CORTISOL and other poems...

By Robert Beveridge

Poetry Editor Hezekiah writes: There is something quite exquisite in these writings. Poets appear to me to be people who do not put up walls or shield themselves from others; they remain forever open, letting the world reflect straight into their souls un-refracted, which makes them both courageous and most vulnerable. Beveridge invites us to do this, his use of language and themes are fascinating to me. I think my favourites here are CORTISOL and POETRY TWO, but it is hard to choose—who hasn't lamented that scrap of paper misplaced or the perfect lines accidently deleted. Find yours, read and be inspired to write '...the pencil your enemy.' (Spacing is poet's own.) HS

CORTISOL

The sleeper metabolizes citrus, sprouts, the motif of stucco in Luchino Visconti's mid-period filmography. The IV keeps him hydrated, dulls the worst of the pain, but the fog rolled in this morning and isn't like to burn off until the clouds unleash their payload over a world that could be just the same as yesterday's, or could be tomorrow's zombie apocalypse today. Where were you when the Great Coma of 2016 fell upon us? Asleep in your easy chair, lost in dreams of what used to be. unable to remember breakfast but with perfect recall of the 1979 Windies? You're not alone. We all watched Sullivan's Travels too many times for our own good, relied on Poverty Row to give us the promised happy ending.

JORNADA

A single boat
passes as you sit on the bridge.
Another two days
and it might all have worked.
You can't remember
the last time you had a cigarette
or tore the sky
with pincers.
A cat leaps onto your knee,
then bounds off the way it came.

LEXICON

The redwoods are thick, impenetrable on their own, but the thorns burst from the ground, slithered up trunks like buttered tendrils of blueberry waffle. Turned an entire forest into a hedge that brooks neither error nor erasure. The letters little more than lines in occult formations to your eyes, the pencil your enemy. And the only tree with a tunnel through its bole hit the ground last weekend in a storm.

A MINUTE TO PRAY

Trencher holds as many coal biscuits as they think you can swallow. Even the sun has turned its back on you, wretch, though your keepers have not yet seen fit to divulge your transgression, or even whether one exists. Another few days and it's possible the green-screen prophecy will come true: you will die of dysentery. You can feel it well in the deepest recesses of your bowels, as immanent and sure and the knowledge that you've forgotten your girlfriend's birthday, or whether she prefers McDonald's fries to Burger King's. What can you do, other than look out the window and reflect upon the canned hams that block your view of a sunless sky?

In the dream the boat carries us to the correct destination but I cannot remember what that destination is

In the dream the man in the funeral suit and black top hat orates while he stands in front of us in line turned around to look straight at you

In the dream the toucan pecks at your head and we hear the sound carry across the endless water but what it bounces off to feed its echoes we cannot see

In the dream we are whole, our bodies are not broken, when we listen we hear, when we walk we move across the deck and do not fall against the mast

In the dream we take turns with the spyglass while we mop the deck and we tell each other that when the deck gets cleaner we will see a promontory and it will welcome us

In the dream it is beans and rice again and a squeeze of lime in the whiskey jug to keep our teeth in our mouths

In the dream the sun never rises, never sets, is always just at the point where the clouds are either black or red as if they have never been white In the dream I never thing to ask if you remember when we boarded or where we come from

PERCH

The bark of the heart tree under our palms is rough, hand- and footholds hidden only to those who would not climb. The branches above do not offer comfort, shelter to just anyone. From the highest, it is said, those who sit hand in hand can see eternity, what is beyond the horizon, or maybe just their own desires reflected.

I have discovered the secret: to love the climb as much as the promise of destination. And so it is that, tangled in your limbs, I see all those things in the salt-slick twining of our fingers.

POETRY TWO

I write this poem in a notebook called *Poetry II* because the first one got stolen along with a hundred fifty bucks' worth of books and my favorite pipe.

There were two original poems in that notebook that I hadn't put on the computer yet.

They were worth more than the books to me, and even though the pipe wasn't meerschaum, it was a sentimental favorite, but the poems were still worth more.

So I bought another notebook six months ago, and I've been trying to rewrite those two poems again ever since

ROCK SALT

The crack in the wall of the universe lets out the entropy, the matter, the spilled cheese on the floor of the movie theater. Sweat collects behind your knees, the secret ingredient in your world-famous tortellini. A few words in an ancient tongue as it goes into the oven and it never comes out wrong, and your clay bakeware has yet to fail you.

SAWFISH 3AM

Most people don't know that the the collective of sawfish is the confederacy

like larks come in exaltations or soldiers in bodybags

There's an aquarium full of confederate sawfish in front of my hand

that holds the glass with the muddled mint, the ice, the bourbon

with just a drop of filter water

and in the model of the burnt house amidst the gravel I think I see the bones of our soldiers

STUCK

I whisper the names of the things around me wish I could reach out to grasp them one by one

but my arms are bound my hands can touch nothing save one another

these things manifest in stone, in tarmac

lamp in a pile of asphalt

desk in a hunk of concrete

greeting card in a vault of slag

forbidden desire in a beehive

but I cannot reach out

THE POET SPEAKS: My inspirations for these pieces were all over the map—unsurprising, given that the oldest of them ("Poetry Two") is from somewhere in 1987-88 and the most recent ("167") is from earlier this year. The common theme that runs through them is pop culture, or at least the weird way I define pop culture (most, I hope, would pick up the Flesheaters riff in the title for "A Minute to Pray", and almost as many would pick up the Svankmajer nod in the opening lines, but "Sawfish 3AM" is entirely down to my friendship with Philly poet Stan Heleva in the early nineties, and specifically his poem "McClellan"). "Jornada" riffs on John M. Bennett's piece of the same title from his 1992 chap Was Ah, "Poetry Two" from Bukowski (I was keeping up pretty steadily with him at the time, so it had to be something from You Get So Alone...). Most of the rest... oh, no. "Cortisol" is the title of a compilation cassette released on ZNS Tapes in the late eighties, that I didn't discover until decades later, but ZNS were one of the hubs of European industrial music, which has been as pervasive an influence on my work as damn near anything else.

The only thing missing from that flood of influence is the dada/surreal bent that comes out in nearly everything I do (poetry, music, media criticism, cooking, you name it). I cut my teeth on Michael Benedikt's The Poetry of Surrealism anthology in the early eighties; Michael Hamburger's translation of Apollinaire's "Zone", and Benedikt's own translations of Daumal, are still some of the things in this world I love best. They helped me see, as an outcast-by-choice high school student, that in order to find

meaning in the world, you have to look at it perhaps a few degrees from true and see if you could dig up something interesting in the innards. I've been doing it ever since.

BIO: Robert Beveridge (he/him) makes noise (<u>xterminal.bandcamp.com</u>) and writes poetry in Akron, OH. Recent/upcoming appearances in Collective Unrest, Cough Syrup, and Blood & Bourbon, among others.