



# Gators Newsletter

June 9, 2019

We are so excited to have our first dual meets of the season this week! Please make note of the warm-up and start time changes for Tuesday night. Go Gators!

## Workers

It is worth mentioning again we are a parent-run organization. Without parents organizing and working the meets, there are no meets! Thank you for all you do! **We do still need several spots filled in our away meets.** Please check the book this week and see where you can help with any upcoming meets. Remember to check in with the merchandising table at home meets and see either Joy Hargrove or me at away meets. This helps us be sure we have every job accounted for before the meet starts.

## Meet Sign-ups

Please check the Meet Sign-ups book this week during practice. Be sure to check either "yes" or "no" for all the meets indicating your swimmer's status. If you forget to sign up, you can email Jessica, but you can't be guaranteed that you'll be able to get your swimmer in late...away meets are especially difficult to coordinate late entries.

## Housekeeping

Please remind your swimmers to pick up behind themselves as they go and to get all their belongings as they leave for the night. This is a good reminder for home and away meets. We want to leave a good impression wherever we go! 😊

## Madison Medal Meet Invitational

This is not one of our regular season meets. This is an invitational meet and does have additional fees. Generally, this meet is recommended for returning, more experienced swimmers. We will not attend this meet as a team, but our coaches will assist any swimmers who choose to attend this meet.

## Away Meet Locations and Addresses

Florence City Pool  
421 N. Royal Avenue  
Florence, AL 35630

Winchester Swimplex  
251 Old Estill Springs Road  
Winchester, TN 37398

## COACH'S CORNER

We have had a great couple of weeks so far and are looking forward to a big week. We will be visiting Florence on Tuesday night, which will be somewhat different from our TN team meets. We will be doing whistle starts and using the starting blocks for this meet, so we will work on diving more at practices on Monday and Tuesday. Thursday we will be heading to Winchester and we hope that all of you are planning to be there. We'll keep working on building endurance and stroke technique at practices. Try to make it to as many as you can and remember to go ahead and come out on the deck, ready to swim at your assigned practice time. Let us know if you have any questions or need help with anything specific. Swim fast and see you at the pool!

-Your Gator Coaches

## UPCOMING EVENTS

June 11 – vs. Florence @ Florence  
(4:30 warm-ups, 5:00 start)

June 13 – vs. Winchester @ Winch.  
(5:00 warm-ups, 5:30 start)

## **Weather Policy**

Please keep an eye out for any weather alerts. Remember, we will swim unless there is lightening and then we are out of the pool for 30 minutes after the last strike. Please sign up for text alerts on the team website. This will be handy for more than just weather!

## **Merchandise**

Becky will continue to have team merchandise for sale at home meets. The away meets she will only have latex swim caps (\$5) and goggles (\$8). Cash or check only ☺

## **Lost and Found**

We have a blue basket for lost and found if you are missing something from practice or a meet. It will be at the merchandise table during home meets or you can check it during practice.

## **Practice Schedule**

Remember that we will now return to our usual summer practice schedule for all practice groups.

### ***Mornings – Monday, Tuesday, Thursday, Friday***

Sharks – 7:15 – 9:00 am

Stingrays – 8:30 – 9:45 am

Dolphins – 9:30 – 10:30 am

Minnows 10:30 – 11:15 am

### ***Evening Option – Mondays and Wednesdays***

Sharks and Stingrays – 5:45 – 7:15 pm

Dolphins – 5:45 – 6:45 pm

## **Upcoming Deadlines:**

- Meet entries for Winchester meet – please mark YES or NO by your swimmer's name on the meet sign-up sheet by Monday of this week
- Madison Medal Meet fees are due this week.
- Remember, if you don't have a chance to sign-up for a meet at the pool, you can always email Coach Jessica at [jessica.aaron@gmail.com](mailto:jessica.aaron@gmail.com)

See you at the pool...

Annie