all students starting school have their tonsils removed. No protests or signs or marches! Parents complied.

When World War II began, my father got a job in a glider factory in Troy, Ohio. Gliders were used to silently transport troops into enemy territory. So, Troy became home. I went through school there until I graduated in 1952. I always loved school. My favorite time was always when school started in the fall. Saddle shoes, bobby socks, skirts and sweaters—no jeans or pants! In high school, I was active in Future Teachers and Student Council.

I went to Hanover College in Indiana for 2 years. There I was active in Alpha Delta Pi and Christian Youth. I took my pre-nursing classes there. Then I went to Christ Hospital School of Nursing, in Cincinnati, Ohio. Nursing school was a cross between a convent and boot camp! It cost \$300 for the whole 3 years. I loved those years, even though they were very demanding. I have been so happy to be in the medical field—I convinced several family members to do the same—4 doctors, 1 midwife, 2 nurses.

I started dating Ted Scarff. We had been in school together since 8th grade. We had hung with the same "nerdy" crowd, but did not date. Ted went to engineering school in Flint, Michigan. →

So our romance was between Troy, Ohio, Cincinnati, Ohio, and Flint, Michigan. We were married in 1957, 1 month after I graduated from nursing school.

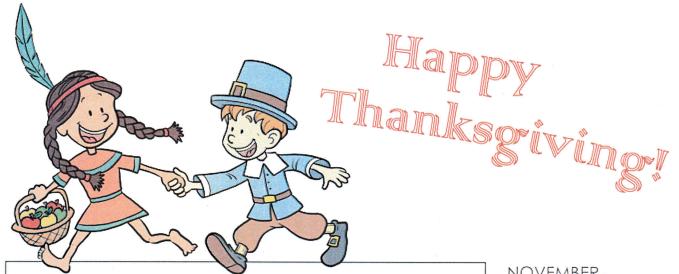
I had since I was a little child known that I wanted to be a nurse and a mommy. So I was a nurse. Our first son was born in 1959. Son number 2 arrived in 1960, a daughter in 1962, then a son in 1964. Then I was a nurse and a mommy. I wanted 6 children, but after 4 in 5 years, we decided 4 was enough!

After the children were born, I did not work until all were in school full time. I worked in several nursing homes, depending on where Ted was working. He worked in aerospace engineering, so was transferred several times. From Troy, we went to Kalamazoo, next to Omaha, Nebraska, then Blair, Nebraska, next to Mentor, Ohio, then to Waverly, Ohio and back to Kalamazoo. Wherever we moved, I looked for a Presbyterian church—always a way to make new friends.

Ted continued his engineering work until we retired in 2000. I worked in several places with severely mentally and physically handicapped people. My last position was with Western Michigan University's Center for Disability Services. There I helped develop the university's Adult Services program.

Besides all the moving around we did for Ted's job, we also made many moves here in Kalamazoo and Portage. Ashley Drive, Hillcrest, Wendy Lane, Winter Forest Drive, Crooked Lake/Texas, Pine Arbor Ridge.

After Ted passed, I moved here to Hope Woods.



G D Ι E C D Χ Q T 0 B G X D Z S C M S D K R S J X G E E G Ι T S 0 Ε 0 Z Ι Ε В Ι Ε C 0 0 T I S G Κ Ι B E S E S 0 0 R N U C 0

NOVEMBER -**PLYMOUTH** THANKSGIVING NATIVES AUTUMN CORNUCOPIA CRANBERRIES **FAMILY FEAST** COLONY **SETTLERS POTATOES** BREAD PILGRIM **HARVEST AMERICA** PUMPKIN MAYFLOWER CORN TURKEY

Thanksgiving Word Scramble Unscramble the Thanksgiving words and then use the highlighted letters to form the secret message. You will have to unscramble the message as well. ICUONROPCA ETRSHVA MEVRNOEB ILIGPMR KUTEYR BCNERRRAY YRAOMEFWL TMOLPYUH AYHLIOD GWNMPAAAO INKPMUP

a puzzja:-to-p;bccom

Thanksgiving Word Scramble

Unscramble the Thanksgiving words and then use the highlighted letters to form the secret message. You will have to unscramble the message as well.

ICUONROPCA

ETRSHVA

MEVRNOEB

NOVEMBER

ILIGPMR

PILGRIM

KUTEYR

TURKEY

BCNERRRAY

CRANBERRY

YRAOMEFWL

MAYFLOWER

TMOLPYUH

AYHLIOD

HOLIDAY

GWNMPAAAO

WAMPANOAG

INKPMUP

THANK YOU FOR

a puzzle:-to-psinteom



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L	0	R	Μ	V	Α	L	Y	Ε
Υ	Ε	Α	0	F	L	W	R	М
F	Α	Ε		0	М	R	W	Υ
R	Y	L	F	Ш	W	0	М	Α
W	М	0	Α	R	Υ	Ш	L	F
Α	F	Υ	Ш	L	R	М	0	W
Ε	L	W	Υ	М	0	Α	F	R
0	R	М	W	Α	F	Υ	Ε	L

Name:	Date:	
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HAPPY Thanksgiving

Secret Message

DIRECTIONS: Here is a quote about Thanksgiving. Each distinct letter in the original phrase has been substituted with another letter from the alphabet. We've given you one of the letters to help get you started.

FWIO EWI ODTWE FDOYI

FWDIECI EWZSNTW EWI EZILI

ROY UCSF EWI XZDIV UZSFO

CIRJII R-XZRXMCDOT YSFO,

FWIO EWI RNENBO BSSO DI

UDT ROY QICCSF-SZROTI ROY

ZSNOY,

FWLO SCY GRXM HZSTE DT

IVRZMCDOT SO EWL TZSNOY,

DE'T EWROMITDJDOT EDBL!

- Langston Hughes

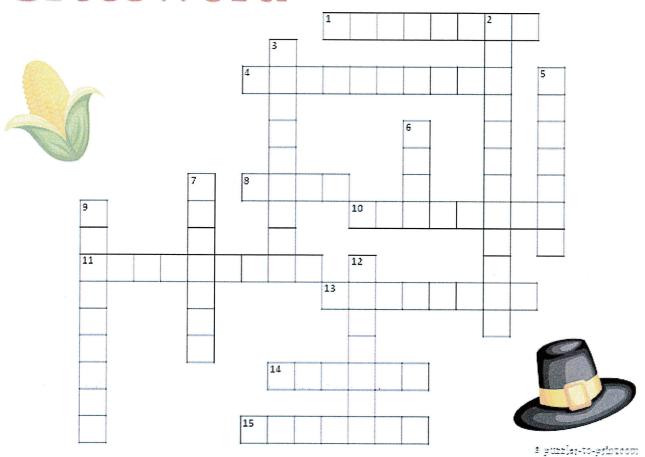
HAPPY Thanksgiving

SOLUTION

Secret Message

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WHEN THE NIGHT WINDS
FWIO FWI ODTWF FDOYT
WHISTLE THROUGH THE TREES FWDIECL FWZSNIW FWL FZLLI
AND BLOW THE CRISP BROWN
ROY UCSE FWI XZDTV UZSEO
LEAVES A-CRACKLING DOWN,
CLRJLI R-XZRXMCDOT YSFO,
WHEN THE AUTUMN MOON IS
FWLO FWL RNENBO BSSO DT
BIG AND YELLOW-ORANGE AND UDT ROY QLCCSF-SZROTL ROY
\frac{R \circ U N D}{Z S N \circ Y}
  WHEN OLD JACK FROST IS
FWLO SCY GRXM HZSTF DT
      SPARKLING ON THE GROUND, IVRZMCDOT SO EWL TZSNOY,
        IT'S THANKSGIVING TIME!
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Thanksgiving Crossword



Across

- 1. First village established by the Pilgrims
- 4. Symbol of abundance and nourishment
- 8. An essential grain in the New World diet
- 10. Literally, travelers going to a holy place
- 11. The Pilgrims' boat
- 13. 16th and 17th century English Protestants
- 14. The traditional holiday bird
- 15. Indian who taught the Pilgrims many things

Down

- 2. 4th Thursday of November
- 3. A traditional Indian dwelling
- 5. Gathering of crops
- 6. Season for harvesting
- 7. Country the Pilgrims left behind
- Indian tribe that was present at the first Thanksgiving
- 12. Bright orange squash used to make pie

