

# ADARA ALSTON

ACTOR | MUSICIAN | SINGER - EMC / SAG-AFTRA

EMAIL: AADAARAA@GMAIL.COM



Height: 5'7"  
Build: Athletic  
Eyes: Dark Brown  
Hair: Brown  
Vocal Range: Contralto

## PROFESSIONAL THEATRE

<i>Trouble in Mind</i>	Millie	Franklin Stage Company / dir. Patricia Buckley	Franklin, NY
<i>Good People</i>	Kate	Franklin Stage Company / dir. Chris O'Connor	Franklin, NY
<i>Doubt</i>	Mrs. Muller	Franklin Stage Company / dir. Julie Kline	Franklin, NY
<i>Fences</i>	Rose Maxson	RedHouse Arts Center / dir. Ted Lange	Syracuse, NY
<i>Men On Boats</i>	John Wesley Powell	Chenango River Theatre / dir. Kiara Pipino	Greene, NY
<i>An Odyssey</i>	Odysseus, Calypso	Hangar Theatre / dir. Sam Buggeln	Ithaca, NY
<i>The Inferior Sex</i>	Shirley Chisholm	Hangar Theatre / dir. Cynthia Henderson	Ithaca, NY
<i>The Skin of our Teeth</i>	Joy	Hangar Theatre / dir. Michael Barakiva	Ithaca, NY
<i>As You Like It</i>	LeBeau, Corin *	Cherry Arts / dir. Sam Buggeln	Ithaca, NY
<i>The Fan</i>	Coronato	Cherry Arts / dir. Sam Buggeln	Ithaca, NY
<i>Katrina: A New Musical</i>	Larinda	Walking on Water / dir. Priscilla Hummel	Ithaca, NY
<i>Emmett &amp; Ella: A Doggone Mystery</i>	Louella	Kitchen Theatre's Fitz&Startz / dir. Rachel Lampert	Ithaca, NY
<i>Pericles, Prince of Tyre</i>	Goddess Diana	Ithaca Shakespeare Company / dir. Steve Ponton	Ithaca, NY
<i>A Midsummer Night's Dream</i>	Hippolyta	Cider Mill Playhouse / dir. Tim Mollen	Endicott, NY
<i>South Pacific (concert)</i>	Nurse, French girl **	Cider Mill Playhouse / dir. Kate Murray	Endicott, NY
<i>Vieux Carré</i>	Nursie (u/s)	Know Theatre / dir. Brandt Reiter	Binghamton, NY

## EDUCATIONAL THEATRE

<i>The Wolves</i>	Soccer Mom	Cornell University Performing Media Arts	Ithaca, NY
<i>The Loneliness Project</i>	Mary Morton, et al.	Cornell University PMA / Civic Ensemble	Ithaca, NY
<i>for colored girls...</i>	Lady in Green	Binghamton University / Independent	Binghamton, NY

## FILM / TELEVISION

<i>It's A Wonderful Binge</i>	Drunk Caroler (featured/special ability)	Hulu & American High Film / dir. Jordan VanDina
<i>The Monkey's Paw</i>	Miss Sampson	WSKG (PBS) / dir. Andrew Pioch, Kate Murray
<i>Stolen Joy Project</i>	Autum (Book Fair)	Village at Ithaca / dir. Shira Evergreen, Tyler Struble

## OTHER SKILLS & INTERESTS

*Accents & Dialects:* New York, Southern, Sub-Saharan African (Kenyan, Nigerian), Jamaican, Irish, and British (RP).  
*Music:* Drums (Drum Kit\*\*, Marching Snare, Cajón\*) and Brass (Trombone, Trumpet, Tuba, Baritone Horn)  
*Trained Dance:* Partner Dance (East/West Coast Swing, Lindy Hop, Salsa, Various Latin Styles)  
*Additional:* Martial Artist (2nd Degree Black Belt - Tang Soo Do (Karate); 1st Degree Black Belt - Haidong Gumdo (Sword)), Improvisation, Skating, Basketball, Baseball, Softball, Football, Bowling, TV Host (NY Emmy)