

# Fear and Healing

"...to fear means you are guilty of your misgivings..."

Hmm Lord, do I fear?

Yes it is our own guilt and shame that puts us in fear. Our guilt from unresolved trauma, troubles drive us to fear (and many other bad behaviors/sins too).

It is due to our fallen nature, following the worldly ways, snares of the enemy we deny and distance ourselves from the unresolved guilt and shame deep inside us. And without realizing it we too are distancing ourselves from God. And He is the healer - see how we get tricked!

If we have knowledge of the spiritual block - the trauma or issue - then repenting helps if it is necessary; also believing the truth that Jesus forgives us if we truly are sorry is ultimately essential.

---

*Sometimes we are the victim and have been unknowingly blaming ourselves, but in the healing Jesus shows us the truth that we were the victim and did no sin, He is so awesome when we open up to Him! He releases the lies surrounding the trauma - they, the lies, reside in our subconscious and drive our behavior but His healing clears them out, Alleluia!*

---

That is why people with unresolved issues, traumas walk around in denial, fear- all the while "acting" like everything is ok. Because Jesus's Truth, Light and Love have not yet been able to penetrate those unresolved areas that are locked away, hidden deep inside.

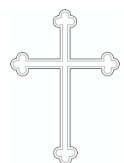
But many of us can admit that it is those very traumas and wounds that brought us closer to the Lord so we see His brilliance there too! It is in our healing where it becomes necessary to open up to Him and we are brought deeper unto Him! His Truths, His Love, His Life!

And when we take a look at the world, everything is not ok, nor are our brothers and sisters who do not know the Lord.

That is why when we go out in the world as vessels of Love with Jesus in us - not walking around in judgement, fear, pride or superiority of knowing better - His Truth, His Light, and His Love can reach/touch people's hearts and heal them!

Praise be to God, Alleluia, and Alleluia!

By Mary, Servant of the Lord



# Fear and Healing

## For us.

If we have a hidden block to fear we can pray to the Lord:

- Lord please heal me of my past I want to stand firmly in rock-solid Faith and in the Peace and Joy of your Love and in your most Holy Will!

(Key to this is not to dwell in past or future bit to stay in present moment. He does the healing we don't need to figure out on own, just ask Him for help and wait on Him!)

Can also ask Him:

- To reveal to us any past, hidden, hurts/wounds; and He will - when we are ready, at the right time, and in the best way.

Amen, Amen we praise you Jesus. I know you are going to heal me, prepare me for Heaven, and heal my family members too. Let me know your will. Give me the patience, perseverance and courage to walk it no matter what I encounter, Amen, Amen.

May thy Kingdom Come thy Will be Done!

We praise you Jesus, we thank you Jesus, we adore you Jesus, Amen, Amen! And Alleluia, Alleluia!

