



**Saptrishi 5098**

**Kashmiri Hindu Calendar 2022-23**

**Vikrami 2079**

**Note:** This calendar is primarily based on the information provided in Vijayshwar Panchang 2022-23, published by Pandit Omkar Nath Shastri Ji of Vijayshwar Panchang Press, Gol Gujraj, Jammu, India and uses India as a reference location. This calendar is not meant to replace formal Panchangs available in the market. Anyone interested in any localization requirements and/or any specific details should consult with their personal Guru Jis.

**Compiled & Designed by Lalit Koul [lalit@koul.org](mailto:lalit@koul.org)**

Chaitra		April 2022			Vaisakha	
Sun	Mon	Tue	Wed	Thu	Fri	Sat
Chaitra Shukla Paksha (Apr 2 – Apr 16) Vaisakha Krishna Paksha (Apr 17 – Apr 30) Panchak (Mar 28 - Apr 2) Panchak (Apr 25 – Apr 29)					1 Thaal Barun Amavasya	2 NAVREH Navratra Starts Okdoh
3 Dwitya	4 Zang Trey Tritya	5 Choram	6 Paancham	7 Shishthi	8 Satam	9 Durga Ashtami
10 Ram Navmi Navum	11 Dhashmi	12 Ekadashi	13 Vaisaakhi Dwadashi	14 Triyodashi	15 Chaturdashi	16 Poornima
17 Okdoh	18 Dwitya	19 Tritya	20 Choram	21 Paancham	22 Shishthi	23 Satam
24 Navum	25 Dhashmi	26 Ekadashi	27 Dwadashi	28 Triyodashi	29 Chaturdashi	30 Amavasya

**Vaisakha****May 2022****Zyeth**

<b>Sun</b>	<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>	<b>Sat</b>
1 Okdoh	2 Dwitya	3 Tritya	4 Tritya	5 Choram	6 Paancham	7 Shishthi
8 Satam	9 <b>Ashtami</b>	10 Navum	11 Dhashmi	12 Ekadashi	13 Dwadashi	14 Triyodashi
15 <b>Ganesh Chaturdashi</b>	16 <b>Poornima</b>	17 Okdoh	18 Tritya	19 Choram	20 Jyestha Devi Yagya Paancham	21 Shishthi
22 Satam	23 Ashtami	24 Navum	25 Dhashmi	26 Ekadashi	27 Dwadashi	28 Triyodashi
29 Chaturdashi	30 <b>Amavasya</b>	31 Okdoh	Vaishakh Shukla Paksha (May 1 - May 16) Zyeth Krishna Paksha (May 17 - May 30)  Panchak (May 22 - May 26)			

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# Zyeth

# June 2022

# Aashaad

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Zyeth Shukla Paksha (May 31 - Jun 14) Aashaad Krishna Paksha (Jun 15-Jun 29)			1	2	3	4
			Dwitya	Tritya	Choram	Paancham
5	6	7	8	9	10	11
Shishthi	Shishthi	Satam	Mata Kheer Bhawani Yatra <b>Zyeth Ashtami</b>	Navum	Dhashmi	<b>Nirzala Ekadashi</b>
12	13	14	15	16	17	18
Triyodashi	Chaturdashi	Mata Roopa-Bhawani Prakash Utsav <b>Poornima</b>	Okdoh	Dwitya	Tritya	Paancham
19	20	21	22	23	24	25
Shishthi	Satam	Ashtami	Navum	Dhashmi	Ekadashi	Dwadashi
26	27	28	29	30	Panchak (Jun 18 – Jun 23)	
Triyodashi	Chaturdashi	Chaturdashi	<b>Amavasya</b>	Okdoh		

**Aashaad****July 2022****Shravan**

<b>Sun</b>	<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>	<b>Sat</b>
<b>31</b> Tritya	Aashaad Shukla Paksha (Jun 30 - Jul 13) Shravan Krishna Paksha (Jul 14 – Jul 28)  Panchak (Jul 15 – Jul 20)				<b>1</b> Dwitya	<b>2</b> Tritya
<b>3</b> Choram	<b>4</b> Paancham	<b>5</b> Shishthi	<b>6</b> Haar Satam	<b>7</b> Haar Ashtami	<b>8</b> Sharika Jayanti Haar Navum	<b>9</b> Dhashmi
<b>10</b> Ekadashi	<b>11</b> Dwadashi	<b>12</b> Jwala Chaturdashi Triyodashi	<b>13</b> Guru Poornima	<b>14</b> Okdoh	<b>15</b> Dwitya	<b>16</b> Tritya
<b>17</b> Choram	<b>18</b> Paancham	<b>19</b> Shishthi	<b>20</b> Satam	<b>21</b> Ashtami	<b>22</b> Navum	<b>23</b> Dhashmi
<b>24</b> Ekadashi	<b>25</b> Dwadashi	<b>26</b> Triyodashi	<b>27</b> Chaturdashi	<b>28</b> Amavasya	<b>29</b> Okdoh	<b>30</b> Dwitya

**Shravan****August 2022****Bhadra**

<b>Sun</b>	<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>	<b>Sat</b>
<b>Panchak</b> (Aug 12 – Aug 16)	<b>1</b>  Choram	<b>2</b> Naag Panchami  Paancham	<b>3</b>  Shishthi	<b>4</b>  Satam	<b>5</b>  <b>Ashtami</b>	<b>6</b>  Navum
<b>7</b>  Dhashmi	<b>8</b>  Ekadashi	<b>9</b>  Dwadashi	<b>10</b>  Triyodashi	<b>11</b>  Chaturdashi	<b>12</b> Raksha Bandhan <b>Shravan</b> <b>Poornima</b>	<b>13</b>  Dwitya
<b>14</b>  Tritya	<b>15</b>  Choram	<b>16</b> Chandan Shishthi Paancham	<b>17</b>  Shishthi	<b>18</b> Zaram Satam  Satam	<b>19</b> Janam Ashtami  Ashtami	<b>20</b>  Navum
<b>21</b>  Dhashmi	<b>22</b>  Ekadashi	<b>23</b>  Ekadashi	<b>24</b>  Dwadashi	<b>25</b>  Triyodashi	<b>26</b>  Chaturdashi	<b>27</b>  <b>Amavasya</b>
<b>28</b>  Okdoh	<b>29</b>  Dwitya	<b>30</b>  Tritya	<b>31</b> Punn Saath <b>Vinayak</b> <b>Choram</b>	Shravan Shukla Paksha (Jul 29 - Aug 12) Bhadra Krishna Paksha (Aug 13 – Aug 27) <b>Punn Saath on Aug 31, Sept 1, 2, 8 and 9</b>		



**Bhadra****September 2022****Ashwin**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Bhadra Shukla Paksha (Aug 28 - Sep 10) Ashwin Krishna Paksha (Sep 11 – Sep 25) <b>Punn Saath on Sep 1, 2, 8 and 9</b>				<b>1</b> Punn Saath Paancham	<b>2</b> Punn Saath Shishthi	<b>3</b> Satam
<b>4</b> Laleshwari Jayanti Ganga Ashtami	<b>5</b> Navum	<b>6</b> Ekadashi	<b>7</b> Dwadashi	<b>8</b> Punn Saath Triyodashi	<b>9</b> Punn Saath Chaturdashi	<b>10</b> Pitr-Paksha Starts <b>Poornima</b>
<b>11</b> Okdoh	<b>12</b> Dwitya	<b>13</b> Tritya	<b>14</b> KP Balidan Divas Choram	<b>15</b> Paancham	<b>16</b> Sahib-Satam Shishthi	<b>17</b> Harud Satam
<b>18</b> Ashtami	<b>19</b> Navum	<b>20</b> Dhashmi	<b>21</b> Ekadashi	<b>22</b> Dwadashi	<b>23</b> Triyodashi	<b>24</b> Chaturdashi
<b>25</b> Pitr-Maavus <b>Amavasya</b>	<b>26</b> Navratra Starts Okdoh	<b>27</b> Dwitya	<b>28</b> Tritya	<b>29</b> Choram	<b>30</b> Paancham	Panchak (Sep 8 – Sep 13)

Ashwin <b>October 2022</b> Kartik						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
30 Shishthi	31 Satam	Ashwin Shukla Paksha (Sep 26 - Oct 9) Kartik Krishna Paksha (Oct 10 – Oct 25)  Panchak (Oct 6 – Oct 10)				1 Shishthi
2 Satam	3 Durga Ashtami	4 Maha Navmi Navum	5 Dusheera Dhashmi	6 Ekadashi	7 Dwadashi	8 Chaturdashi
9 Poornima	10 Okdoh	11 Dwitya	12 Tritya	13 Karva Choth Choram	14 Paancham	15 Shishthi
16 Shishthi	17 Satam	18 Ashtami	19 Navum	20 Dhashmi	21 Ekadashi	22 Dwadashi
23 Triyodashi	24 Deepawali Chaturdashi	25 Amavasya	26 Okdoh	27 Bhai Dooj Dwitya	28 Tritya	29 Choram



**Kartik****November 2022****Maarg**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Kartik Shukla Paksha (Oct 26 - Nov 8) Maarg Krishna Paksha (Nov 9 – Nov 23)		1 <b>Gopala Ashtami</b>	2 Navum	3 Dhashmi	4 Ekadashi	5 Dwadashi
6 Triyodashi	7 Chaturdashi	8 <b>Kartik Poornima</b>	9 Okdoh	10 Dwitya	11 Tritya	12 Choram
13 Paancham	14 Shishthi	15 Satam	16 Ashtami	17 Ashtami	18 Navum	19 Dhashmi
20 Ekadashi	21 Dwadashi	22 Triyodashi	23 <b>Amavasya</b>	24 Okdoh	25 Dwitya	26 Tritya
27 Choram	28 Paancham	29 Shishthi	30 Satam	Panchak (Nov 2 – Nov 7) Panchak (Nov 29 – Dec 4)		

**Maarg****December 2022****Poh**

<b>Sun</b>	<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>	<b>Sat</b>
Maarg Shukla Paksha (Nov 24 - Dec 8) Poh Krishna Paksha (Dec 9 - Dec 23)  Panchak (Nov 29 – Dec 4) Panchak (Dec 26 – Dec 31)				<b>1</b>  <b>Ashtami</b>	<b>2</b>  Dhashmi	<b>3</b> Geeta Jayanti  Ekadashi
<b>4</b>  Dwadashi	<b>5</b>  Triyodashi	<b>6</b>  Chaturdashi	<b>7</b>  Chaturdashi	<b>8</b>  <b>Poornima</b>	<b>9</b>  Okdoh	<b>10</b>  Dwitya
<b>11</b>  Tritya	<b>12</b>  Choram	<b>13</b>  Paancham	<b>14</b>  Shishthi	<b>15</b>  Satam	<b>16</b>  Ashtami	<b>17</b>  Navum
<b>18</b>  Dhashmi	<b>19</b>  Ekadashi	<b>20</b>  Dwadashi	<b>21</b>  Triyodashi	<b>22</b> Kheche' Maavus Chaturdashi	<b>23</b>  <b>Amavasya</b>	<b>24</b>  Okdoh
<b>25</b>  Dwitya	<b>26</b>  Choram	<b>27</b>  Paancham	<b>28</b>  Shishthi	<b>29</b>  Satam	<b>30</b>  <b>Ashtami</b>	<b>31</b>  Navum

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Poh							January 2023							Maagh						
Sun		Mon		Tue		Wed		Thu		Fri		Sat								
1		2		3		4		5		6		7								
Dhashmi		Ekadashi		Dwadashi		Triyodashi		Chaturdashi		Poornima		Okdoh								
8		9		10		11		12		13		14								
Dwitya		Dwitya		Tritya		Choram		Paancham		Shishthi		Sahib Saptami								
15		16		17		18		19		20		21								
Ashtami		Navum		Dhashmi		Ekadashi		Dwadashi		Triyodashi		Amavasya								
22		23		24		25		26		28		28								
Okdoh		Dwitya		Gauri Tritya		Choram		Basant Panchmi Paancham		Shishthi		Surya Saptami Satam								
29		30		31		Poh Shukla Paksha (Dec 24 - Jan 6) Maagh Krishna Paksha (Jan 7 – Jan 21)  Panchak (Jan 23 – Jan 27)														
Ashtami		Navum		Dhashmi																

Maagh		February 2023			Phalgun	
Sun	Mon	Tue	Wed	Thu	Fri	Sat
Maagh Shukla Paksha (Jan 22 - Feb 5) Phalgun Krishna Paksha (Feb 6 – Feb 20)			1 Bhimsen Ekadashi	2 Dwadashi	3 Triyodashi	4 Yachne' Chodah Chaturdashi
5 Maagh/Kaw Punim Poornima	6 Hure' Okdoh	7 Dwitya	8 Tritya	9 Choram	10 Choram	11 Paancham
12 Shishthi	13 Satam	14 Hure' Aetham Ashtami	15 Navum	16 Ekadashi	17 Waagur-Baah Dwadashi	18 Maha Shivratri Triyodashi
19 Chaturdashi	20 Doonye' Maavus Amavasya	21 Okdoh	22 Tritya	23 Choram	24 Paancham	25 Shishthi
26 Satam	27 Teel-Aetham Ashtami	28 Navum	Panchak (Feb 19 – Feb 24)			

Phalgun		March 2023			Chaitra	
Sun	Mon	Tue	Wed	Thu	Fri	Sat
Phalgun Shukla Paksha (Feb 21 - Mar 7) Chaitra Krishna Paksha (Mar 8 – Mar 21) Chaitra Shukla Paksha (Mar 22 – Apr 5)			1	2	3	4
			Dhashmi	Ekadashi	Ekadashi	Dwadashi
5	6	7	8	9	10	11
Triyodashi	Holi Chaturdashi	Holi Poornima	Okdoh	Dwitya	Tritya	Choram
12	13	14	15	16	17	18
Paancham	Thaal Barun Shishthi	Sonth Satam	Ashtami	Navum	Dhashmi	Ekadashi
19	20	21	22	23	24	25
Dwadashi	Chaturdashi	Thaal Barun Amavasya	NAVREH Navratra Starts Okdoh	Dwitya	Zang Trey Tritya	Choram
26	27	28	29	30	31	Panchak (Mar 19 – 23)
Paancham	Shishthi	Satam	Durga Ashtami	Ram Navmi Navum	Dhashmi	