

# Hope Woods Newsletter



## OCTOBER EDITION

HOPE WOODS APARTMENTS



### VICTORIAN HOUSE

BY: HEATHER RUSAW

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This, or I should say these occurrences took place 7 years ago at an old Victorian house in Canton, New York. It's five stories, including the

basement and attic. It is now a Sorority house of which I was a member. Before I was able to move into the house everyone used to sit around and tell "ghost stories" that had been passed



down from members who had lived there previously. *(Continued on page 5)*

#### Your Community Staff:

- ◆ *Aimee Eva*—Property Manager ◆
- ◆ *Arya Inez*—Office ◆
- ◆ *Ralph Gates*—Maintenance ◆
- ◆ *Suzie Wallace*—Housekeeper ◆
- ◆ *Gary Salinas*—Van Driver: 929-1743 ◆
- ◆ *Deb*—Hair Salon: 1.269.650.2181 ◆
- ◆ **Dining Room: CLOSED** ◆

Police, Fire & Medical Emergencies: Dial 911

#### Hope Woods Apartments

Telephone 269.353.4712

Facsimile 269.353.4730

5749 Stadium Drive

Kalamazoo, MI 49009

Monday—Friday 9am—4:30pm

Lunch 12:30pm-1pm

[hopewoods@sbcglobal.net](mailto:hopewoods@sbcglobal.net)

CSC ServiceWorks: 1-844-272-9675

In-Home Companions: 269-718-3418

Professionally Managed by Clearview Property

Management Services, LLC.



**Welcome Home to  
our newest neighbors:**

**Frank & Pam Good 304**

*"Cat on a fence post  
Witch in the moon;  
Ghosts hover softly  
Halloween soon!"*

*~Rusty Fischer~*

# OCTOBER TRIVIA

1. What is the October gemstone?
2. What is the October flower?
3. What two zodiac signs occur in October?
4. What is the the Welsh word for October?
5. When is Halloween?
6. What is October Latin for?
7. When did free rural delivery of mail begin in the United States?
8. How many days are in October?
9. What did the Saxons call the month of October?
10. T/F: More U.S. presidents have been born in October than in any other month.

ANSWERS: (1) Opal (2) Calendula (3) Libra & Scorpio (4) Hydrif (5) October 31 (6) 'The Eighth Month' (7) October 1, 1896 (8) 31 (9) Winteryllleth (10) True



MAKES 6 SERVINGS!!!

## MUMMY POT PIES

- 1 lb. ground beef
- 2 cups frozen mixed vegetables
- 1 yellow onion diced
- 1 clove garlic
- 1 teaspoon Montreal steak seasoning
- 1 teaspoon salt
- 1 teaspoon pepper
- 3 ½ tbsp flour
- 14.5 oz can beef broth
- 1 pie dough
- 8 olives



### DIRECTIONS:

1. Preheat the oven to 375 degrees.
2. Dice the onion. Sauté in olive oil for about five minutes.
3. Add the hamburger and brown sprinkle with steak seasoning, salt and pepper. Sauté until browned add the garlic and sauté another minute.
4. Sprinkle with flour. Cook and blend the flour until it is well incorporated - a couple of minutes. Increase the heat to medium high and add the beef stock, stirring the entire time. Cook for 4-5 minutes the meat mixture will thicken.  
Remove from heat.
5. Ladle the mixture into pie tins.
6. Take the pie dough and cut into narrow strips and lay on top of the meat pies. There's no rhyme or reason - crooked and overlapping is good! Tuck a couple olives in for the eyes. Brush with beaten egg.

... I've always believed in ghosts, but chalked these stories up to the fact that it was an old house with a lot of work that needs to be done. Was I ever wrong! There was a lot of paranormal activity in the house such as footsteps on the 3rd floor when no body was up there. Closet and bedroom doors would open and close by themselves, and things would disappear and reappear in strange and unusual places. But I had never experienced any thing like I did on August 8th, 1992.

It was a week before a new semester was to begin. My boyfriend and I had driven to Canton to drop off some of my things, and to paint the bedroom that I was moving into. We had moved most of the stuff to the second floor and it had just started to get dark, enough to turn the hallway light and the bedroom light on. On my next trip upstairs, while my boyfriend was clearing out my car, I got to the top of the stairs and I noticed that the hallway light AND my bedroom light were off. I didn't think too much of it at that moment... Occurrences like that were commonplace. I turned the lights back on, returned for my last box and headed back up the stairs again.

I was relieved to see the hallway light on, but this time my bedroom door was closed. I set the box down in the hallway and reached for the door knob. As I did, I felt two arms wrap around my waist as if giving me a hug from behind. I turned, expecting to see my boyfriend, and no one was there. Needless to say, I ran out of the house, screaming at the top of lungs and flew into my car. My boyfriend got in without question, and we returned home.

I ended up moving into the house when everyone else arrived for the semester. For the rest of my duration there, I didn't have any other encounters like that one, but the footsteps still continued, along with doors opening and closing and things disappearing... they still do to this day, and now my story has become one of the stories told when everyone is sitting around together telling "tales" of the house.



# OCTOBER ACTIVITIES CALENDAR 2022

## Activities Calendar Key:

### 1<sup>st</sup> Floor

T.V. Lounge: Low Vision Support Group  
 Dining Room: Birthday Party, Meet & Greet  
 Main Lobby: Exercise (w/ Cindy), Happy Hour  
 Dining Room: (Grocery) Bingo, Potluck

### 2<sup>nd</sup> Floor

T.V. Lounge: Hope Woods Singers, Doug Hamilton  
 Craft Room: Craft Class, Fiber Therapy  
 Game Room: Euchre, Dominoes, Cribbage, Scrabble, Pinochle, Poker, Phase 10, Hand + Foot, Rummi Kub, Bridge

### 3<sup>rd</sup> Floor

Social Room: Golf, Bible Study, Coffee Hour  
 Movie Theatre: Movies

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>2</b>	7p Hand & Foot						<b>1</b> 9a Coffee 1p Phase 10 6:30p Scrabble 7pm Bingo
<b>3</b>	9a Coffee 9a Exercise 1p Fiber Therapy 1p Bridge 2p Euchre 7p Rummi Kub						<b>8</b> 9a Coffee 1p Phase 10 6:30p Scrabble 7p Bingo
<b>4</b>	9a Coffee 9a Meijer/ Walmart 2p Dominoes 3-4p Hope Woods Singers 6:30p Bible Study 7p Pinochle						<b>7</b> 9a Coffee 2p Euchre 4p Happy Hour 6:30p Golf 7p Cribbage
<b>5</b>							<b>6</b> 9a Coffee 1p Bridge 2p Dominoes
<b>6</b>							<b>7</b> 9a Coffee 1p Bridge 2p Dominoes
<b>7</b>							<b>8</b> 9a Coffee 2p Euchre 4p Happy Hour 6:30p Golf 7p Cribbage

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>9</b> 3p Movie 7p Hand & Foot	<b>10</b> 9a Coffee 9a Exercise 1p Fiber Therapy 1p Bridge 2p Euchre 7p Rummi Kub	<b>11</b> 9a Coffee 9a Meijer/ Walmart 9:15a Ghazarian 2p Doug Hamilton 2p Dominoes 3-4p Hope Woods Singers 6:30p Bible Study 7p Pinochle	<b>12</b> 9a Coffee 9a Exercise with Cindy 9 & 9:30a Harding's 11a Grocery Bingo 2p Euchre 3p Poker 7p Pinochle	<b>13</b> 9a Coffee 1p Bridge 2p Dominoes	<b>14</b> 9a Coffee 2p Euchre 4p Happy Hour 6:30p Golf 7p Cribbage	<b>15</b> 9a Coffee 1p Phase 10 6:30p Scrabble 7p Bingo
<b>16</b> 5-6:30p Potluck 7p Hand & Foot	<b>17</b> 9a Coffee 9a Exercise 1p Fiber Therapy 1p Bridge 2p Euchre 7p Rummi Kub	<b>18</b> 9a Coffee 9a Meijer/ Walmart 2p Dominoes 3-4p Hope Woods Singers 6:30p Bible Study 7p Pinochle	<b>19</b> 9a Coffee 9a Exercise with Cindy 9 & 9:30a Harding's 2p Euchre 3p Poker 7p Pinochle	<b>20</b> 9a Coffee 1p Bridge 2p Dominoes	<b>21</b> 9a Coffee 2p Euchre 4p Happy Hour 6:30p Golf 7p Cribbage	<b>22</b> 9a Coffee 1p Phase 10 6:30p Scrabble 7p Bingo
<b>23</b> 7p Hand & Foot	<b>24</b> 9a Coffee 9a Exercise 1p Bridge 2p Euchre 7p Rummi Kub	<b>25</b> 9a Coffee 9a Meijer/ Walmart 2p Dominoes 3-4p Hope Woods Singers 6:30p Bible Study 7p Pinochle	<b>26</b> 9a Coffee 9a Exercise with Cindy 9 & 9:30a Harding's 2p Euchre 3p Poker 7p Pinochle	<b>27</b> 9a Coffee 1p Bridge 2p Dominoes	<b>28</b> 9a Coffee 2p Euchre 4p Happy Hour 6:30p Golf 7p Cribbage	<b>29</b> 9a Coffee 1p Phase 10 6:30p Scrabble 7p Bingo
<b>30</b> 7p Hand & Foot	<b>31</b> 9a Coffee 9a Exercise 1p Bridge 1p Birthday Party 2p Euchre 7p Rummi Kub					



## HOPE WOODS TIDBITS

- **Food Donations:** We are pleased to report that for the month of September we collected 28 non-perishable food items to donate to Kalamazoo area families in need! We accept donations all year long. *Please be sure to check the items you are donating for expiration dates; expired food is not accepted.* Feel free to drop off your food donations directly to the office. Thank you!
  
- **Work Order Procedures:** Please be reminded that our company policy states all work order requests must come directly to the office. This is to ensure that work-orders are processed in the order they were received, with emergencies taking priority:
  1. Furnace problems
  2. Broken water pipes or primary windows
  3. Plugged services
  4. Floods or leaks
  5. Electrical malfunctions
  6. No water
  7. Building damage
  8. Gas leaks (Call Consumer's Energy at 1-800-477-5050)
  9. Fire or natural disaster
  10. Hot water-heater problems
  11. Locked out (remember, if it is after office hours there will be a fee)



**OCTOBER**  
**BIRTHDAYS:**

224	Betty Mills	10/3
107	Shirley Ponte	10/7
233	Eileen Sands	10/8
134	Cindy Carroll	10/10
234	Trudy Zook	10/14
321	Carol Edwards	10/15
115	Carol Heilmann	10/16
148	Chrissy	10/16
225	Marilyn Bucholz	10/16
137	Dorothy Gant	10/17
302	Bill Kelser	10/21
221	Stephanie Lee	10/23
349	Evelyn Munther	10/23
139	Evelyn Livingston	10/29
214	Judi Nowak	10/29
134	Nancy Wood	10/30
312	Mary Smith	10/31





## *Slow Down, October*

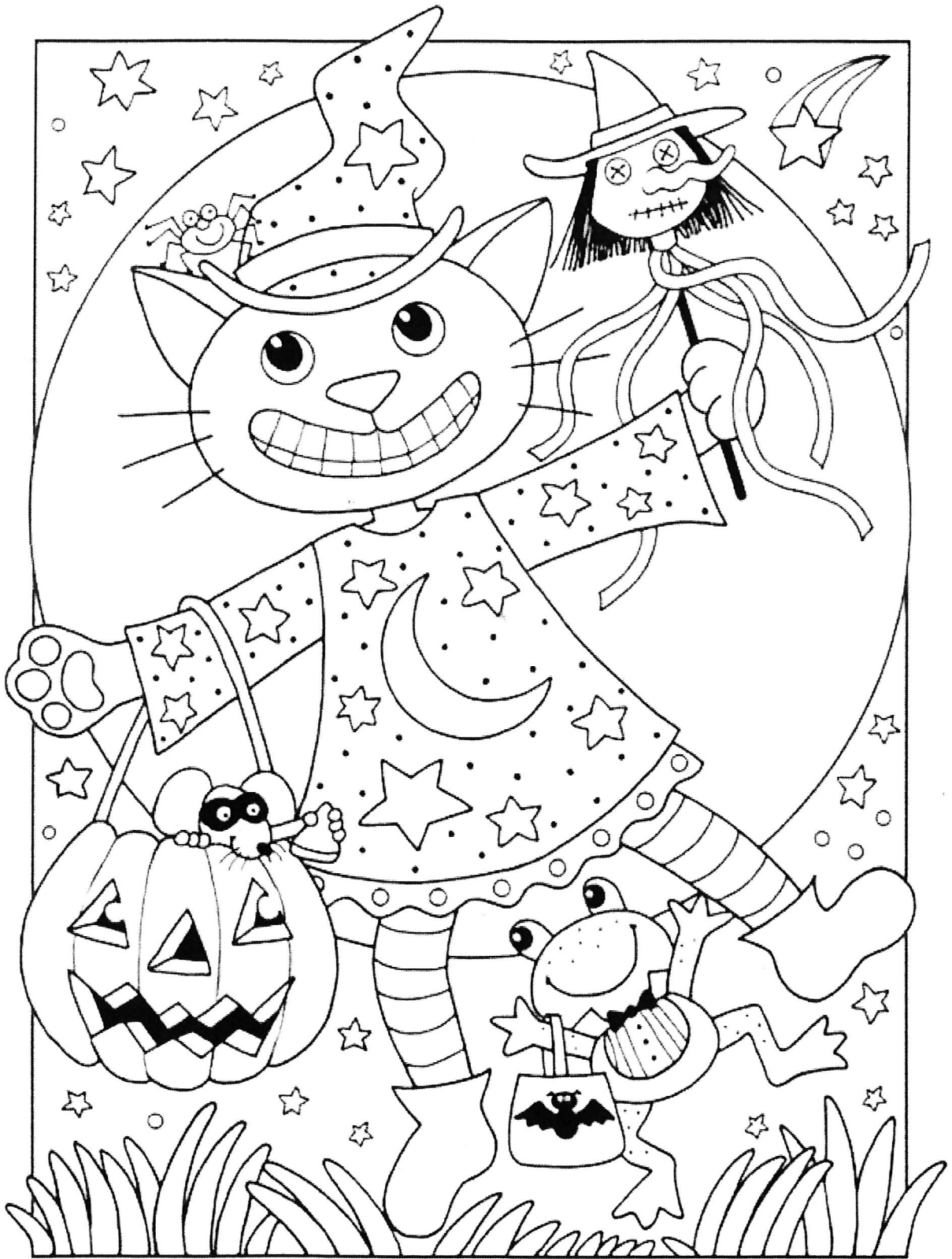
*The oak has turned golden,  
the sumac bright red –  
The call of the wild geese  
resounds overhead.*

*The pumpkin patch basks in  
the glorious sun  
And brilliant orange pumpkins  
proclaim work well-done.*

*The grapevines thar wind o'er  
the crumbling stone wall  
hang clusters of fruit in  
Earth's great harvest hall.  
And the air's as crisp  
as the dry falling leaves,  
and it makes me grateful, indeed,  
for my sweater's long sleeves.*

*While the wide, sun-bright sky  
with sapphire is hung  
to catch wisps of clouds  
that Autumn has flung,  
The hills that surround are  
intense in their hue  
I gasp at their splendor –  
my faith I renew.*

*Oh, slow down October,  
we've need of your grace;  
You cause us to pause in  
our maddening pace,  
to rebuild old dreams that were  
once set aside  
and take stock of the riches  
with which we abide.*



## Partners in Housing Transition

Partners is a ministry of St. Luke's Episcopal Church in downtown Kalamazoo. Their aim is to provide the needed furniture, beds, household goods, dishes, etc. to families moving from homelessness into a home or apartment. The **mission** of Partners in Housing Transition is to assist formerly homeless families and families living below the poverty line through the provision of essential furnishings and household items.

Our **work** focuses on providing beds and bedding for each family member who lacks a bed and the other furniture and household essentials needed to turn an empty space into a livable home.

Our **priority** is serving families with children under the age of 18 residing in Kalamazoo County.

Our **goal** is to provide families with the essential physical tools to attain self-sufficiency that will end the cycle of poverty with time and diligence.

Our **hope** is that by serving these families, they will begin to transform their lives, and as a result, their children may have an improved chance of success in the future.

Every second Saturday from 9:30 to 11:30am they are available at the church for drop offs (247 W Lovell Street). They can also pick up larger items if you schedule a pickup with them.

Furniture items are also accepted willingly and distributed through this program.

Learn more at their website:

<https://www.partnersinhousingtransition.com>

Their phone is 269-385-2466.

In 2021 Partners served:

145 families

431 Children

And provided:

350 Beds

288 Bedframes

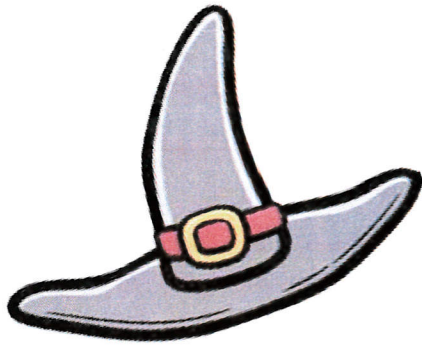
323 Blankets

326 Sheet Sets

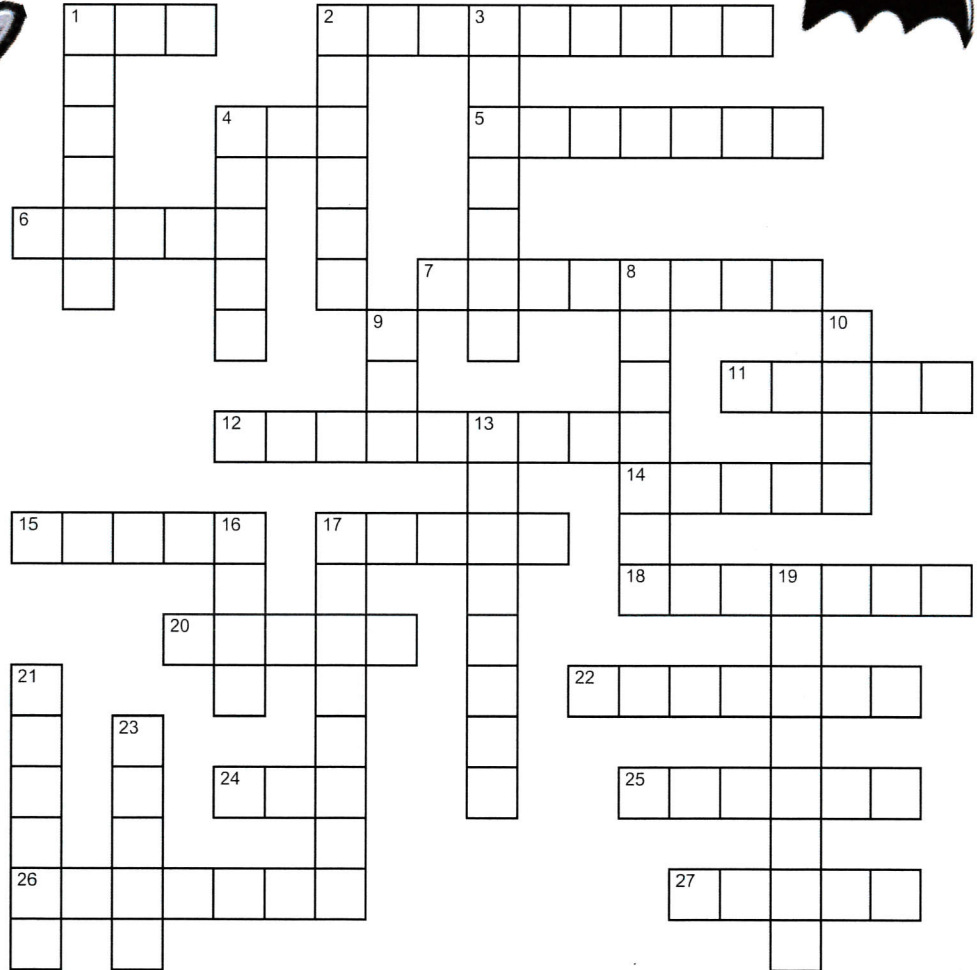
339 Mattress Covers

317 Pillows

~Submitted to Hope Woods Newsletter by Sarah Swart Apt. 138



# Halloween



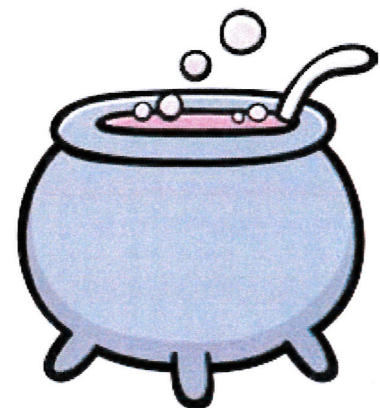
### Across

1. He swallowed the canary.
2. Playground for ghosts.
4. What a spider spins.
5. Frankenstein has one.
6. When ghosts come out to play.
7. Scare.
11. What the pot might call the kettle.
12. October 31st.
14. \_\_\_\_ or treat.
15. Witch transportation.
17. Frightening.
18. The Count.
20. A skeleton is just a bunch of these.
22. Disguise.
24. Lives in the belfry.
25. Incey wincey is one of these.
26. Main ingredient in a popular pie.
27. \_\_\_\_ stories.

### Down

1. Where a vampire sleeps.
2. Evil or mischievous creature.
3. He hates garlic.
4. Samantha for example.
8. \_\_\_\_ house.

9. Whooo? Whooo?
10. Mr. O'Lantern.
13. Comes out on full moon nights.
16. Might be full, half, or new.
17. A boney sort of fellow.
19. Fire burn, and \_\_\_\_ bubble.
21. When something makes our skin crawl, it's this.
23. Found in Egypt.



# Halloween

## Crossword

SOLUTION





# Halloween Sudoku

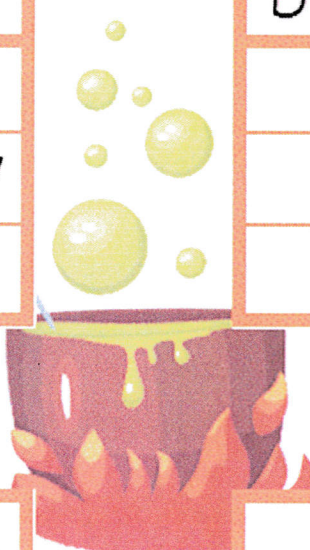
Fill in the grids so that each column, row, and box contains one and only one of the letters from the given word.

	D				
S					H
W			O		S
O		S			D
D					W
				H	

SHADOW

	P		I		
S		E			
D		P			
			P		R
			D		E
		R		I	

SPIDER



	I				M
	Z	O			I
E				Z	
	B				Z
I			Z	M	
Z				I	

ZOMBIE

			N	E	
R		O			
					O
N					
			R		G
	G	A			

ORANGE

# HALLOWEEN WORD SEARCH



B H F I G E A N S A M O I C P L J E K D  
R S T A B F R A N K E N S T E I N V S U  
S W E S P O O K Y A E Y K E B C N O P B  
P E G N D A O R N T S L A E F O P H A L  
I R A Z O M B I E B A A E A G A G A O A  
D A S P A I E N A O H A B T H O G H P C  
E S F T G B F O P A O E A W O W D A C K  
R I V T C A N D Y U C C H A S N C A I C  
O A A S P O T I O N M T W I T C H M B A  
E A M F T A S A E R A P A N A M A U S T  
N E P U A B A T S A E T K A D A U M M A  
B A I T S A F E U A K E V I L L N M A A  
A B R O O M A O N M A T O E N A T P M A  
T I E H A L L O W E E N B L W C E C T Y  
A T Z H A Y L L A X O W E E N A D C R T

Ghost

Costume

Broom

Spider

Spooky

Boo

Frankenstein

Bat

Black Cat

Potion

Witch

Skeleton

Mummy

Halloween

Haunted

Pumpkin

Candy

Vampire

Fall

Zombie

# Freaky Fears Match Up

Match up the name of the fear with its definition. Write the letter of the definition on the line next to the word.

1. Chromophobia \_\_\_\_

2. Ombrophobia \_\_\_\_

3. Herpetophobia \_\_\_\_

4. Phobophobia \_\_\_\_

5. Anthophobia \_\_\_\_

6. Scoptophobia \_\_\_\_

7. Podophobia \_\_\_\_

8. Atychiphobia \_\_\_\_

9. Chionophobia \_\_\_\_

10. Bathmophobia \_\_\_\_

11. Philematophobia \_\_\_\_

12. Gamophobia \_\_\_\_

13. Autophobia \_\_\_\_

14. Cyberphobia \_\_\_\_

15. Ornithophobia \_\_\_\_

16. Koumpounophobia \_\_\_\_

17. Coulrophobia \_\_\_\_

18. Mysophobia \_\_\_\_

19. Arachibutyrophobia \_\_\_\_

20. Iatrophobia \_\_\_\_

A. Fear of clowns

B. Fear of feet

C. Fear of being stared at

D. Fear of reptiles

E. Fear of dirt and germs

F. Fear of failure

G. Fear of snow

H. Fear of peanut butter sticking to the roof of the mouth

I. Fear of phobias

J. Fear of doctors

K. Fear of rain

L. Fear of being alone

M. Fear of marriage

N. Fear of computers

O. Fear of birds

P. Fear of colors

Q. Fear of stairs or steep slopes

R. Fear of flowers

S. Fear of kissing

T. Fear of buttons

1(P) 2(K) 3(D) 4(I) 5(R) 6(C) 7(B) 8(F) 9(G) 10(Q) 11(S) 12(M) 13(L) 14(N) 15(O) 16(T) 17(A) 18(E) 19(H) 20(J)

ANSWER KEY:

# FIND AND COUNT



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_

