

FLAVORED DRINKS

	(S)	(M)	(L)
HOT OR ICED FRAPPE	\$5.25	\$5.49	\$5.95
MACCHIATO	\$5.25	\$5.75	\$6.25

GREAT WHITE BUFFALO
VANILLA

RASPBERRY BERET
WHITE CHOCOLATE & RASPBERRY

MOCHA CHOCA LATTE
CHOCOLATE

SWEET EMOTION
CHOCOLATE & CARAMEL

CRAZY ON YOU
CARAMEL

SWEET CHILD O' MINE
WHITE CHOCOLATE & CARAMEL

SISTER HAZELNUT
HAZELNUT

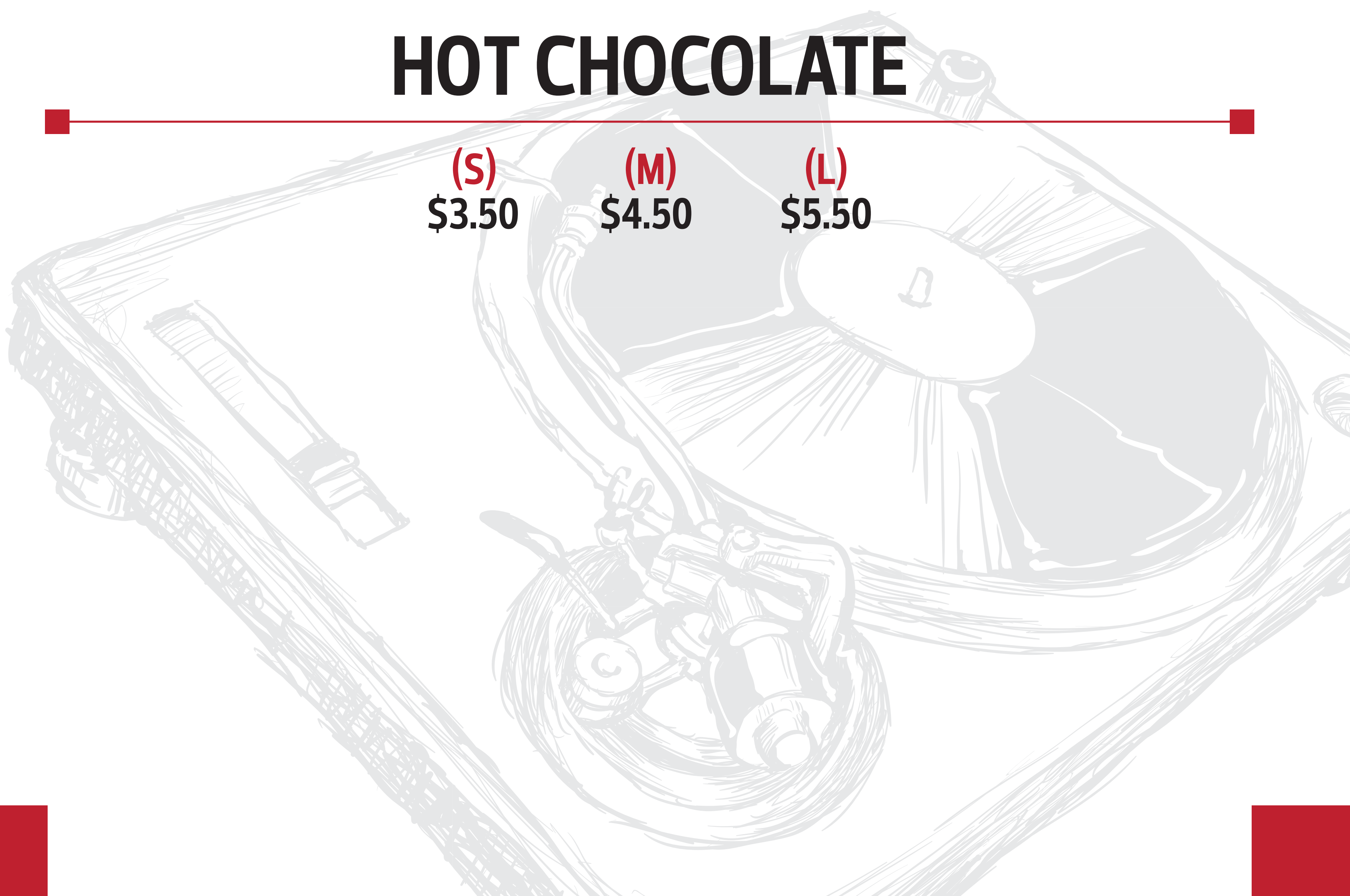
CINNAMON GIRL
HONEY & CINNAMON

DIRTY WHITE BOY
WHITE CHOCOLATE & COCOA

THAT SMELL
CHAI LATTE

HOT CHOCOLATE

(S)	(M)	(L)
\$3.50	\$4.50	\$5.50



TRADITIONAL DRINKS

**ESPRESSO DOUBLE SHOT
CAPPUCCINO (6 OZ.)**

**\$2.75
\$3.69**

	(S)	(M)	(L)
BREWED COFFEE	\$1.99	\$2.49	\$2.99
AMERICANO	\$3.25	\$3.49	\$3.99
PLAIN LATTE	\$3.75	\$4.55	\$4.95
ICED COFFEE		\$3.29	\$4.29
COLD BREW POUROVER	\$5.49		\$4.99

SIT N SIP
(MUG WITH UNLIMITED REFILLS)

\$4.50

HOT TEAS

\$4.00

**PEACH MARIGOLD
BLACK BETTY
WOODSTOCK HERBAL BLEND**

**SPICY GINGER CITRUS
HIBISCUS BERRY
MORE ROCKIN' MINT**

ASK ABOUT CURRENT FLAVORS

ICED TEAS

\$2.50

ASK ABOUT CURRENT FLAVORS

PROTEIN SHAKES

\$5.99 16 oz.

ALL SHAKES HAVE OVER 30 GRAMS OF PROTEIN

ADD NONFAT YOGURT & HONEY 20¢

CINNAMON TOAST
COOKIES AND CREAM
PEANUT BUTTER BLAST
CHOCOLATE PEANUT BUTTER
CHOCOLATE BANANA
PEANUT BUTTER BANANA
STRAWBERRY BANANA
PINEAPPLE BANANA

SMOOTHIES

\$5.99 16 oz.

ALL SMOOTHIES HAVE FRESH BANANA.

ADD NONFAT YOGURT & HONEY 20¢

MANGO
PEACH
STRAWANA
WILDBERRY
PINEAPPLE

ADD CHIA SEED, FLAXSEED, OATMEAL, SPINACH OR ESPRESSO
TO ANY SHAKE OR SMOOTHIE FOR AN ADDITIONAL CHARGE

ANYTIME BREAKFAST

WAR PIG

FRIED EGG, PROVOLONE CHEESE, HICKORY SMOKED HAM & BACON, CHOICE OF BREAD

\$9.99

STRADA-CASTER

A CLASSIC ITALIAN EGG DISH WITH CHEESE, VEGGIES, HERBS, BACON & HAM.
SERVED WITH YOUR CHOICE OF SOUP OR SALAD – KETO FRIENDLY

\$9.99

BACON & CHEESE QUESADILLA

SMOKED BACON & 5-CHEESE BLEND BETWEEN 2 TOASTED FLOUR TORTILLAS
WITH BLUE CORN CHIPS & SALSA

\$10.99

BACON & EGG FLATBREAD

SCRAMBLED EGGS, SMOKED BACON BITS, SPINACH
WITH 5-CHEESE BLEND & ALFREDO SAUCE, WITH SIDE OF SALSA

\$9.99

AVOCADO TOAST

FRESH GUACAMOLE ON WHEAT BERRY TOAST WITH
SCRAMBLED EGGS, DICED TOMATO & SPRINKLE OF FETA

\$9.99

TEXAS WAFFLE (PLAIN, CHOCOLATE, or BLUEBERRY)

WAFFLE SERVED WITH PURE MAPLE SYRUP. OPTIONAL TOPPINGS AVAILABLE:
CARAMEL, WHIPPED CREAM, BANANA, STRAWBERRIES, BLUEBERRIES, PECANS

\$7.29

HOUND DOGS

SAVORY BREAKFAST SAUSAGE WRAPPED IN HAND-DIPPED FRENCH TOAST,
TOPPED WITH POWDERED SUGAR, SERVED WITH PURE MAPLE SYRUP

\$8.99

HAULIN OATS

FORTIFIED WITH MEAL REPLACEMENT POWDER. TOPPINGS AVAILABLE:
STRAWBERRIES, BANANA, BLUEBERRIES, PECANS, RAISINS, BROWN SUGAR, ALMONDS

\$6.29

YOGURT PARFAIT

NON-FAT VANILLA YOGURT WITH YOUR CHOICE OF STRAWBERRIES,
BLUEBERRIES, BANANA, GRANOLA, HONEY

\$7.29

ASK ABOUT TRADITIONAL
BREAKFAST SPECIALS

SOUPS & SALADS

ADD CHICKEN TO ANY SALAD FOR \$2.50

STRAWBERRY FIELDS

SPRING MIX, STRAWBERRIES, BLUEBERRIES, RED ONIONS,
PECANS, FETA WITH RASPBERRY VINAIGRETTE

\$9.99

CRUNCHY THAI SALAD

SPINACH, CABBAGE, CARROTS, GREEN PEPPERS, RED ONION,
THAI PEANUT SAUCE WITH CHOW MEIN NOODLES

\$9.99

CHOPPED SALAD

SPRING MIX, SPINACH, SCRAMBLED EGGS, BLACK OLIVES, RED ONION,
GREEN BELL PEPPERS, TOPPED WITH FETA, SERVED WITH HOUSE RANCH

\$8.99

SIDE SALAD

SPRING MIX, DICED TOMATO, CUCUMBER, BLACK OLIVES, RED ONION,
SHREDDED CARROTS, CHEDDAR CHEESE, SERVED WITH HOUSE RANCH

\$7.49

SOUP OF THE DAY

8 oz. CUP \$5.95

12 oz. BOWL \$8.95

SHAREABLES

ASK ABOUT FEATURED ITEMS

CHIPS & SALSA

BLUE CORN CHIPS SERVED WITH MILD CHUNKY SALSA

\$6.99

HUMMUS PLATE

RED PEPPER HUMMUS WITH FETA CHEESE, SPINACH, BLACK OLIVES,
SLICED CUCUMBER, BABY CARROTS WITH TOASTED NAAN BREAD

\$8.99

CHIPS & GUAC

GUACAMOLE TOPPED WITH DICED TOMATO WITH BLUE CORN CHIPS

\$7.99

FOR THE KIDS

SERVED WITH CHIPS OR FRUIT [EXCEPT PIZZA]

TURKEY OR HAM SANDWICH

\$6.99

GRILLED CHEESE

\$6.99

CHEESE PIZZA

\$8.49

BACON & CHEESE SLIDERS

\$9.99

A BIT OF SWEETNESS

BREAD PUDDING

\$6.99

POUR SOME SUGAR ON ME

\$6.99

TOASTED FLATBREAD SANDWICHES

(SERVED WITH CHIPS, FRUIT OR SLAW) \$10.49

CHICKEN BACON GUAC

CHICKEN, SMOKED BACON BITS, GUACAMOLE, SPRING MIX, DICED TOMATO, 5-CHEESE BLEND & MILD GARLIC AIOLI

KOREAN CHICKEN PINEAPPLE

CHICKEN, PINEAPPLE, RED ONION, SPINACH, 5-CHEESE BLEND & GOCHUJANG SAUCE

CHICKEN CARBONARA

CHICKEN, SMOKED BACON BITS, RED ONION, SPINACH, 5-CHEESE BLEND & ALFREDO SAUCE

THAI CHICKEN

CHICKEN, SESAME SEEDS, SHREDDED CARROTS, SPRING MIX & PEANUT SAUCE

VEGETARIAN

RED PEPPER HUMMUS, GUACAMOLE, RED ONION, DICED TOMATO, SLICED CUCUMBER, SPINACH, 5-CHEESE BLEND

TOASTED SANDWICHES & MORE

(SERVED WITH CHIPS, FRUIT OR SLAW)

CLUB

SLICED HAM, TURKEY, BACON, SPRING MIX, DICED TOMATO & CHEDDAR CHEESE WITH MILD GARLIC AIOLI ON YOUR CHOICE OF BREAD

\$10.49

FREEBIRD

SLICED TURKEY, BACON, SWISS CHEESE, SPRING MIX, RED ONION & DICED TOMATO & MILD GARLIC AIOLI ON YOUR CHOICE OF BREAD

\$10.49

CHICKEN SALAD

SRIRACHA CHICKEN SALAD, SPRING MIX & DICED TOMATO ON YOUR CHOICE OF BREAD

\$8.99

HAM & CHEESE MELT

HICKORY SMOKED HAM, CHEDDAR CHEESE ON YOUR CHOICE OF BREAD

\$8.99

SMOKED SALMON SANDWICH

PREMIUM SMOKED SALMON WITH CREAM CHEESE, MUSTARD & SPRING MIX ON TOASTED BAGEL

\$11.99

THUNDERSTRUCK BURGER

1/3 LB WAGYU BEEF PATTY WITH CHEDDAR CHEESE, BACON, RED ONION, DICED TOMATO, PICKLES, SPRING MIX WITH MUSTARD, MILD GARLIC AIOLI & SRIRACHA RANCH ON BRIOCHE BUN

\$12.99

KOREAN BEEF TACOS

SLICED BEEF STEAK, SHREDDED CARROTS, SPINACH, RED ONION, GOCHUJANG SAUCE & FLOUR TORTILLAS

\$10.99

MARGHERITA FLATBREAD

5-CHEESE BLEND, DICED TOMATO, GARLIC BASIL PESTO & BALSAMIC VINAIGRETTE DRIZZLE

\$8.49

FLATBREAD PIZZAS

DOUBLE PEPPERONI, BBQ CHICKEN, THE PHILLY, BUFFALO CHICKEN, CHICKEN BACON RANCH

\$9.99